



॥ सा विद्या या विमुक्तये ॥

स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

'ज्ञानतीर्थ', विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

'Dnyanteerth', Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

स्वामी रामानंद तीर्थ
मराठवाडा विद्यापीठ, नांदेड

Established on 17th September, 1994. Recognized By the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'B++' grade

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आंतरविद्याशाखीय अभ्यास विद्याशाखे अंतर्गत राष्ट्रीय शैक्षणिक धोरण २०२० नुसार पदवी द्वितीय वर्षाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्याबाबत.

प रि प त्र क

या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक २७ मे २०२५ रोजी संपन्न झालेल्या मा. विद्यापरिषद बैठकीतील विषय क्रमांक १८/६१-२०२५ च्या ठरावानुसार आंतरविद्याशाखीय अभ्यास विद्याशाखेतील राष्ट्रीय शैक्षणिक धोरण-२०२० नुसारचे पदवी द्वितीय वर्षाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्यास मा. विद्यापरिषदेने मान्यता प्रदान केली आहे. त्यानुसार आंतरविद्याशाखीय अभ्यास विद्याशाखेतील बी. ए. द्वितीय वर्षाचे खालील विषयाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२५-२६ पासून लागू करण्यात येत आहेत.

| | |
|----|---|
| 01 | B. A. II year Lib & Information Science |
| 02 | B. A. II year Fashion Design |
| 03 | B. A. II year Education |
| 04 | B. A. II year Home Science |
| 05 | B. A. II year Animation |
| 06 | B. A. II year Hospitality Studies |

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

'ज्ञानतीर्थ' परिसर,

विष्णुपुरी, नांदेड - ४३१ ६०६.

जा.क्र.:शै-१/एनइपी/आविअपदवी/२०२५-२६/130

दिनांक १४.०६.२०२५



सहाय्यक कुलसचिव

शैक्षणिक (१-अभ्यासमंडळ) विभाग

प्रत : माहितीस्तव तथा कार्यवाहीस्तव.

१) मा. कुलगुरू महोदयांचे कार्यलय, प्रस्तुत विद्यापीठ.

२) मा. प्र. कुलगुरू महोदयांचे कार्यलय, प्रस्तुत विद्यापीठ.

३) मा. आधिष्ठाता, आंतरविद्याशाखीय अभ्यास विद्याशाखा, प्रस्तुत विद्यापीठ.

४) मा. संचालक, परीक्षा व मुल्यमापन मंडळ, प्रस्तुत विद्यापीठ.

५) मा. प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.

६) सिस्टीम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ. याना देवून कळविण्यात येते की, परिपत्रक अभ्यासक्रम संकेतस्थळावर प्रसिध्द करण्यात यावेत.

SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED - 431 606



**(Structure and Syllabus of Four Years Multidisciplinary Degree
Program with Multiple Entry and Exit Option)**

FOUR YEAR BACHELOR OF ARTS

Major in **Home Science** Minor in **DSM**

B.A. II Year

**Under the Faculty of
Interdisciplinary Studies**

Effective from Academic year 2025– 2026
(As per NEP-2020)

From Desk of Dean, faculty of Inter disciplinary Studies

From Desk of Chairman, Ad-hoc Board of Studies in Home Science

Preamble:

Bachelor of Arts programme outcomes are essentially range of skills and knowledge that a student will have at the time of graduation. The programme objectives and outcomes that are expected in educational process. The outcomes can be checked regularly through continuous assessment, feedback and end semester examination and evaluation. The curriculum in Home Science is updated time to time to furnish objectives and outcomes.

Home Science is a science and social science-art related multi-disciplinary field of study. Home Science comprises various branches such as Human Development and Family Relationships, Food and Nutrition, Clothing and Textiles, Home Management, and Extension Education. It helps to develop application of science and art to improve life of an individual, community and nation. Home Science programme is practical programme which helps to develop and improve skills which leads to empower the students. Home Science knowledge boosts the confidence among the students and helps to become economically independent.

I as a chairman Ad-hoc Board of studies in Home Science , Swami Ramanand Teerth Marathwada University, Nanded , happy to state here that programme objectives are furnished by curriculum. Students have choice to exit programme after every year which gives hands on experiences, helps to fulfill financial needs by small scale units. It also aims to build future citizens who would be socially responsible contributing to the overall development of country. This curriculum has a multidisciplinary approach with respect to the guidelines given in the New Education Policy 2020.

The programme educational objectives are

- *To provide students with a strong foundation of knowledge of Home Science subject.
- *To give practical experiences.
- *To build all round personality of students.
- *To develop scientific and aesthetic view among students.
- *To prepare the students to become self sufficient.
- * To improve and refine the skills among students in addition to programme objectives, for each course of under graduate programme, pre requisites, objectives, and outcomes from student's point of view are also included in the curriculum.

To support New Education Policy 2020, I believe that, this is a small step in right direction which will definitely help in providing quality education and positive change among the students.

