



॥ सा विद्या या विमुक्तये ॥

स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

'ज्ञानतीर्थ', विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

'Dnyanteerth', Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

Established on 17th September, 1994, Recognized By the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'B++' grade

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एनईपी-२०२० सुधारित श्रेयांक
आराखडयानुसार मानवविज्ञान
विद्याशाखेतील पदवी प्रथम वर्षाचे
अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७
पासून लागू करण्याबाबत.

प रि प त्र क

या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक २२ एप्रिल २०२६ रोजी संपन्न झालेल्या मा.विद्यापरिषद बैठकीतील विषय क्र.५/६४-२०२६ च्या ठरावानुसार मानवविज्ञान विद्याशाखेतील राष्ट्रीय शैक्षणिक धोरण-२०२० सुधारित श्रेयांक आराखडयानुसार पदवी प्रथम वर्षाचे अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यास मा.विद्यापरिषदेने मान्यता प्रदान केली आहे. त्यानुसार मानवविज्ञान विद्याशाखेतील पदवी प्रथम वर्षाचे खालील विषयाचे अभ्यासक्रम (Syllabus) शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यात येत आहे.

01	B.A. I Year Psychology (Affiliated Colleges)
02	B.A. I Year Economics (NMDC, Hingoli)
03	B.A. I Year Political Science (NMDC, Hingoli)

सदरील परिपत्रक व अभ्यासक्रम (Syllabus) प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

'ज्ञानतीर्थ' परिसर,

विष्णुपुरी, नांदेड - ४३१ ६०६.

जा.क्र.:शै-१/परिपत्रक/पदवी/२०२६-२७/११५

दिनांक : २३.०७.२०२६

उपकुलसचिव
शैक्षणिक (१-अभ्यासमंडळे) विभाग

प्रत माहिती व पुढील कार्यवाहीस्तव :-

- १) मा. कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ.
- २) मा. प्र.कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ
- ३) मा. अधिष्ठाता, मानवविज्ञान विद्याशाखा, प्रस्तुत विद्यापीठ.
- ४) मा. संचालक, परिक्षा व मुल्यमापन मंडळ, प्रस्तुत विद्यापीठ.
- ५) मा. प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.

**SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED - 431 606**



**(Structure and Syllabus of Four Years Multidisciplinary Degree
Program with Multiple Entry and Exit Option)**

UNDERGRADUATE PROGRAMME OF HUMINATIES

Major in DSC Psychology

Under the Faculty of Humanities

**Effective from Academic year 2026 – 2027
(As per NEP-2020)**

Forward by the Dean, Faculty of Humanities.....

National Education Policy 2020 has been announced on 29.07.2020. NEP 2020 proposes a new and forward-looking vision for India's Higher Education System through quality universities and colleges. Its key is in the curriculum and its practical implementation.

The curriculum must be exciting, relevant, and regularly updated to align with the latest knowledge requirements and meet specified learning outcomes. High-quality pedagogy is necessary to impart the curricular material to students successfully; pedagogical practices determine the learning experiences provided to students, thus directly influencing learning outcomes. The assessment methods must be scientific, designed to improve learning continuously test the knowledge application.

The university's proper framing and development of syllabi will result in the upbringing and nourishment of multidisciplinary and holistic citizens. Emphasis is on outcome-based learning. Every course has well-defined objectives and outcomes. The assessment guidelines also provide clarity and precision to the vision behind prescribing the particular course content.

NEP foresees more vibrant, socially engaged, cooperative communities and a happier, cohesive, cultured, productive, innovative, progressive, and prosperous nation. The introduction of Research Methodology and ethics will widen the vision and broaden the perspectives of the learners.

Introducing Case Studies and Field Projects has created a unique opportunity for the higher education institute to bridge the gap between the academia, industry and the community NEP believes effective learning requires a comprehensive approach that involves an appropriate curriculum, engaging pedagogy, continuous formative assessment, and adequate student support.

We are sure that the Graduate centres of this university and its affiliated colleges will implement the course effectively and successfully, resulting in a healthy and more creative academic ambience.

**Dean, Faculty of Humanities,
Swami Ramanand Teerth Marathwada University, Nanded.**

Forward by the Chairman, Subject Psychology

Preamble

Psychology is the scientific study of human behaviour and cognitive processes. Psychology as a Science tries to understand the behaviour of an individual in different situations while also equipping the learner with various abilities to live a well-adjusted life. Psychology not only helps us to understand why other people do the things they do, but it also helps us better understand ourselves and our reactions to other people. Psychology helps you understand how your brain and body are connected, how to improve your learning abilities and memory, and how to deal with the stresses of life, both ordinary and extraordinary.

Psychology facilitates the shaping and molding of the inner self and also deals with the development of personality inside out, thus making the person an effective human being. As a scientific discipline psychology has many subfields like Social Psychology, Clinical Psychology, Counselling Psychology, Positive Psychology, Educational Psychology, Cognitive Psychology, Industrial and Organizational Psychology, and Developmental Psychology which deal with different domains of human behaviour. The study of psychology provides students to work with the community and well-being of the society. The students can undertake careers like Counsellors, Clinical Practitioners, Therapists, Trainers, HR Managers, and Psychology Teachers in different government and private sector organizations.

Psychology graduates today need to be prepared not just in the textbook understanding of concepts but also in real-life applications that take into account a holistic understanding of a larger, socio-cultural-economic system within which their skills may be put to use.

The pursuit of knowledge of psychology as a scientific discipline and profession, along with enhanced skills is a step towards preparing students to meet the needs of an increasingly competitive job market. The structure of this Programme has also been devised as a student will have foundational as well as skill development learning opportunities so as to be employable or even self-employed.

I, as Chairman Board of Studies in Psychology, Swami Ramanand Teerth Marathwada University, Nanded happy to state that the Program objectives have been finalized in the meeting of all the members of the Board of Studies.

- To impart knowledge of psychological concepts and modern trends in psychology.
- To foster interest in the subject of psychology and to create a foundation for further studies in psychology.
- To introduce the students to various fields of psychology.
- To make the students aware of the applications of psychological concepts in various fields so that they understand the relevance of psychology in different areas of life.

Apart from the above objectives, the affiliated institutes can add their own program objectives. As the Chairman of the Board of Studies, I believe strongly that the syllabi of Psychology will definitely help to students to gain fundamental and advanced knowledge of psychology along with enhanced skills.

