

The motto of N. S. S. is 'Not me but You' which expresses the essence of democratic living, respect of for the other people and selfless service. Our University has discarded the aviary tower attitude. The aim of our N. S. S. is to promote National integration and the sense of social responsibility, inculcate of discipline, dignity of labour and help the student to develop his total personality. Our N. S. S. programmes are project and action oriented. The activities which are suitable for the intellectual and physical requirements of the students are undertaken.

Classification of N. S. S. Programmes
N. S. S. activities have been divided in two major groups. These are regular N. S. S. activities and special camping programme.

N. S. S. Regular activities: Under this activities student undertake various programmes in the adopted villages college / school campuses and urban slums during week ends or after college hours. Duration of these services is 120 hrs. in each academic year

Special Camping Programme: under this, Camps of 10 days duration are organized in adopted villages or urban slums during vacations with some specific projects by involving Local Communities. 50 Percent N. S. S. volunteers are essential to participate in these camps from each college having N.S.S. units

In order to develop planned activities in the course of academic year, the dept. of N. S. S. prepare the month wise action plan for effective implementation These activities are not rigid and are changable according to the local needs of the people.

The N. S. S. student of this University are involved in a variety of useful programmes like social consciousness, removal of blind beliefs, small family campaigns, enhancement of scientific attitude, gender equality, woman rights, entrepreneurship, ecological balance, value orientation, health services, AIDS prevention, pollution problem, family welfare, child labour, helping the physically handicapped and the mentally retarded, work during emergencies, improvement of the status of women, assistance to below poverty line people, teaching of improved agricultural practices, soil testing, soil conservation, soil health, afforestation, adult education, organization of youth clubs, disaster management, solar energy conservation eradication of social evils, like castism, regionalism, corruption, untouchability, drugging etc. Non-formal education of rural youth, village / slum adoption, rural reconstruction, watershed management and waste land development, environmental enrichment and conservation, blood donation, construction of goober gas plants, vermi compost project preservation of cultural heritage among the community, nutrition programme, communal harmony, mass immunisation, cultural activities, seminars, group discussion, symposiums, lecture series, community singing, antidrug addiction drives, use of fertilisers, hotriculture development, beautification of college campus. Pre school education, preliminary health care, population education, National integration etc.

In such programmes the N. S. S. students are coming in contact with the people and their problems. Hence this experience is definitely developing the personality of the students & also satisfying their urge to serve the weak and the needy people.