Prof. Surekha Milind Kulkarni
Chairman, Ad-hoc Board of Studies in Home Science
Swami Ramanand Teerth Marathwada University,
Nanded

Details of the Ad hoc Board of Studies Members in Home Science under the faculty of Interdisciplinary Studies of S.R.T.M. University, Nanded

| <i>Sr No</i> | <i>Name of the Member</i> | <i>Designation</i> | <i>Address</i> | <i>Contact No.</i> |
|---------------------|----------------------------------|---------------------------|--|---------------------------|
| 1 | Prof. S.M. Kulkarni | Chairman | K.R.M. Mahila Mahavidyalaya, Nanded | 7875026924 |
| 2 | Prof. S.A. Bhosle | Member | S.S.S.Pawar College, Purna | 9850782963 |
| 3 | Dr. J.D.Solunke | Member | Sant Tukaram College of Arts and Science, Parbhani | 9403815057 |
| 4 | Dr. V.G. Dodiya | Member | Sri Yoganand Swami Kala Mahavidyalaya, Vasmat | 9422925460 |



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Interdisciplinary Studies

Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit

B.A. First Year

| Year & Level | Semester | Optional Subject-1 Major | Optional Subject -2 Minor | Optional Subject-3 Minor | Generic Elective (GE) (Basket 3) <i>(Select one each from Group A and B of Basket 3, not related to DSC / DSM in col. 3 and 4)</i> | Vocational & Skill Enhancement Course (SEC) <i>(Related to DSC)</i> | Ability Enhancement Course (AEC) (Basket 4) Value Education Courses (VEC) / Indian Knowledge System (IKS)(Basket 5) <i>(Common across all faculties)</i> | Field Work / Project/ Internship/ OJT/ Apprenticeship / Case Study Or Co-curricular Courses (CC) <i>(Basket 6 for CC) (Common across all faculties)</i> | Credits | Total Credits |
|--------------|----------|--|---------------------------|--------------------------|---|--|--|---|---------|---------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 1 (4.5) | I | IHOMCT 1101 (2Cr) Introduction to Food Science & Home Management IHOMCP 1102 (2Cr) Home Management – Practical 4 Credits | 4 Credits | 4 Credits | IHOMGE1101 (2Cr) Consumer Education 2 Credits | IHOMSC1101 (2Cr) Jewellery Making 2 Credits | AECENG1101 (2Cr) AECMIL1101 (2Cr) IKSXXX1101 (2Cr) 6 Credits | 00 | 22 | |

| | | | | | | | | | | |
|---|-----------|---|------------------|------------------|---|--|--|-----------|-----------|-----------|
| | II | IHOMCT 1151 (2Cr) Introduction to Human Development and Textile & Clothing IHOMCP 1152 (2Cr) Basics of Tailoring-Practical 4 Credits | 4 Credits | 4 Credits | IHOMGE1151 (2Cr) Consumer Problems 2 Credits | IHOMSC1151 (2Cr) Textile Renovation 2 Credits | AECENG1151 (2Cr) AECMIL1151 (2Cr) VECCOI1151 (2Cr) <i>Constitution of India</i> 6 Credits | 00 | 22 | 44 |
| Exit option:UG Certificate in Opt1,Opt2andOpt3 on completion of 44 credits and additional 4 credits from NSQF / Internship | | | | | | | | | | |

B.A. Second Year

| | | | | | | | | | |
|---|------------|---|--|---|--|--|---|-----------|-----------|
| 2 (5.0) | III | IHOMCT1201(4 Cr) Food Nutrition & Home Management (Interior Decoration) IHOMCP1202 (4 Cr) Interior Decoration-Practical 8 Credits | IHOMMT1201 Home Science Extension Education 4 Credits | IHOMGE1201 Life After 40 to 60 2 Credits | IHOMVC1201 Knitting & Crocheting 2 Credits | AECENG1201(2Cr) AECXXX1201(2Cr) <i>(Hin, Mar, Kan, Pal, Urd, San, etc)</i> 4 Credits | CCCXXX1201 <i>(NCC/NSS/Sports/ Culture/Health Wellness/ Yoga Education / Fitness)</i> 2 Credits | 22 | 88 |
| | IV | IHOMCT1251(4 Cr) Human Development (Birth to Childhood) & Textile Embroidery and Printing IHOMCP1252 (4 Cr) Infant Kit Making & Embroidery 8 Credits | IHOMMT1251 Marriage & Family 4 Credits | IHOMGE1251 Life After 60 2 Credits | IHOMVC1251 Weaning & Supplementary Food 2 Credits | AECENG1251(2Cr) AECXXX1251(2Cr) <i>(Hin, Mar, Kan, Pal, Urd, San, etc)</i> VECEVS1251 (2Cr) <i>Environmental Studies</i> 6Credits | - | 22 | |
| Cum. Cr. | | 16 | 08 | 04 | 2+2= 04 | 10 | 02 | 44 | |
| Exit option : UG Diploma in Major <u>DSC</u> and Minor <u>DSM</u> on completion of 88 credits and additional 4 credits NSQF / Internship in <u>DSC</u> | | | | | | | | | |



Generic Elective course (GE)

