

## **INTRODUCTION:**

### **Towards some Milestone in its Development**

Swami Ramanand Teerth Marathwada University, Nanded is founded in 1994. Swami Ramanand Teerth Marathwada University, Nanded is one of the youngest universities in India. Initially the university had jurisdiction covers 4 districts in Marathwada region. Physical Education made its appearance on the horizon of young universities in 1997 with the promulgation of Vice-Chancellor ordinance making Physical Education compulsory for all the students at under graduate and graduate level. This gave a forceful boost to the growth and development of Physical Education in this region.

Introduction of Physical Education in the university curriculum made possible the inclusion of some popular games such as Cricket, Tennis, Football and Basketball as events in the Inter Collegiate Tournaments. Similarly the curriculum has also made possible to work out the work load of Lecturer in Physical Education of the affiliated colleges of the university. But we are still awaiting a few sports loving person who can donate the Trophies and Cups to be awarded to the winners of Inter Collegiate tournaments.

With a view to tapping the spoils talent and testing its worthiness the Board of Physical Education took important step to expose our sports persons to higher level of competitive sports. The number of participating teams in the inter-collegiate Tournaments gradually increased and today our university is a proud participant in as 24 sports events.

This is the first university which has passed the resolution of Work load' of lecturer in Physical Education. Now university is having its own syllabus and work load for physical education teachers working in affiliated colleges. To achieve the desired aims of physical education & sports it is effectively organized and administered at college level. These aims are:

1. Development of Sound body.
2. Making a sound personality.
3. Development of individual qualities like self control, Tolerance, Goodwill & Team spirit.
4. Development of regular habit of sports & physical exercise or the achievement of the above aims at the college programme of Physical Educations divided into two parts.
  - a. Theoretical Teaching
  - b. Practical Teaching

#### **Theoretical Teaching**

1. Health & Physical Education
2. Psychological aspects in Physical Education
3. Coaching & Officiating
4. Methods in Physical Education

#### **Practical Teaching**

1. Fundamental skills of the game.
2. Offensive and defensive skills.
3. Advance Techniques.
4. Game situation.
5. Training Methods.
6. Participation in Sports.

The programme of Practical teaching cover the following events as per the university (inter university) programme. Events are divided into two parts, e.g. First Term & Second Term (Academic Term Wise)

#### **First Term**

1. Swimming
2. Table Tennis
3. Football
4. Basketball
5. Kabaddi
6. Kho-Kho
7. Volleyball
8. Wrestling
9. Weight-lifting

#### **Second Term**

1. Cricket
2. Hand-ball
3. Athletics
4. Hockey
5. Ball-Badminton
6. Badminton
7. Tennis
8. Chess
9. Yoga

Minimum Participation in Eight events is compulsory a; the Academic Year. Minimum Twenty Five period allotted to each game. Similarly Practical period divided in to ten period thus making a total of fifteen clock hours per week.

**Project Work:** Students are given project work.

#### **Evaluation**

Evaluation of yearly programme is done by the teacher & students together keeping in mind the development of Physical education as a whole.

From 4 District at least 261 colleges are affiliated to S.R.T.M.U. Nanded and every college is having its own lecturer in Physical Education who looks to the Physical Education Programme in its own college.

The Board initiated many steps to develop its own sports facilities. The construction of play field is going on at present 6 acres of land. The university is willing to provide facilities for conducting all most all the common games such as Kabaddi, Kho-kho, Volley-ball, Cricket, Hockey, Tennis, Football, Basketball etc.

The newly project which is taken in hand by our Vice-chancellor, Dr.S.M.Nimse is to construct a 400 meters track in the university campus. With this university will be fulfilling a long desired of sportsman and women for having its own cinder track. The near future the dream will come true.

The board continues to reap a rich harvest of medals and position in the Inter University Tournament in a short period of time. A few of our teams have won first, Second and third position at the Inter University events at Zonal and at All India levels. A table showing the performance or out teams in the All Indian Inter University Tournaments in the last years is attached herewith as Annexure.

The firm foundation lay down by the earlier Board by providing sports facilities for improvement of performance has yielded these rich results. Proper encouragement in any field serves as a strong motivating force for better performance and sportiest no exception to it. The Board felicitates all the players for their outstanding performance in the Inter-University Tournaments.

The Board has in view a five year plan to add the infrastructural facilities construction of swimming pool with all most all hygienically facilities. Players Hostel for providing lodging facilities to players, managers etc is also under considerations. We intend to approach the U. G. C. the State and Central Government for financial assistance for the purpose. For the improvement of the performance at the Inter University Tournaments the Board plans to organize intensive coaching camps with trained N.I.S. coaches for the potential teams.

The scope of our sports activities is widening every year. The proposals introduction of two new games Marathon Race and Football for women from next year 2003-2004 session is yet another innovation.

The Department of Physical Education & Sports of S.R.T.M.U., Nanded is one of the most recognized departments of the university. The department of Physical education of this university provides opportunity to affiliated colleges to conduct Inter Collegiate Tournaments according to their choice of event. The systematic camps of different games and sports are organized under the able supervision of N.I.S. trained coaches. During the year 2001-2002 university players have shown a very outstanding performance in All India Inter University Tournaments held at Patiala, Delhi, and Chandigarh University, Teams like Kho-Kho (women), Kho-kho (men) Kabaddi (men), and handball (men) reached upto 4<sup>th</sup> round, of the Inter University Tournaments. In weight lifting one of our university player stood 5<sup>th</sup> in 104 kgs. Weight category rank.