Dr. Gopal J. Pedapalli

Chairman, Board of Studies of the Psychology,

Swami Ramanand Teerth Marathwada University, Nanded.



Swami Ramanand Teerth Marathwada University, Nanded

Members of the Board of Studies in the subject of Psychology

Under the faculty of Humanities

Sr. No.	Name of the Member	Designation	Address with mail id	Contact No.
1	Dr. G. J. Pedapalli	Chairman	Sharda Mahavidyalaya, Parbhani. drpedapalli11@gmail.com	8208654495 9890140223
2	Dr. N. M. Palwade	Member	B.Raghunath College, Parbhani. dr.palwadenm@gmail.com	9766478444
3	Dr. N. V. Singapore	Member	Sharda Mahavidyalaya, Parbhani. nvsingapore@gmail.com	9422611302
4	Dr. G. P. Vaykos	Member	B.Raghunath College, Parbhani. vaykosg@gmail.com	9860070051
5	Dr. V. B. Rasway	Member	P.A.H.College, Ranisawargaon. dr.vishwanathrasway@gmail.com	9764990408
6	Dr. B. S. Jadhav	Member	Shivaji College, Hingoli bappajadhav24@gmail.com	9922282004



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities (Example- 1 Three Optional)

Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit

Subject: **DSC** (Major) / **DSM** (Minor)

Year & Level	Sem ester	Optional-1	Optional-2	Optional-3	Generic Elective (GE) (select from Basket 3 of <i>(Faculties other than Humanities)</i>)	Vocational & Skill Enhancement Course	Ability Enhancement Course (AEC) (Basket 4) Value Education Courses (VEC / Indian Knowledge System (IKS) (Basket 5) <i>(Common across all faculties)</i>)	Field Work / Project/Internship/ OJT/ Apprenticeship / Case Study Or Co-curricular Courses (CC) (Basket 6 for CC) <i>(Common across all faculties)</i>	Credits	Total Credits
1	2	3	4	5	6	7	8	9	10	11
1 (4.5)	I	HPSYCT1101 Introduction to Psychology (2 Cr) HPSYCP1102 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits	HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits	HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits	HPSYGE1101 Introduction to Social Psychology (2 Cr) 2 Credits	HPSYSC1101 Communication Skills-I (2 Cr) 2 Credits	AECENG1101 (2Cr) IKSXXX1101 (2Cr) 4 Credits	CCCXXX1101 <i>(NCC/NSS/Sports/ Culture/Health Wellness/ Yoga Education / Fitness)</i> 2 Credits	22	44
	II	HPSYCT1151 Basic Psychological Processes (2 Cr) HPSYCP1152 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits	HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits	HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits	HPSYGE1151 Social Psychology (2 Cr) 2 Credits	HPSYSC1151 Communication Skills-II (2 Cr) 2 Credits	AECXXX1151 (2Cr) <i>(Hin, Mar, Kan, Pal, etc)</i> VECCOI1151 (2Cr) <i>Constitution of India</i> 4 Credits	CCCXXX1151 <i>(NCC/NSS/Sports/ Culture/Health Wellness/ Yoga Education / Fitness)</i> 2 Credits	22	
	Cum. Cr.	08	08	08	04	04	08	04	44	
Exit option: UG Certificate in Opt 1, Opt 2 and Opt 3 on completion of 44 credits and additional 4 credits from NSQF / Internship										

Abbreviations:

1. **DSC** : Department/Discipline Specific Core (Major)
2. **DSE** : Department/Discipline Specific Elective (Major)
3. **DSM** : Discipline Specific Minor
4. **GE/OE**: Generic/Open Elective
5. **VSEC** : Vocational Skill and Skill Enhancement Course
6. **VSC** : Vocational Skill Courses
7. **SEC** : Skill Enhancement Courses
8. **AEC** : Ability Enhancement courses
9. **MIL** : Modern Indian languages
10. **IKS** : Indian Knowledge System
11. **VEC** : Value Education Courses
12. **OJT** : On Job Training: (Internship/Apprenticeship)
13. **FP** : Field Projects
14. **CEP** : Community Engagement and Service
15. **CC** : Co-Curricular Courses
16. **RM** : Research Methodology
17. **RP** : Research Project/Dissertation



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities

General Guidelines for course structure:

- 1) The Major subject is the discipline or subject of the main focus and the degree will be awarded in that discipline/subject.
- 2) Credits and curriculum for optional subjects are same in the first year.
- 3) In the first-year students should choose three different subjects as optional subject in the same faculty.
- 4) From the second-year curriculum of major and minor subject is the different and student have to select major and minor from three optional subjects.
- 5) Generic /Open Elective is to be chosen compulsorily from faculty other than that of the Major. (Select from Basket)
- 6) Vocational and Skill Enhancement Courses (VSEC or VSC and SEC) are related to Major Course (DSC)
- 7) Ability Enhancement Courses (AEC):
 - a) English language may be offered Sem. I for 2 Credits and sem. III for 2 Cr. in AEC
 - b) Second languages may be offered Sem. II for 2 Credits and sem. IV for 2 Cr. in MIL
- 8) Column No. 8 and 9 is common for all faculties.
- 9) Curriculum of VEC, COI, IKS and CCC will provide by university.

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Swami Ramanand Teerth Marathwada University, Nanded

Assigning Codes to the Courses Alphanumeric, TEN Character Coding AAAAA XXXX

- 1) **First (A) Letter indicate Faculty:** **H** – Humanities **S**- Science; **C** – Commerce, & Management, **I** - Interdisciplinary Studies and **D** –Distance / External mode .
- 2) **Next Three Letters (XXX) indicates Subject** (e.g. GEO- Geography, ECO – Economics, PHY – Physics, COM – Commerce, CMP – Computer Sci) etc.
- 3) **Fifth and Sixth Letter indicate nature of the course :** (e.g.**CT** – Core Theory , **CP** – Core Practical, **MT** – Minor Theory, **MP**– Minor Practical, **ET** – Elective Theory , **EP** – Elective Practical, **FP**– Field Project, **FW** – Field Work, **OJ** – On Job training, **GE**- Generic /open Elective (Internship/Apprenticeship), **IN** – Internship, **CS** – Case Study, **VC**: Vocational Skill Courses, **SC**: Skill Enhancement Courses, **AEC**: Ability Enhancement courses, **VEC**: Value Education Courses, **MIL**: Modern Indian languages, **IKS**: Indian Knowledge System, **CCC**: Co-Curricular Courses/ Community Engagement and Service, **RM**: Research Methodology. etc.)
- 4) **Seventh Character or First Number** indicate the Centre (1-for Affiliated colleges, 2 -Main Campus, 3- Model Degree College, 4- Sub-centre Latur, 5- Sub-centre Parbhani)
- 5) **Eighth Character or second number indicate** -Year of Study.E.g.1 - First year,2- Second year.etc.
- 6) **Last Two Numbers** indicate Course Number

e.g. **HGEOCT1101** – Faculty of Humanities(**H**) Geography (**GEO**) subject Core Theory(**CT**) Course offered in First Semester in affiliated colleges(**1101**)