Note: Each BOS shall suggest *Generic Elective Courses* for semesters III and IV

| Semester | BOS proposing GE | Group A | |
|----------|---------------------|------------------|---------------------|
| | | CODE | Title of the Course |
| Sem III | BOS in Home Science | IHOMGE1201 (2Cr) | Life after 40 to 60 |
| Sem IV | BOS in Home Science | IHOMGE1251 (2Cr) | Life after 60 |



Modern Indian Language (L2)

| Semester | Name of the Second Language | Details of Second Language (L2) | |
|----------------------|-----------------------------|---------------------------------|-----------------------------|
| | | CODE | Title of the Course (Paper) |
| Semester III / IV | 1. Marathi | AECMAR | |
| | 2. Hindi | AECHIN | |
| | 3. Urdu | AECURD | |
| | 4. Kannada | AECKAN | |
| | 5. Pali | AECPAL | |



B. A. Second Year Semester III (Level 5.0)
Teaching Scheme

| | Course Code | Course Name | Credits Assigned | | | Teaching Scheme (Hrs/ week) | |
|--|-------------|--|------------------|-----------|-----------|-----------------------------|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Major | IHOMCT1201 | Food Nutrition & Home Management (Interior Decoration) | 04 | -- | 04 | 04 | -- |
| | IHOMCP1202 | Interior Decoration-Practical | | 04 | 04 | | 08 |
| Minor | IHOMMT1201 | Home Science Extension Education | 04 | - | 04 | 04 | - |
| Generic Electives | IHOMGE1201 | Life After 40 to 60 | 02 | -- | 02 | 02 | -- |
| Vocational & Skill Enhancement Course | IHOMVC1201 | Knitting & Crocheting (Practical) | -- | 02 | 02 | -- | 04 |
| Ability Enhancement Course | AECENG1201 | L1 – Compulsory English | 02 | -- | 02 | 02 | -- |
| Ability Enhancement Course(MIL) | AECMIL1201 | SL | 02 | | 02 | 02 | |
| CCCXXX1201 | CCCXXX1201 | | 02 | - | 02 | 02 | -- |
| Total Credits | | | 16 | 06 | 22 | 16 | 12 |



B. A. Second Year Semester III (Level 5.0)
Examination Scheme

| Subject (1) | Course Code (2) | Course Name (3) | Theory | | | | Practical | | Total Col (6+7) / Col (8+9) (10) |
|--|-----------------------|--|-------------------------------|----------------|----------------------------|--------------|-----------|------------|---|
| | | | Continuous Assessment (CA) | | | ESA | CA (8) | ESA (9) | |
| | | | Test I (4) | Test II (5) | Avg of (T1+T2)/2 (6) | Total (7) | | | |
| Major | IHOMCT1201 | Food Nutrition & Home Management (Interior Decoration) | 20 | 20 | 20 | 80 | -- | -- | 100 |
| | IHOMCP1202 | Interior Decoration-Practical | | | | | 20 | 80 | 100 |
| Minor | IHOMMT1201 | Home Science Extension Education | 20 | 20 | 20 | 80 | -- | -- | 100 |
| Generic Electives | IHOMGE1201 | Life After 40 to 60 | 10 | 10 | 10 | 40 | -- | -- | 50 |
| Vocational & Skill Enhancement Course | IHOMVC1201 | Knitting & Crocheting (Practical) | -- | -- | -- | -- | 10 | 40 | 50 |
| Ability Enhancement Course | AECENG1201 | Compulsory English | 10 | 10 | 10 | 40 | -- | -- | 50 |
| Ability Enhancement Course(MIL) | AECMIL1201 | Second Language | 10 | 10 | 10 | 40 | -- | -- | 50 |
| | CCCXXX1201 | | 10 | 10 | 10 | 40 | -- | -- | 50 |



B. A. Second Year Semester IV (Level 5.0)

Teaching Scheme

| | Course Code | Course Name | Credits Assigned | | | Teaching Scheme (Hrs/ week) | |
|--|-------------|--|------------------|-----------|-----------|-----------------------------|-----------|
| | | | Theory | Practical | Total | Theory | Practical |
| Major | IHOMCT1251 | Human Development (Birth to Childhood) & Textile Embroidery and Printing | 04 | -- | 04 | 04 | -- |
| | IHOMCP1252 | Infant Kit Making & Embroidery - Practical | - | 04 | 04 | -- | 08 |
| Minor | IHOMMT1251 | Marriage & Family | 04 | - | 04 | 04 | - |
| Generic Electives | IHOMGE1251 | Life After 60 | 02 | -- | 02 | 02 | -- |
| Vocational & Skill Enhancement Course | IHOMVC 1251 | Weaning & Supplementary Food (Practical) | -- | 02 | 02 | -- | 04 |
| Ability Enhancement Course | AECENG1251 | Compulsory English | 02 | -- | 02 | 02 | -- |
| Ability Enhancement Course (MIL) | AECMIL1251 | Second Language | 02 | -- | 02 | 02 | -- |
| Value Education Course (VEC) | VECEVS1251 | <i>Environmental Studies</i> | 02 | - | 02 | 02 | -- |
| Total Credits | | | 16 | 06 | 22 | 16 | 12 |



