SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

CHOICE BASED CREDIT SYSTEM [CBCS]
SEMESTER PATTERN

Faculty of Science

Under Graduate [UG] Programme

HOME SCIENCE-CURRICULUM

[W.e.f. Academic year 2017-2018]

An Outline Class : B.A. II year 2017-18

Sem	Core	Paper	Name of Paper	Lect/	Total No	CA	ESE	Total	Credits
	Course	No.		Week	of			Mark	
					Lecturers			s	
	CCHS-I	V	Human Dev [Dev.	04	55	35	40	75	03
			in Later Years]			Case study			
Ш	CCHS- II	VI	Practical	04	55	35	40	75	03
			[Home			Best out of			
			Management]			waste			
	SEC-I	-	Sugar Cookery	03	45	25	25	50	02
			Total	11	155	95	105	200	08
IV	CCHS	VII	Foods and	04	55	35	40	75	03
	1		Nutrition			Diet Survey			
			[Meal Planning]						
	CCHS II	VIII	Practical	04	55	35	40	75	03
			Foods &Nutrition			MenuCard			
			[Cooking]			[2 types]			
SEC			Textile Renovation	03	45	25	25	50	02
II									
			Total :	11	155	95	105	200	08

SEC-SKILLS ENHANCEMENT COURSE

Examination C. A.: Continuous Assessment (Internal)

Note: ESC of SEC I, SEC II, CCHS II and CCHS II, should be Evaluated at annual.

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[W.e.f. Academic year 2017-2018]

An Outline Class: B.Sc. II year 2017-18
B.A./B.Sc. III year 2018-19

	D.A./ B.Sc. III year 2016-19								
Sem	Core Course	Paper No.	Name of Paper	Lect/ Week	Total No of Lecturers	CA	ESE	Total Marks	Credits
	CCHS-A	IX	Home Sci Education	04	55	35	40	75	03
			&Extinction			[Flash cards]			
SEM	CCHS –B	Х	Home Management]	04	55	35	40	75	03
V			[Art & Interest			Greeting card			
			Decoration.			Thread/spray			
	CCHS-C	XI	Practical Management	04	55	35	40	75	03
			Extenuation			R.B.S.			
						Internal work			
	SEC III		Knitting 1]Bonnet	03	45	50	00	50	02
			2] Socks 1 Pair						
			Total :	15	210	155	120	275	11
SEM	COHS-A	XII	Textile &Laundering	04	55	35	40	75	03
VI						Textile Based			
						Best out			
						waste			
	CREHS-B	XIII	Marriage& Family	04	55	35 Seminar	40	75	03
	CCHS-C	XIV	Practical	04	55	35	40	75	03
			Textile tailoring			RB& internal			
						work			
	SEC IV		Preservation	03	45	50	00	50	02
			Sauce tomoto, Imli, Red Chilli Squash- lime						
			pine apple, Orange						
			Total :	15	210	155	120	275	11

SEC-SKILLS ENHANCENENT COURSE

Semester-III

HUMAN DEVELOPMENT

(DEVELOPMENT IN LATER YEARS)

Theory CCHS- I
B.Sc/B.A. II Year Credit- 2

1. Puberty

- a)Characteristics
- b) Physical Growth
- c) Changes in behavior and interests
- d) Concerns of Pubescent
- e) Hazards

2. Adolescence

- a) Early and late adolescence
- b) Characteristics
- c) Developmental tasks
- d) Physical growth
- e) Psychological and health needs
- f) Social changes
- g) Interests
- h) Emotions
- i) Problems

3. Adulthood

- a) Early and middle adulthood
- b) Characteristics
- c) Developmental tasks
- d) Interests and activities

4. Middle age

- a) Characteristics
- b) Developmental tasks
- c) Changes in interests
- d) Vocational interests
- e) Social interests and activities

5. Old age

- a) Characteristics
- b) Developmental tasks
- c) Changes in interests
- d) Hazards

Semister - III

HOME MANAGEMENT

PRACTICAL CCHS II

B.Sc/B.A. II Year Credit-2

1. Rangoli

- a) Flower & Leaves carpet
- b) Salt
- c) Alpana
- d) Dhannyachi

2. Fancy curtain -3 Types

- a) Beeds
- b) Thermacol balls
- c) Glass straws

3. Flower Arangements

- a) Modern Any 2 types
- b) Japanese-Vertical & Horizantal
- c) Dry flower Arrangement

4. Colour

- a) Colour shades
 - Lighter & Darker
- b) Classification of Colours
 - Primary, Secondary, Intermediate
- c) Colour wheel
- d) Colour Schemes

5. Structural Planning of House

Planning on graph paper

- a) Lower income group
- b) Middle income group
- c) Higher income group

Semister-III

Sugar cookery Credit-2

SEC-1

B.Sc./B.A. II year

1. Sugar

- a) Introduction
- b) Properties
- c) Factors affecting crystalisation.
- d) Method of Sugar Production

2. Syrups

- a) Candy
- b) Fondan
- c) Fudge
- d) Caramels
- e) Toffy
- f) Brittles

Semisters – IV Foods AndNutriion [MEAL PLANNING]

Theory CCHS-I
B.Sc/B.A-II Year Credit-2

- 1. Food groups :- Concept, Types. Five Food group
- 2. Meal Planning
 - a) Defination
 - b) Concept & Importance
 - c) Factors affecting meal planning
- 3. Diet in-

Preganancy & Lactation

4. Diet in -

First year & for preschooler (2 to 6 years)

5. Diet in-

Malnutrition & Under nutrition

6. Diet in-

Anaemia

7. Diet in-

Diabetes

SEMISTER-IV FOODS AND NUTRITION COOKING

PRACTICAL

CCHS -II

B.Sc/B.A-II Year

Credit-2

1. Weights and measurements by-

- a) Spoon
- b) Khatri
- c) Glass
- d) Fist

2. Preparation of Salads

- a)Cucumber
- b)Tomato
- c) Mix

3. Preparation of Paratha

- a) PaneerParatha
- b) TricolourParatha
- 4. Shakes
 - a) Chickoo
 - b) Mix Fruit
- 5. Soups
 - a) Tomato
 - b) Corn
- 6. Baking-

Sponge Cake

- 7 Curries
 - a) Stuffed potato Kofta
 - b)Paneer butter masala
- 8. Sweets
 - a) Fruit custard
 - b) Instant Jalebi
- 9. Snacks
 - a) Veg. Manchurian
 - b) Dhokla
- 10. Rice
- a) Pulihara
- b) Coconut sweet rice

Semester IV

TEXTILE RENOVATION

	Credit 2
B.Sc/B.A- II Year	SEC-II

- 1. Renovation.
 - a) Concept
 - b) Need
- 2. Material used for Renovation
- 3. Types of Renovation.
 - a) Darning
 - b) Patch work
 - c) Alteration
 - d) Decorative Patches.