Sr. No	UG/PG	Semester	Affiliated Colleges	Main Campus	Model Degree College	Sub-center Latur	Sub-center Parbhani	Kinwat Sub-Centre
1	First Year	Semester I	1101 to 1150	2101 to 2150	3101 to 3150	4101 to 4150	5101 to 5150	6101 to 6150
2		Semester II	1151 to 1199	2151 to 2199	3151 to 3199	4151 to 4199	5151 to 5199	6151 to 6199
3	Second Year	Semester III	1201 to 1250	2201 to 2250	3201 to 3250	4201 to 4250	5201 to 5250	6201 to 6250
4		Semester IV	1251 to 1299	2251 to 2299	3251 to 3299	4251 to 4299	5251 to 5299	6251 to 6299
5	Third Year	Semester V	1301 to 1350	2301 to 2350	3301 to 3350	4301 to 4350	5301 to 5350	6301 to 6350
6		Semester VI	1351 to 1399	2351 to 2399	3351 to 3399	4351 to 4399	5351 to 5399	6351 to 6399
7	Fourth Year	Semester VII	1401 to 1450	2401 to 2450	3401 to 3450	4401 to 4450	5401 to 5450	6401 to 6450
8		Semester VIII	1451 to 1499	2451 to 2499	3451 to 3499	4451 to 4499	5451 to 5499	6451 to 6499
9	Fifth Year	Semester IX	1501 to 1550	2501 to 2550	3501 to 3550	4501 to 4550	5501 to 5550	6501 to 6550
10		Semester X	1551 to 1599	2551 to 2599	3551 to 3599	4551 to 4599	5551 to 5599	6551 to 6599



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Basket 1: Major/ Minor (Optional) course for Semester I and II (C): Each of 02 Credits

Semester	BOS proposing Minor (e g.)	Details of Major/Minor Course (M)	
		CODE	Title of the Corse
Semester I	1. BOS in PSY	HPSYCT1101	Introduction to Psychology
		HPSYCP1102	Psychology Practicum's: Experiments & Tests
Semester II	2. BOS in PSY	HPSYCT1151	Basic Psychological Processes
		HPSYCP1152	Psychology Practicum's: Experiments & Tests
	3. etc.	---	---



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology

Basket 3: Generic/Open Elective course (GE)

Each BOS will suggest Generic Elective Courses (minimum one and maximum four) for semester I and II

		CODE	Title of the Course
Sem I	BOS in PSY	HPSYGE1101	Introduction to Social Psychology
Sem II	BOS in PSY	HPSYGE1151	Social Psychology

Note: *GE is to be chosen compulsory from faculty other than that of the Major.*



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate First Year Programme, Semester I (Level 4.5)
Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs./ week 1 Hrs.=60 M.)	
			Theory	Practical	Total	Theory	Practical
Optional 1,2,3	HPSYCT1101	Introduction to Psychology	02+02+02		06	06	
	HPSYCP1102	Psychology Practicum's: Experiments & Tests	02+02	02	06	04	04
Generic Electives	HPSYGE1101	Introduction to Social Psychology	02		02	02	
Vocational & Skill Enhancement Course	HPSYSC1101	Communication Skills-I	--	02	02	--	04
Ability Enhancement Course /Languages	AECENG1101	Compulsory English	02		02	02	
Indian Knowledge System (IKS)	IKSXXX1101	Select from Basket 5	02		02	02	
Co-curricular Courses/Community Engagement Services (CC) (Basket 6)	CCCXXX1101	Any one of NCC/ NSS /Sports/ Culture /Health Wellness /Yoga Education / Fitness	-	02	02	--	02
Total Credits			16	06	22	16	10



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate First Year Programme, Semester II (Level 4.5)

Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs./ week 1 Hrs.=60 M.)	
			Theory	Practical	Total	Theory	Practical
Optional 1,2,3	HPSYCT1151	Basic Psychological Processes	02+02+02		06	06	
	HPSYCP1152	Psychology Practicum's: Experiments & Tests	02+02	02	06	04	04
Generic Electives	HPSYGE1151	Social Psychology	02		02	02	
Vocational & Skill Enhancement Course	HPSYSC1151	Communication Skills-II	--	02	02	--	04
Ability Enhancement Course/ Languages	AECXXX1151	Languages-----	02		02	02	
Value Education Course (VEC)	VECCOI1151	Constitution of India	02		02	02	
Co-curricular Courses/Community Engagement Services (CC) (Basket 6)	CCCXXX1151	Any one of NCC/ NSS /Sports/ Culture /Health Wellness /Yoga Education / Fitness	-	02	02	--	02
Total Credits			16	06	22	16	10



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate First Year Programme, Semester I (Level 4.5)

Examination Scheme

[40% Continuous Assessment (CA) and 60% End Semester Examination (ESE)]

Subject (1)	Course Code (2)	Course Name (3)	Theory				Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)	
			Continuous Assessment (CA)				ESE	Continuous Assessment (CA)		ESE
			Test I (4)	Test II (5)	Assignment (6)	Avg of T1+T2+Assi. /3 (7)	Total (8)	(9)	(10)	(11)
Optional 1,2,3	HPSYCT1101	Introduction to Psychology	20	20	20	20	30	---	---	50
	HPSYCP1102	Psychology Practicum's: Experiments &Tests	---	---	---	---	---	20	30	50
Generic Electives	HPSYGE1101	Introduction to Social Psychology	20	20	20	20	30	---	---	50
Vocational & Skill Enhancement Course	HPSYSC1101	Communication Skills-I	---	---	---	---	---	20	30	50
Ability Enhancement Course /Languages	AECENG1101	Compulsory English	20	20	20	20	30	---	---	50
Indian Knowledge System (IKS)	IKSXXX1101	Select from Basket 5	20	20	20	20	30	---	---	50
Co-curricular Courses/Community Engagement Services (CC) (Basket 6)	CCCXXX1101	Any one of NCC/ NSS /Sports/ Culture /Health Wellness /Yoga Education / Fitness	20	20	20	20	30	---	---	50
			--	--	--	--	--	---	---	50