B. A. Second Year Semester IV (Level 5.0)
Examination Scheme

| Subject (1) | Course Code (2) | Course Name (3) | Theory | | | | Practical | | Total [Col (6+7) / Col (8+9)] (10) |
|--|--------------------|--|----------------------------|----------------|----------------------------|--------------|-----------|------------|--|
| | | | Continuous Assessment (CA) | | | Total (7) | CA (8) | ESA (9) | |
| | | | Test I (4) | Test II (5) | Avg of (T1+T2)/2 (6) | | | | |
| Major | IHOMCT1251 | Human Development (Birth to Childhood) & Textile Embroidery and Printing | 20 | 20 | 20 | 80 | -- | -- | 100 |
| | IHOMCP1252 | Infant Kit Making & Embroidery - Practical | | | | | 20 | 80 | 100 |
| Minor | IHOMMT1251 | Marriage & Family | 10 | 10 | 10 | 40 | -- | -- | 50 |
| Generic Electives | IHOMGE1251 | Life After 60 | 10 | 10 | 10 | 20 | -- | -- | 50 |
| Vocational & Skill Enhancement Course | IHOMVC 1251 | Weaning & Supplementary Food (Practical) | | | | | 10 | 40 | 50 |
| Ability Enhancement Course | AECENG1251 | Compulsory English | 10 | 10 | 10 | 40 | -- | -- | 50 |
| Ability Enhancement Course | AECMIL1251 | Second Language | 10 | 10 | 10 | 40 | -- | -- | 50 |
| Value Education Course (VEC) | VECEVS1251 | <i>Environmental Studies</i> | 10 | 10 | 10 | 40 | -- | -- | 50 |

Swami Ramanand Teerth Marathwada University, Nanded
Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester-III

IHOMCT1201

Food Nutrition & Home Management (Interior Decoration)

Credits -04

Hours -60

Marks -100

COURSE OBJECTIVES:

The objective of the course is to make students aware of all the nutrients as well as functions sources and deficiencies of nutrients, as well as knowledge of interior decoration.

- To give knowledge about nutrients
- To impart knowledge of sources ,functions and deficiencies of nutrients
- To understand the concept of interior decoration
- To learn importance of lighting and ventilation
- To make students to use knowledge of nutrients and interior decoration in day to day life.

COURSE OUT COMES:

After completion of Introduction to Foods science & Home management (Interior decoration) course student will be able to

- Know relationship between nutrients and health.
- Maintain health of family & community.
- Understood the concept of Home Management & Interior decoration.

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

IHOMCT1201

Food Nutrition & Home Management (Interior Decoration)

Credits: 04

Marks -100

Hours: 60

| Module No. | Unit No. | Topic | Hours |
|------------|------------|---|-----------|
| 1.0 | I | Carbohydrates, Protein , Fat | |
| | 1.1 | Importance of studying nutrients | 16 |
| | 1.2 | Carbohydrates –Classification Functions, Daily Allowance, Sources, Deficiencies | |
| | 1.3 | Protein – Classification, Amino acids , Functions, Digestion & Absorption, Daily Allowance, Sources, Deficiencies | |
| | 1.4 | Fat - Classification ,Fatty Acids ,Functions, Digestion & Absorption, Daily Allowance, Sources, Deficiencies | |
| 2.0 | II | Vitamins ,Minerals ,Water | |
| | 2.1 | Vitamins – Classification , Functions ,Sources and Deficiencies of ... Fat soluble Vitamins -- A, D, E, K . Water soluble Vitamins – B-complex , Vitamin C. | 16 |
| | 2.2 | Minerals – Classification , Importance , Functions ,Sources and Deficiencies of Minerals , | |
| | 2.3 | Water – Importance , Role of Water | |
| 3.0 | III | Interior Decoration , Ventilation , Lighting | |
| | 3.1 | Interior decoration - Meaning ,Importance , | 14 |
| | 3.2 | Ventilation - Concept , Types , Methods of Ventilation | |
| | 3.3 | Lighting – Sources of light , Principles of lighting , Types of lighting | |
| 4.0 | IV | Carpets & Rugs , Curtains ,Care of home | |
| | 4.1 | Carpets & rugs – Factors affecting selection of carpets and rugs , Types of carpets & rugs | 14 |
| | 4.2 | Curtains – Need of curtain , Types of curtains , Selection of curtains and Care of curtains | |
| | 4.3 | Care of home - Cleanliness of home , Material required for cleanliness ,Types of cleanliness - Daily ,Weekly , Monthly , Yearly and Occasional Cleanliness | |
| | | Total | 60 |

Reference Books

1. Mullic K. P. "Text Book of Home Science" Kalyani Publisher" Delhi 2006
2. Waghmare S. "Fundamentals of Food & Nutrition" Vidya Books Publishers, Aurangabad. 2008
3. Mudambi S. R., Rajgopal M.V. "Fundamentals of Food & Nutrition" New Age International Pvt. Ltd. 2012
4. Shree Lakshmi B. "Food Science" New Age, New Delhi 1997
5. Lele S. "Poshan va Aahrshatsra parichay" Pimpalpure and company Publishers, Nagpur. 1995
6. Deuskar A. "Manavi Poshan va Aaharshastrachi multattve" Vidya Prakashan Nagpur. 1996
7. Roday S. "Food Science and Nutrition" Oxford University Press, New Delhi. 2012
8. Vairagade, Lathkar, Muley "Aadhunik Gruh Vyavasthapan", , Vidya Books Publishers , Aurangabad. 2010
9. "Limaye K. Gruh Vyavasthapan Aani Gruhkala" Vidya Prakashan ,Nagpur. 1987
10. Kandalkar L. "Gruh Arthshastrachi Multattve" Vidya Prakashan ,Nagpur. 2005
11. Kandalkar L. "Koutumbik Sansadhnachi Sankalpana" Vidya Prakashan, Nagpur. 2012
12. Nickell and Dorsey, Management in Family Living Wiley Eastern Ltd. New Delhi 1988

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

IHOMCP1202

Practical - Interior Decoration

Credits: 04

Hours- 120

Marks -100

COURSE OBJECTIVES:

While studying the Interior decoration practical students will be able:

- To encourage student to learn practical in decoration of homes.
- To help students to develop aesthetic sense in home decoration
- To make students to apply Interior decoration knowledge in life.

COURSE OUT COMES:

After completion of Interior decoration practical students will be able to:

- Decorate their own home
- Able to use knowledge of Interior decoration for developing entrepreneurship skill
- Use Interior decoration skills in day to day life

Swami Ramanand Teerth Marathwada University ,Nanded

Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester -III

IHOMCP1202

Practical - Interior Decoration

Credits: 04

Marks 100

Hours – 120

| Module No. | Unit No. | Topic | Hours |
|------------|------------|--|------------|
| 1.0 | I | Paper Mache & Structural Planning of House on Graph Paper | 30 |
| | | Paper Mache one article Structural planning of House – Low, Middle and High Income group | |
| 2.0 | II | Fancy Curtains , Wall Decoration & Doormat | 30 |
| | | Fancy Curtains – Beads , Thermocol balls , Glass straws Wall Decoration – Wall hanging Doormat Making | |
| 3.0 | III | Flower Arrangements & Bonsai of Plant , Indoor Plants Pot Making | 40 |
| | | Flower Arrangements –Modern- any two types, Japanese – Horizontal & Vertical, Dry Flower arrangement. Bonsai of any one Plant Indoor Plants Pot Making | |
| 4.0 | IV | Kitchen Waste Composting & Best out of Waste | 20 |
| | | Kitchen Waste Composting Best out of Waste - one article | |
| | | Total | 120 |

Swami Ramanand Teerth Marathwada University, Nanded
Home Science
(With Effective-2025-26)
B. A. Second Year
Semester-III

Paper- IHOMMT1201 Home Science Extension Education

Credits: 04

Marks - 100

Hours - 60

COURSE OBJECTIVES:

While studying the Home Science Education and Extension students will be able:

- To encourage student to learn Home Science Education and Extension with regards to today's need.
- To develop the knowledge of various extension teaching methods.
- To learn how to give the new knowledge to last member of society

COURSE OUT COMES

After Completion of Home Science Extension Education course

- Students will learn meaning and importance of extension education
- Students will be able to know various teaching methods & their uses.
- Get idea about Communication process.

Swami Ramanand Teerth Marathwada University, Nanded

Home Science

(With Effective-2025-26)

B. A. Second Year

Semester-III

Paper- IHOMMT1201 Home Science Extension Education

Credits: 04

Marks - 100

Hours - 60

| Module No. | Unit No. | Topic | Hours |
|------------|------------|--|-----------|
| 1.0 | I | Home Science Extension | |
| | 1.1 | Concept , Definition , Need and Importance , Philosophy of Home Science Education and Extension , | 16 |
| | 1.2 | Scope ,Objectives and Characteristics of Home Science Education and Extension | |
| | 1.3 | Steps in Home Science Extension Process | |
| 2.0 | II | Home Science Extension Methods | 12 |
| | 2.1 | Individual – Home Visits , Phone Call | |
| | 2.2 | Group – Demonstration , Group Discussion , Field Trip | |
| | 2.3 | Mass –Lectures , Exhibition ,Campaign | |
| 3.0 | III | Communication | 12 |
| | 3.1 | Meaning , History of Communication | |
| | 3.2 | Aims & Objectives of Communication | |
| | 3.3 | Characteristics of Communication | |
| | 3.4 | Process of Communication | |
| 4.0 | IV | Audio -visual Aids | 20 |
| | 4.1 | Meaning of Audio-visual Aids | |
| | 4.2 | Classification of Audio-visual aids Projected Aids – Films , Television , Computers , Radio , PPT Presentation | |
| | 4.3 | Non- Projected Aids- Charts , Graphs , Models , Flash Cards , Puppets , Folders | |
| | | | 60 |