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester II (Level 4.5)

Examination Scheme

[40% Continuous Assessment (CA) and 60% End Semester Examination (ESE)]

Subject (1)	Course Code (2)	Course Name (3)	Theory				Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)	
			Continuous Assessment (CA)				ESE	Continuous Assessment (CA)		ESE
			Test I (4)	Test II (5)	Assignment (6)	Avg of T1+T2+Assi. /3 (7)	Total (8)	(9)	(10)	(11)
Optional 1,2,3	HPSYCT1151	Basic Psychological Processes	20	20	20	20	30	---	---	50
	HPSYCP1152	Psychology Practicum's: Experiments &Tests	---	---	---	---	---	20	30	50
Generic Electives	HPSYGE1151	Social Psychology	20	20	20	20	30	---	---	50
Vocational & Skill Enhancement Course	HPSYSC1151	Communication Skills - II	---	---	---	---	---	20	30	50
Ability Enhancement Course/ Languages	AECXXX1151	Languages-----	20	20	20	20	30	---	---	50
Value Education Course (VEC)	IKSCOI1151	Constitution of India	20	20	20	20	30	---	---	50
Co-curricular Courses/Community Engagement Services (CC) (Basket 6)	CCCXXX1151	Any one of NCC/ NSS /Sports/ Culture /Health Wellness /Yoga Education / Fitness	20	20	20	20	30	---	---	50
			--	--	--	--	--	---	---	50



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester I

Course Structure: Optional 1,2,3 - Teaching Scheme **(for 2 credits)**

Course Code	Course Name (Paper Title)	Teaching Scheme (Hrs.)		Credits Assigned		
		Theory	CA	Theory	CA	Total
HPSYCT1101	Introduction to Psychology	30	---	02	---	02
(for 2 credits)						
Course Code	Course Name (Paper Title)	Teaching Scheme (Hrs.)		Credits Assigned		
		Practical	CA	Practical	CA	Total
HPSYCP1102	Psychology Practicum's: Experiments & Tests	60	---	02	---	02

Optional 1,2,3 - Assessment Scheme

Course Code (2)	Course Name (3)	Theory					Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)
		CA				ESE	CA	ESE	
		Test I (4)	Test II (5)	Assignment (6)	Avg of T1+T2+Assi. /3 (7)	(8)	(9)	(10)	(11)
HPSYCT1101	Introduction to Psychology	20	20	20	20	30	---	---	50
HPSYCP1102	Psychology Practicum's: Experiments & Tests	---	---	---	---	---	20	30	50



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate First Year Programme, Semester I

Paper Code: HPSYCT1101, Title: Introduction to Psychology (CT)
Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To enable students to understand the key concepts, principles approaches, and themes in psychology.
- To enable students to understand the basic psychological processes.
- To provide an overview of the applications of psychology.

Course Outcomes:

After completing this course students will be able to demonstrate the following competencies:

- Understand the basic psychological processes and their applications in their life.
- Develop the ability to evaluate the cognitive processes of an individual.
- Develop a working knowledge of psychological contents, areas, and applications of psychology



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1101, Title: Introduction to Psychology (CT)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1. 0		The Science of Psychology	
	1.1	Definition, Nature and Goals of Psychology as a Science	08
	1.2	Types of Psychological Professionals, Perspectives in Psychology	
	1.3	Methods of Psychology: Scientific, Descriptive and Experimental	
2.0		Sensation and Perception	
	2.1	Sensation: Definition, Nature and Process, Attention: Definition, Types, Determinants, Span of Attention	08
	2.2	Perception – Definition, Gestalt Principles and Perceptual Constancies	
	2.3	Perceptual Illusions: Geometrical, Movement, Thinking about Extra Sensory Perception (ESP)	
3.0		Motivation	
	3.1	Definition of Motivation - Concept of homeostasis, types of motives	07
	3.2	Approaches to Understanding Motivation- Instinct Approaches, Drive-Reduction Approaches, Humanistic Approaches.	
	3.3	Frustration - Sources of Frustration, Types of Conflicts e. Applications - Intrinsic Motivation	
4.0		Emotion	
	4.1	Emotion - Nature and Definition, Elements of Emotion	07
	4.2	Theories of emotion: James-Lange, Canon Bard, Schachter-Singer and Lazarus	
	4.3	The facial feedback hypothesis, Being Happy	
		Total	30

Text Books:

1. **Abhyankar, SC. Oke, A; Golwilkar S, (2013).** *Manashastra: Vartanache Shashtra*, Delhi: Pearson.
2. **Abhyankar, SC.;Oke, A; Golwilkar S, (2006).** *Manashastra*, New Delhi: Pearson.

References:

1. **Baron, R. A. (2001).** *Psychology*, New Delhi: Pearson Education Pvt. Ltd.
2. **Ciccarelli, Sandra, White N. (2011).** *Psychology: An Exploration (2nd edition)*, New Delhi, Pearson Publications.
3. **Ciccarelli, S and Meyer, G. E. (2011).** *Psychology*, New Delhi, Pearson Publications.
4. **Coon, D. & Mitterer, J. O. (2007).** *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.
5. **Feldman, Robert (2009).** *Understanding Psychology*, 9th edition, Tata McGraw Hill.
6. **Lahey, B. B. (2003).** *Psychology: An introduction*, New Delhi: Tata McGraw-Hill.
7. **Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986).** *Introduction to psychology*, McGraw-Hill Book Co.
8. **Morgan, King, Weisz, Schopler (2001).** *Introduction to psychology*, New Delhi: Tata McGraw Hill.
9. **Passer, M. W. & Smith, R. E. (2007).** *Psychology: The science of mind and behaviour*, New Delhi: Tata McGraw-Hill.
10. **Smith, D. B. (1998).** *Psychology: Science and understanding*, Boston: McGraw-Hill.
11. **Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003).** *Atkinson and Hilgard's Introduction to Psychology*, Singapore: Thompson Wadsworth.
12. **Zimbardo, P. G. and Weber, A. L. (1997).** *Psychology*, N.Y.: Pearson.
13. **Badgujar, Bachhav, & Shinde (2001).** *Samanya Manasashastra*, Nashik: Swayambhu Prakashan.
14. **Inamdar, Gadekar & Patil (2006).** *Adhunik Manasashastra*, Pune: Diamond Publication.
15. **Padhye, V. S. (2004).** *Manasashastra-Ek Parichay*, Aurangabad: Renuka Prakashan.
16. **Pandit, Kulkarni & Gore (1999).** *Samanya Manasashastra*, Nagpur: Pimpalpure Prakashan.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester I

Paper Code: HPSYCP1102, Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCP1101, Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Sensation and Attention (Any Two)	08
	1.1	PSE	
	1.2	Figure and Ground	
	1.3	Span of Attention	
2.0		Perception (Any Two)	08
	2.1	Depth Perception	
	2.2	Muller Iyer Illusion	
	2.3	Size Consistency	
3.0		Motivation (Any Two)	07
	3.1	Achievement Motivation Scale (N-Ach)	
	3.2	Knowledge of Result	
	3.3	Colour Preference	
4.0		Emotion (Any Two)	07
	4.1	Facial Expression	
	4.2	Emotional Intelligence Test	
	4.3	Emotional Maturity Scale	
		Total	30

- Each practical batch will consist of 20 students.
- Every student must maintain an individual Practical Record Book (Journal).
- All practical work must be completed and certified by the teacher before the examination.

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
10	10	10	30	20	50

References:

1. **Rajamanickam, M. (2005).** *Experimental Psychology: With Advanced Experiments*, Vol. 1 & 2. New Delhi: Concept Publishing Company.
 2. **Parameshwarn, E.G. & Rao, B. T. (1968),** *Manual of Experimental Psychology*, Bombay: Lalvani Publishing House.
 3. **Mohsin, S. M. (1975).** *Experiments in Psychology*, Orient Longman.
 4. **Mohanthi.** *Experiments in Psychology*.
 5. **Tinker, M.A. & Russell, W. A.** *Introduction to Methods in experimental Psychology*, Appleton – Century Crofts.
 6. **Jalota, S (1962).** *Experiments in Psychology*, Asia Publishing House.
 7. **Baker, L. M., Weisiger, C. & Taylor, M. W. (1960).** *Laboratory Experiments in General Psychology*, Oxford Univ. Press.
 8. **Berkowitz, L. (1974).** *Advanced Experimental Social Psychology*, Academic Press.
 9. **Sonodgrass, J. G., Levy-Berger, Hyden (1985).** *Human Experimental Psychology*, New York: Oxford University Press.
 10. **Kuppuswamy, B. (1958).** *Elementary Experiments in Psychology*, London: Oxford University Press.
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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester I

Paper Code: HPSYGE1101, Title: Introduction to Social Psychology (GE)
Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
- To enable student to develop an understanding of functioning of dyads, groups and organization.
- To understand the unique feature of the Indian socio-cultural context.
- To understand how social problems can be analyzed in terms of various social psychological theories.

Course Outcomes:

After completing this course students will be able to understand:

- The scientific nature of Social Psychology.
- Causes of social behaviour and thought.
- Understand current trends in the study of Social Psychology such as role of cognition, social neuroscience, social diversity, etc.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYGE1101, Title: Introduction to Social Psychology (GE)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Introduction to Social Psychology	
	1.1	Definition, Nature, Relationship with Other Sciences	08
	1.2	Methods of studying social Psychology: (A) Experimental Methods (B) Field Methods:	
	1.3	Tools for collecting information.	
2.0		Social Cognition and Social Perception	
	2.1	What is Social Cognition? Determinants of Cognition.	08
	2.2	Schema: Definition and Types, What is Social Perception? Nonverbal Communication	
	2.3	Impression Formation and Impression Management, Attribution	
3.0		The Self	
	3.1	Definition, Emergence Development of Self.	07
	3.2	Self-presentation: False Modesty, self-handicapping.	
	3.3	Self-esteem: Attitude about oneself, Social Comparison.	
4.0		Attitude Prejudice and Stereotypes	
	4.1	Definition, Components Formation of Attitude.	07
	4.2	Measurements of Attitude.	
	4.3	Prejudice: Definition, Sources and Elimination. Stereotypes: Definition, Nature and Origin.	
		Total	30

Text Books:

1. **Tadsare, Tambake, Patil & Darekar (2003).** *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.
2. **Dr. B.G. Choudhari, Pawar, Jadhav (2008).** *Aaduknik Samajik Manasshstra*, Prashant Publication

References:

1. **Baron, R. A. (2001).** *Psychology*, New Delhi: Pearson Education Pvt. Ltd.
2. **Baron, Branscombe, Byrne & Bhardwaj (2009).** *Social Psychology*, 12th Ed., New Delhi: Pearson.
3. **Misra, Grishwar (1990).** *Applied Social Psychology in India*, New Delhi: Sage Publication.
4. **Myers, D.G.(1996).** *Social Psychology*, 5th Ed., New Delhi: Tata McGraw-Hill.
5. **Myers, D.G.(2006).** *Social Psychology*, 8th Ed., New Delhi: Tata McGraw-Hill.
6. **Natu S., Vaidhya A. & Rajhans M.(2012).** *Samajik Manassshastra*, Delhi: Pearson.
7. **Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012).** *Samajik Manassshastra*, Pune: Narendra Prakashan.
8. **Gadekar K.N., Patil A. 85 Inamdar A.K.(2007).** *Pragat Samajik Manashastra*, Pune: Diamond Publication.
9. **Palsane M.N. & Talwalkar V. (2000).** *Samajik Manassshastra*, Pune: Continental Prakashan.
10. **Rane S.S. & Shinde M.G.** *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.