References

- 1.Farkade & Gonge ,“Gruhvignyan Vistar” Vidya Prakashan , Nagpur 2002
- 2.Vairagade & Muley ,”Samudayik Vikas , Vistar Shikshan v Mahila sabalikaran”
Vidya Books Publishers , Aurangabad, 2012

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Home Science

(With Effective - 2025-26)

B.A. Second Year

Semester-III

Paper- IHOMGE1201

Life After 40 to 60

Credits: 02

Marks - 50

Hours - 30

COURSE OBJECTIVES:

While studying the **Life After 40 to 60** students will be able:

- To encourage student to learn all about middle age
- To learn about adjustments in middle age

COURSE OUT COMES:

After completion of Life after 40 to 60 students will be able to :

- Know the middle age in detail
- Able to use knowledge in daily life
- Able to know middle aged behavior, habits , adjustments and hazards.

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Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-III

Paper- IHOMGE1201

Life After 40 to 60

Credits: 02

Marks - 50

Hours – 30

| Module No. | Unit No. | Topic | Hours |
|-------------------|-----------------|---|--------------|
| 1.0 | I | Middle age – Personal Adjustments | |
| | 1.1 | Characteristics and Developmental Tasks of Middle age | 07 |
| | 1.2 | Adjustment to Physical Changes ,Assessment of Physical Changes | |
| | 1.3 | Adjustment to Mental changes & Changed interests | |
| 2.0 | II | Social Adjustments | |
| | 2.1 | Social Adjustments , Assessment of Social adjustments | 05 |
| | 2.2 | Personal and Social Hazards of Middle age | |
| 3.0 | III | Vocational Adjustments | |
| | 3.1 | Vocational Adjustments , Factors influencing Vocational Adjustments in Middle age | 08 |
| | 3.2 | Adjustment to Approaching Retirement | |
| 4.0 | IV | Family Adjustments | |
| | 4.1 | Adjustment to Changed Family Pattern | 10 |
| | 4.2 | Adjustment to Singlehood , Adjustment to Loss of Spouse | |
| | 4.3 | Adjustment to Approaching Old age , Assessment of Adjustment to Middle age. | |
| | 4.4 | Vocational and Mental Hazards of Middle age | |
| | | Total | 30 |

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008

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Home Science
(With Effective-2025-26)
B. A. Second Year
Semester-III
Paper- IHOMVC1201 Knitting & Crocheting (Practical)

Credits: 02

Marks - 50

Hours - 60

COURSE OBJECTIVES:

While studying the Knitting & Crocheting practical students will be able:

- To encourage student to learn practical in Knitting & Crocheting with regards to today's style
- To learn Knitting & Crocheting for baby

COURSE OUT COMES:

After completion of Knitting & Crocheting practical students will be able to :

- Make Bonnet and Plate Cover at low price
- Able to use their creativity.
- Able to be self sufficient by Knitting & Crocheting.

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Home Science

(With Effective-2025-26)

B. A. Second Year

Semester - III

Paper- IHOMVC1201 Knitting & Crocheting (Practical)

Credits: 02

Marks - 50

Hours – 60

| Module No. | Unit No. | Topic | Hours |
|-------------------|-----------------|-------------------------------------|--------------|
| 1.0 | I | Knitting | 12 |
| | 1.1 | Sample of Knitting – plain , design | |
| 2.0 | II | Bonnet | 20 |
| | 2.1 | Bonnet making | |
| 3.0 | III | Crocheting | 12 |
| | 3.1 | Sample of crocheting -two samples | |
| 4.0 | IV | Plate Cover | 16 |
| | 4.1 | Plate cover making by Crocheting | |
| | | | 60 |

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Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-IV

IHOMCT1251

Human Development (Birth to Childhood) and Textile Embroidery & Printing

Credits: 04

Hours - 60

Marks 100

COURSE OBJECTIVES:

After studying the Human Development (Birth to Childhood) and Textile & Printing

Students will be able to:

- know the concept of Human Development
- Study the development pattern upto childhood.
- To impart the knowledge about textile printing
- To learn various types of traditional textiles and traditional embroidery

COURSE OUT COMES:

After completion of Introduction to Human Development (Birth to Childhood) and Textile Embroidery & Printing

Students will be able to:

- Understood development of human being
- Got knowledge about infancy and childhood.
- Understood the textile fiber
- Understood the textile related points such as traditional textiles and traditional embroidery

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Home Science

(With Effective-2025-26)