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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate First Year Programme, Semester I

Paper Code: HPSYS1101, Title: Communication Skills -I (Skill Enhancement Courses)
Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

1. To provide depth knowledge about communication
2. To formalize the students with the concept of verbal & nonverbal, One way & Two way Communication.
3. To understand the relation between attitude and effective Communication

Course outcomes:

After completing this course students will be able to:

1. Learn the important concepts of Communication with Skills
2. Enhance Skills of Verbal & Nonverbal Communication
3. Understand the Barriers and effective Skills in Communication.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in PSYCHOLOGY (DSC)
Paper Code : HPSYS1101, Title: Communication Skills -I (Skill Enhancement Courses)
Curriculum Details: (for 2 Credits)

Module No.	UnitNo.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1. 0		Communication	08
	1.1	Meaning and definition of Communication	
	1.2	Process of Communication	
	1.3	Practical Activity: Group discussion	
2.0		Verbal Communication	08
	2.1	Meaning and Definition of Verbal Communication	
	2.2	Written Communication, Oral Communication	
	2.3	Practical Activity: Short Speech	
3.0		Non-Verbal Communication	07
	3.1	Meaning and Definition of Non-Verbal Communication	
	3.2	Facial Expression in Non-Verbal Communication, Animals and Birds Non-Verbal Communication	
	3.3	Practical Activity: Identifying emotions (facial expression)	
4.0		One-Way Communication	07
	4.1	Meaning and Definition of One-Way Communication	
	4.2	Benefits and Limitations of One-Way Communication	
	4.3	Practical Activity: Analysis of communication in media (TV, social media)	
		Total	30

Distribution of Marks

ESE				CA	Total
Practical Activities	Practical Activities Report	Viva	Total	Internal	
10	10	10	30	20	50

References:

1. **Baron, R. A. (2001).** *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
2. **Ciccarelli, Saundra, White N. (2011).** *Psychology: An Exploration* (2nd edition), New Delhi, Pearson Publications.
3. **Ciccarelli, S and Meyer, G. E. (2011).** *Psychology*, New Delhi, Pearson Publications.
4. **Coon, D. & Mitterer, J. O. (2007).** *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.
5. **Feldman, Robert (2009).** *Understanding Psychology*, 9th edition, Tata McGraw Hill.
6. **Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986).** *Introduction to psychology*. McGraw-Hill Book Co.
7. **Tadsare, Tambake, Patil & Darekar (2003).** *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.
8. **Dr. B.G. Choudhari, Pawar, Jadhav (2008).** *Aaduknik Samajik Manasshstra*, Prashant Publication
9. **Dr. C.P. Labhane Dr. Jadhav, Dr. Sontake (2014).** *Advanced Social Psychology*, Prashant Publication
10. **Natu S., Vaidhya A. & Rajhans M. (2012).** *Samajik Manasshastra*, Delhi: Pearson.
11. **Misra, Grishwar (1990).** *Applied Social Psychology in India*, New Delhi: Sage Publication.
12. **Myers, D.G. (1996).** *Social Psychology*, 5th Ed., New Delhi: Tata McGraw-Hill.
13. **Myers, D.G. (2006).** *Social Psychology*, 8th Ed., New Delhi: Tata McGraw-Hill.
14. **Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012).** *Samajik Manasshastra*, Pune: Narendra Prakashan.

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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester II

Course Structure: Optional 1,2,3 - Teaching Scheme
(for 2 credits)

Course Code	Course Name (Paper Title)	Teaching Scheme (Hrs.)		Credits Assigned		
		Theory	CA	Theory	CA	Total
HPSYCT1151	Basic Psychological Processes	30	---	02	---	02
(for 2 credits)						
Course Code	Course Name (Paper Title)	Teaching Scheme (Hrs.)		Credits Assigned		
		Practical	CA	Practical	CA	Total
HPSYCP1152	Psychology Practicum's: Experiments & Tests	60	---	02	---	02

Optional 1,2,3 - Assessment Scheme

Course Code (2)	Course Name (3)	Theory					Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)
		CA				ESE	CA	ESE	
		Test I (4)	Test II (5)	Assignment (6)	Avg of T1+T2+Assi. /3 (7)	(8)	(9)	(10)	(11)
HPSYCT1151	Basic Psychological Processes	20	20	20	20	30	---	---	50
HPSYCP1152	Psychology Practicum's: Experiments &Tests	---	---	---	---	---	20	30	50



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate First Year Programme, Semester II

Paper Code: HPSYCT1151, Title: Basic Psychological Processes (CT)
Curriculum Details

Course Pre-requisite:

1. Books
2. ICT

Course Objectives:

- To introduce students to understand the fundamental concepts and principles of learning, personality, memory, and intelligence
- To enhance knowledge about memory processes, forgetting and intelligence
- To provide an overview of the applications of psychology.

Course Outcomes:

After completing this course students will be able to :

- Explain the basic concepts, nature, and types of learning, personality, memory, and intelligence.
- Describe various memory processes, types of memory, and factors affecting forgetting, along with techniques to improve memory.
- Apply theoretical knowledge of psychology to practical situations, enhancing self-awareness and problem-solving skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1151, Title: Basic Psychological Processes (CT)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Learning	
	1.1	Nature, Definition and Types of learning	08
	1.2	Classical conditioning and Operant Conditioning	
	1.3	Theories of Learning - Thorndike's laws of learning, Cognitive learning theories -Tolman, Kohler, Observational learning theory (Bandura)	
2.0		Personality	
	2.1	Nature, Definition and Misconceptions	08
	2.2	Freud's Psychoanalytic Theory of Personality and Trait Approaches to Personality: Allport's approach, Cattell's 16PF, McCrae and Costa Big-5	
	2.3	Assessment Techniques – Behavioural, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI	
3.0		Memory and Forgetting	
	3.1	Definition, Types and Process	07
	3.2	Types of long-term memory- Procedural, Declarative (Episodic, Semantic), Explicit and Implicit	
	3.3	Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve), Cause of forgetting, Improving Memory	
4.0		Intelligence	
	4.1	Definition of intelligence	07
	4.2	Measurement of intelligence- Concept in measurement of intelligence (C.A., M.A., IQ), Test of Intelligence-Binet, Stanford Binet, Wechsler	
	4.3	Theories of intelligence - Spearman, Gardner, Sternberg	
		Total	30

Text Books:

1. **Abhyankar, SC. Oke, A; Golwilkar S, (2013).** *Manashastra: Vartanache Shashtra*, Delhi: Pearson.
2. **Abhyankar, SC.;Oke, A; Golwilkar S, (2006).** *Manashastra*, New Delhi: Pearson.