B.A. Second Year

Semester-IV

IHOMCT1251

Human Development (Birth to Childhood) and Textile Embroidery & Printing

Credits: 04

Hours - 60

Marks 100

| Module No. | Unit No. | Topic | Hours |
|------------|------------|---|-----------|
| 1.0 | I | Infancy & Babyhood | |
| | 1.1 | Infancy –Subdivisions , Characteristics , Adjustments and Factors affecting adjustments , Hazards | 15 |
| | 1.2 | Babyhood – Characteristics , Developmental tasks , Physical Development , Speech development , Emotional Development , Socialization , Play Interests , Happiness & Hazards | |
| 2.0 | II | Early & Late Childhood | |
| | 2.1 | Early Childhood - Characteristics , Developmental tasks , Physical Development ,Emotional Development ,Moral Development , Socialization , Play Pattern , Development of Understanding , Common Interests in Early Childhood Happiness & Hazards | 15 |
| | 2.2 | Late Childhood - Characteristics , Developmental tasks , Physical Development ,Emotional Development , Moral Development , Social Groupings & Social Behaviour , Play Interests , Relationship with parents , Happiness & Hazards | |
| 3.0 | III | Traditional Textiles & Embroidery | |
| | 3.1 | Traditional Textiles – Kalamkari , Patola . Himaru-Amru , Pitambar , Bandhani , Dacca Muslin , Baluchar , Kanjiwaram , Chanderi & Maheshwar , Paithani. | 15 |
| | 3.2 | Embroidery - History, Material required for Embroidery, Stem, Chain , Satin , Buttonhole , Herringbone Cross stitch Traditional Embroidery - Kashmiri , Manipuri , Kasuti , Chikankari , Phulkari , Kantha , Appliqué work of Bihar , Chamba , kutch & Kathewadi , | |
| 4.0 | IV | Printing Methods & Selection of Clothing | |
| | 4.1 | Printing Methods – Roller Printing, Batik Printing, Tie & Dye , Block Printing, Screen Printing | 15 |
| | 4.2 | Selection of Clothing – Psychological Effects of Clothing, Clothing for Different Occasions, Factors Affecting Selection of Clothing, Care & Storage of Clothes . | |
| | | Total | 60 |

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"
8. Aggarwal S. "Textile and clothing" Srishti Book Distributors, New Delhi, 2007
- 9 . Sharma S.and Koushik V. "Textile and Laundry" Anmol Publications Pvt Ltd, New Delhi. 1994
10. Vinayak J. "Vastra Vigyan evam Paridhan" Sanjeev Prakashan , Merath
11. Tripathi K. "Vastra Vigyan evam dhulai kary"Pointer Publishers, Jaipur. 2006
12. Show and Show "Vyavharik Vastra Vigyan" Vinod Pustak Bhandar.1991
13. Adhav V. "Vastrashastra" Vidya Books ,Aurangabad. 1984
14. Vairagade, U. Agrawal, A. Vastrashstrachi Sankalpana v Fashion Designing. Vidya Books Publishers Aurangabad , 2014
15. Vairagade , Latkar , Muley ,"Vivah Aani Kutumb: Aadhunik Drishtikon" Vidya Books Publishers Aurangabad , 2019

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Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester- IV

IHOMCP1252

Infant Kit Making & Embroidery-Practical

Credits: 04

Hours - 120

Marks 100

COURSE OBJECTIVE:

While studying the Practical course students will be able:

To know about various types of Embroidery

To learn types of Traditional Embroidery

To study various types of Traditional Textiles

To learn various types of printing methods.

COURSE OUTCOMES:

After completion of Practical course student will be able to:

- Understood the concept of Textiles Embroidery
- Understood the types of stitches, and Traditional Embroidery.
- Knowledge of Textiles Printing.

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Home Science

(With Effective- 2025-26)

B.A. Second Year

Semester- IV

IHOMCP1252

Infant Kit Making & Embroidery-Practical

Credits: 04

Hours - 60

Marks 100

| Module No. | Unit No. | Topic | Hours |
|-------------------|-----------------|---|--------------|
| 1.0 | I | Embroidery | 36 |
| | 1.1 | Stem , Chain , Satin , Herringbone , Kashida , Chikankari | |
| | 1.2 | Jardosi , Bead/Moti work , Tikli work , Cross Stitch | |
| 2.0 | II | Batik , Block and Tie & dye | 26 |
| | 2.1 | Batik – One Sample | |
| | 2.2 | Block Printing – One Sample | |
| | 2.3 | Tie & Dye - Three Sample | |
| 3.0 | III | Puppet Making & Flash Card Book | 24 |
| | 3.1 | Puppet – One sample | |
| | 3.2 | Flash Card Book - Minimum Five Cards | |
| 4.0 | IV | Infant Kit | 34 |
| | 4.1 | Diaper | |
| | 4.2 | Bib | |
| | 4.3 | Frock (Zabale) | |
| | | Total | 120 |

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Home Science

(With Effective-2025-26)

B. A. Second Year

Semester-IV

Paper- IHOMMT1251

Marriage & Family

Credits: 04

Marks - 100

Hours - 60

COURSE OBJECTIVES:

While studying the Marriage and Family students will be able:

- To encourage student to learn about importance of Marriage and Family with regards to today's need.
- To develop the knowledge about various types of marriage and various types of family structures.
- To learn the importance of interpersonal relationships.

COURSE OUTCOMES:

- After completion of Course Marriage and Family Students will able to know types of marriages and detail of importance of it.
- Able to learn types, functions and importance of family.
- Students will get information about interpersonal relationships.