References:

1. **Baron, R. A. (2001).** *Psychology*, New Delhi: Pearson Education Pvt. Ltd.
2. **Ciccarelli, Sandra, White N. (2011).** *Psychology: An Exploration (2nd edition)*, New Delhi, Pearson Publications.
3. **Ciccarelli, S and Meyer, G. E. (2011).** *Psychology*, New Delhi, Pearson Publications.
4. **Coon, D. & Mitterer, J. O. (2007).** *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.
5. **Feldman, Robert (2009).** *Understanding Psychology*, 9th edition, Tata McGraw Hill.
6. **Lahey, B. B. (2003).** *Psychology: An introduction*, New Delhi: Tata McGraw-Hill.
7. **Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986).** *Introduction to psychology*, McGraw-Hill Book Co.
8. **Morgan, King, Weisz, Schopler (2001).** *Introduction to psychology*, New Delhi: Tata McGraw Hill.
9. **Passer, M. W. & Smith, R. E. (2007).** *Psychology: The science of mind and behaviour*, New Delhi: Tata McGraw-Hill.
10. **Smith, D. B. (1998).** *Psychology: Science and understanding*, Boston: McGraw-Hill.
11. **Smith, E. E., Hocksema, S. N., Fredrickson, B. and Loftus, G. R. (2003).** *Atkinson and Hilgard's Introduction to Psychology*, Singapore: Thompson Wadsworth.
12. **Zimbardo, P. G. and Weber, A. L. (1997).** *Psychology*, N.Y.: Pearson.
13. **Badgujar, Bachhav, & Shinde (2001).** *Samanya Manasashastra*, Nashik: Swayambhu Prakashan.
14. **Inamdar, Gadekar & Patil (2006).** *Adhunik Manasashastra*, Pune: Diamond Publication.
15. **Padhye, V. S. (2004).** *Manasashastra-Ek Parichay*, Aurangabad: Renuka Prakashan.
16. **Pandit, Kulkarni & Gore (1999).** *Samanya Manasashastra*, Nagpur: Pimpalpure Prakashan.

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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester II

Paper Code: HPSYCP1152, Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details

Course pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCP1152, Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Learning -I (Any Two)	
	1.1	Recall and Recognition	08
	1.2	Habit Interference	
	1.3	Transfer of learning	
2.0		Personality Tests (Any Two)	
	2.1	Introversion-Extroversion Test	08
	2.2	Type A/B Behaviour Pattern Scale	
	2.3	16 PF	
3.0		Memory and forgetting (Any Two)	
	3.1	Serial Learning	07
	3.2	Proactive Inhibition	
	3.3	Retroactive Inhibition	
4.0		Intelligence (Any Two)	
	4.1	Pass along Test/Koh's Block Test	07
	4.2	Standard Progressive Matrices	
	4.3	Verbal Test of Intelligence	
		Total	30

- Each practical batch will consist of 20 students.
- Every student must maintain an individual Practical Record Book (Journal).
- All practical work must be completed and certified by the teacher before the examination.

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
10	10	10	30	20	50

References:

1. **Rajamanickam, M. (2005).** *Experimental Psychology: With Advanced Experiments*, Vol. 1 & 2. New Delhi: Concept Publishing Company.
2. **Parameshwarn, E.G. & Rao, B. T. (1968),** *Manual of Experimental Psychology*, Bombay: Lalvani Publishing House.
3. **Mohsin, S. M. (1975).** *Experiments in Psychology*, Orient Longman.
4. **Mohanthi.** *Experiments in Psychology*.
5. **Tinker, M.A. & Russell, W. A.** *Introduction to Methods in experimental Psychology*, Appleton – Century Crofts.
6. **Jalota, S (1962).** *Experiments in Psychology*, Asia Publishing House.
7. **Baker, L. M., Weisiger, C. & Taylor, M. W. (1960).** *Laboratory Experiments in General Psychology*, Oxford Univ. Press.
8. **Berkowitz, L. (1974).** *Advanced Experimental Social Psychology*, Academic Press.
9. **Sonodgrass, J. G., Levy-Berger, Hyden (1985).** *Human Experimental Psychology*, New York: Oxford University Press.
10. **Kuppuswamy, B. (1958).** *Elementary Experiments in Psychology*, London: Oxford University Press.

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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester II

Paper Code: HPSYGE1151, Title: Social Psychology (GE)

Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.
- To enable student to develop an understanding of functioning of dyads, groups and organization.
- To understand the unique feature of the Indian socio-cultural context.
- To understand how social problems can be analyzed in terms of various social psychological theories.

Course Outcomes:

After completing this course students will be able to understand:

- The scientific nature of Social Psychology.
- Causes of social behaviour and thought.
- Understand current trends in the study of Social Psychology such as role of cognition, social neuroscience, social diversity, etc.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYGE1151, Title: Social Psychology (GE)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Interpersonal Attraction	
	1.1	Internal determinants of attraction	08
	1.2	External determinants of attraction	
	1.3	Factors based on interacting with others: Similarity and mutual liking	
2.0		Close Relationships	
	2.1	Close relationships: Romantic relationships Love and its Types.	08
	2.2	Interdependent relationships: family and friends' lovers and spouses	
	2.3	Loneliness: Life Without a Close Relationship	
3.0		Aggression	
	3.1	Aggression: Meaning, Nature, Causes and Theories of Aggression	07
	3.2	Social Violence, Sexual Violence and social media.	
	3.3	Prevention and Control of Aggression	
4.0		Applications of Social Psychology	
	4.1	Social psychology and the legal system	07
	4.2	Social psychology and health: Obesity, Stress its causes effects and Control	
	4.3	Social psychology and Fields of work	
		Total	30

Text Books:

1. **Tadsare, Tambake, Patil & Darekar (2003).** *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.
2. **Dr. B.G. Choudhari, Pawar, Jadhav (2008).** *Aaduknik Samajik Manasshstra*, Prashant Publication

References:

1. **Baron, R. A. (2001).** *Psychology*, New Delhi: Pearson Education Pvt. Ltd.
 2. **Baron, Branscombe, Byrne & Bhardwaj (2009).** *Social Psychology*, 12th Ed., New Delhi: Pearson.
 3. **Misra, Grishwar (1990).** *Applied Social Psychology in India*, New Delhi: Sage Publication.
 4. **Myers, D.G.(1996).** *Social Psychology*, 5th Ed., New Delhi: Tata McGraw-Hill.
 5. **Myers, D.G.(2006).** *Social Psychology*, 8th Ed., New Delhi: Tata McGraw-Hill.
 6. **Natu S., Vaidhya A. & Rajhans M.(2012).** *Samajik Manasshastra*, Delhi: Pearson.
 7. **Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012).** *Samajik Manasshastra*, Pune: Narendra Prakashan.
 8. **Gadekar K.N., Patil A. 85 Inamdar A.K.(2007).** *Pragat Samajik Manashastra*, Pune: Diamond Publication.
 9. **Palsane M.N. & Talwalkar V. (2000).** *Samajik Manasshastra*, Pune: Continental Prakashan.
 10. **Rane S.S. & Shinde M.G.** *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.
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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate First Year Programme, Semester II

Paper Code : HPSYS1151, Title: Communication Skills -II

(Skill enhancement Courses)

Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To help students understand the concept of personal goals and well-being
- To critically examine materialism and its impact on happiness
- To develop mindfulness practices for mental health and well-being

Course outcomes:

After completing this course, students will be able to:

1. Define and set meaningful personal goals
2. Analyze the psychological effects of materialism
3. Practice mindfulness and meditation techniques for well-being



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in PSYCHOLOGY (DSC)
Paper Code: HPSYS1151, Title: Communication Skills -II
(Skill Enhancement Courses)
Curriculum Details: (for 2 Credits)

Module No.	UnitNo.	Topic	Hrs. Required to cover the contents 1 Hrs.=60 M.
1.0		Personal Goals as Windows to Well-Being	08
	1.1	Goals Connect “Having” and “Doing”	
	1.2	Defining Personal Goals, The Search for Universal Human Motives	
	1.3	Practical Activity: Discuss and write your life goals	
2.0		Materialism and Its Discontents	08
	2.1	Why are Materialists Unhappy?	
	2.2	Why do People Adopt Materialistic Values? Affluence and Materialism	
	2.3	Practical Activity: Debate- Money vs Happiness	
3.0		Life Above Zero	07
	3.1	Positive Psychology Revisited	
	3.2	Interconnection of the “Good” and the “Bad”, Contours of a Positive Life: Meaning and Means	
	3.3	Practical Activity: Make a personal well-being plan	
4.0		Mindfulness and Well-Being	07
	4.1	What is Mindfulness	
	4.2	Mindfulness and Meditation, Mindfulness and Psychotherapy	
	4.3	Practical Activity: Discuss and write importance of meditation	
		Total	30

Distribution of Marks

ESE				CA	Total
Practical Activities	Practical Activities Report	Viva	Total	Internal	
10	10	10	30	20	50

References:

1. **Baron, R. A. (2001).** *Psychology*. New Delhi: Pearson Education Pvt. Ltd.
 2. **Ciccarelli, Saundra, White N. (2011).** *Psychology: An Exploration* (2nd edition), New Delhi, Pearson Publications.
 3. **Ciccarelli, S and Meyer, G. E. (2011).** *Psychology*, New Delhi, Pearson Publications.
 4. **Coon, D. & Mitterer, J. O. (2007).** *Introduction to Psychology: Gateways to mind and behavior*, Singapore, Thomson Wadsworth.
 5. **Feldman, Robert (2009).** *Understanding Psychology*, 9th edition, Tata McGraw Hill.
 6. **Morgan, C. T., King, R. A., Weisz, J. R. and Schopler, J. (1986).** *Introduction to psychology*. McGraw-Hill Book Co.
 7. **Tadsare, Tambake, Patil & Darekar (2003).** *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.
 8. **Dr. B.G. Choudhari, Pawar, Jadhav (2008).** *Aaduknik Samajik Manasshstra*, Prashant Publication
 9. **Dr. C.P. Labhane Dr. Jadhav, Dr. Sontake (2014).** *Advanced Social Psychology*, Prashant Publication
 10. **Natu S., Vaidhya A. & Rajhans M. (2012).** *Samajik Manasshastra*, Delhi: Pearson.
 11. **Misra, Grishwar (1990).** *Applied Social Psychology in India*, New Delhi: Sage Publication.
 12. **Myers, D.G. (1996).** *Social Psychology*, 5th Ed., New Delhi: Tata McGraw-Hill.
 13. **Myers, D.G. (2006).** *Social Psychology*, 8th Ed., New Delhi: Tata McGraw-Hill.
 14. **Golwilkar Shila, Abhyankar Shobhana & Tanuja Khair (2012).** *Samajik Manasshastra*, Pune: Narendra Prakashan.
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GUIDELINES FOR COURSE ASSESSMENT:

A. Continuous Assessment (CA) (20% of the Maximum Marks):

This will form 20% of the Maximum Marks and will be carried out throughout the semester. It may be done by conducting **Two Tests and one Assignment**. Average of marks scored in these two tests and one assignment of a theory paper will make C.A.

B. End Semester Assessment (80% of the Maximum Marks):

(For illustration we have considered a paper of 02 credits, 50 marks and need to be modified depending upon credits of individual paper)

1. **ESA Question paper will consist of 6 questions. Each of 10 marks for 2 Cr. pattern and 15 marks for 3 Cr. pattern.**
2. **There will be 4- 5 sub questions in Question No. 1**
3. **Question No.1 will be compulsory and shall be based on entire syllabus.**
4. **Students are required to solve a total of 4 Questions.**
5. **Students need to solve ANY THREE of the remaining Five Question (Q.2 to Q.6) and shall be based on entire syllabus.**

C. Assessment of Term Work/ Tutorial/Field Works:

At least 06 test / assignments covering entire syllabus must be given during the 'class wise tutorial'. The assignments should be students' centric and attempts be made to make assignments more meaningful, interesting and innovative.

Term work assessments must be based on overall performance of the student with every assignment graded time to time. The grades be converted to marks as per 'credit and grading system' manual and should be added and averaged.

D. Assessment of Community Engagement Services:

Students have freedom to take more than one CES/CC courses, however, marks of the best performing CES/CC be considered for final assessment. Assessment of the CES/CC courses be done by the respective course coordinators depending on the performance of the student and his participation in the international, national, state, university, college level events or camps, wherever applicable. In other cases, performance of a student be assessed depending on his/her regularity, participation in the regular activities in the semester.

Note: Number of lectures required to cover syllabus of a course depend on number of credits assigned to it. For example, for a two-credit course, 30 lectures each of one hour duration are assigned, while that for a three-credit course 45 lectures.

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