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Home Science

(With Effective-2025-26)

B. A. Second Year

Semester-IV

Paper- IHOMMT1251

Marriage & Family

Credits: 04

Marks - 100

Hours - 60

| Module No. | Unit No. | Topic | Hours |
|------------|------------|---|-----------|
| 1.0 | I | Marriage | |
| | 1.1 | Marriage – Definition , Concept , Functions of Marriage Types of Marriage- Ancient , Medieval ,Marriage Types depending on number of Brides & Bridegrooms. | 16 |
| | 1.2 | Hindu Marriage, Muslim Marriage, Christian Marriage, Buddha Marriage , Registered Marriage , Live in Relationship | |
| 2.0 | II | Readiness of Marriage | 12 |
| | 2.1 | Selection of Mate , Adjustments in Marriages | |
| | 2.2 | Pre Marriage counseling & Marriage counseling, Marital success | |
| | 2.3 | Divorce –Reasons , Process , Laws. | |
| 3.0 | III | Family | 12 |
| | 3.1 | Definition , Concept , Types of Family , Functions of family | |
| | 3.2 | Effects of Divorce on Family | |
| | 3.3 | Changing Family Structure in India | |
| 4.0 | IV | Interpersonal Relationships | 20 |
| | 4.1 | Meaning of Interpersonal Relationships | |
| | 4.2 | Importance of Interpersonal Relationships in the Family | |
| | 4.3 | Types of Interpersonal Relationships – Husband- wife, In-laws , Maternal , Paternal relations. | |
| | | | 60 |

References

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"
- 8 Farkade and Gonge, "Vivah Aani Koutumbik Sambandh"Vidya Prakashan , Nagpur ,2009

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B.A. Second Year
Semester – IV

Paper- IHOMGE1251

Life after 60

Credits: 02

Marks - 50

Hours - 30

COURSE OBJECTIVES:

While studying the Life after 60 students will be able:

- To encourage student to learn all about old age
- To learn about adjustments in old age

COURSE OUT COMES:

After completion of Life after 60 students will be able to :

- Know the old age in detail
- Able to use knowledge about old people in daily life
- Able to know old aged changes , behavior, habits , adjustments and hazards.

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B.A. Second Year

Semester-IV

Paper- IHOMGE1251

Life after 60

Credits: 02

Marks - 50

Hours - 30

| Module No. | Unit No. | Topic | Hours |
|-------------------|-----------------|--|--------------|
| 1.0 | I | Old age – Personal Adjustments | |
| | 1.1 | Characteristics and Developmental Tasks of Old Age | 5 |
| | 1.2 | Adjustment to Physical Changes , | |
| | 1.3 | Changes in Mental Abilities, Motor Abilities , & Changed Interests | |
| 2.0 | II | Social Adjustments | |
| | 2.1 | Social Adjustments in Old Age | 5 |
| | 2.2 | Personal and Social hazards of Old Age | |
| 3.0 | III | Vocational Adjustments | |
| | 3.1 | Vocational Adjustments , Need of Money , | 10 |
| | 3.2 | Adjustment to Retirement | |
| 4.0 | IV | Family Adjustments | |
| | 4.1 | Adjustment to Changes in Life, Adjustment to Singlehood | 10 |
| | 4.2 | Adjustment to loss of Spouse , Remarriage in Old age | |
| | 4.3 | Living Arrangements for Old People, Geographic Mobility in Old Age | |
| | 4.4 | Vocational and Family Life Hazards in Old age | |
| | | Total | 30 |

Reference Books

1. Hurlock E. "Developmental Psychology" 5th ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"

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B. A. Second Year
Semester-IV

Paper- IHOMVC1251

Weaning & Supplementary Food (Practical)

Credits: 02

Marks - 50

Hours - 60

COURSE OBJECTIVES:

While studying the Weaning & Supplementary Food students will be able:

- To encourage student to learn practical Weaning & Supplementary Food with regards to today's style
- To learn Weaning & Supplementary Food for baby

COURSE OUT COMES :

After completion of Weaning & Supplementary Food practical students will be able to :

- Make Weaning & Supplementary Food at low price
- Able to use their creativity.
- Able to be self sufficient by Weaning & Supplementary Food.

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B. A. Second Year

Semester-IV

Paper- IHOMVC1251

Weaning & Supplementary Food (Practical)

Credits: 02

Marks - 50

Hours - 60

| Module No. | Unit No. | Topic | Hours |
|-------------------|-----------------|---|--------------|
| 1.0 | I | Weaning Food | 15 |
| | 1.1 | Concept , Importance | |
| | 1.2 | One each Recipe of Weaning Food from Cereals + Pulses & Millets | |
| 2.0 | II | Supplementary Food | 15 |
| | 2.1 | Soya Laddu & Veg Dal Khichadi | |
| 3.0 | III | Geriatric Food | 15 |
| | 3.1 | Veg Smoothy , Fruits Smoothy | |
| 4.0 | IV | Iron Rich Food | 15 |
| | 4.1 | Garden cress Seed Kheer , Beetroot Juice | |
| | | | 60 |