



॥ सा विद्या या विमुक्तये ॥

स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

'ज्ञानतीर्थ', विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

'Dnyanteerth', Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

Established on 17th September, 1994, Recognized By the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'B++' grade

Fax : (02462) 215572

Academic-1 (BOS) Section

website: srtmun.ac.in

Phone: (02462)215542

E-mail: bos@srtmun.ac.in

मानवविज्ञान विद्याशाखे अंतर्गत राष्ट्रीय
शैक्षणिक धोरण-२०२० नुसार पदवी
तृतीय वर्षाचे अभ्यासक्रम शैक्षणिक वर्ष
२०२६-२७ पासून लागू करण्याबाबत.

प रि प त्र क

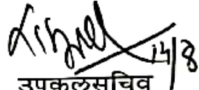
या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक २२ एप्रिल २०२६ रोजी संपन्न झालेल्या मा.विद्यापरिषद बैठकीतील विषय क्र.०९/६४-२०२६ च्या ठरावानुसार मानवविज्ञान विद्याशाखेतील राष्ट्रीय शैक्षणिक धोरण-२०२० नुसार पदवी तृतीय वर्षाचे अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यास मा.विद्यापरिषदेने मान्यता प्रदान केली आहे. त्यानुसार मानवविज्ञान विद्याशाखेतील बी.ए. तृतीय वर्षाचे खालील विषयाचे अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यात येत आहे.

01 B.A.III Year Psychology

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

'ज्ञानतीर्थ' परिसर,
विष्णुपुरी, नांदेड - ४३१ ६०६.
जा.क्र.:शै-१/परिपत्रक/पदवी/बीए/२०२६-२७/138
दिनांक : १४.०८.२०२६




उपकुलसचिव
शैक्षणिक (१-अभ्यासमंडळ) विभाग

प्रत माहिती व पुढील कार्यवाहीस्तव :-

- १) मा. कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ.
- २) मा. प्र.कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ.
- ३) मा. अधिष्ठाता, मानवविज्ञान विद्याशाखा, प्रस्तुत विद्यापीठ.
- ४) मा. संचालक, परिक्षा व मुल्यमापन मंडळ, प्रस्तुत विद्यापीठ.
- ५) मा. प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.
- ६) सिस्टीम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ. यांना देवून कळविण्यात येते की, परिपत्रक अभ्यासक्रम संकेतस्थळावर प्रसिध्द करण्यात यावेत.

**SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED - 431606**



Third Year

**(Structure and Syllabus of Four Years Multidisciplinary Degree
Program with Multiple Entry and Exit Option)**

UNDER GRADUATE PROGRAMME OF HUMINATIES

Major in DSC PSYCHOLOGY

Under the Faculty of Humanities

Syllabi

B.A.T.Y. PSYCHOLOGY

SEMESTER V & VI

**Effective from Academic year 2026– 2027
(As per NEP-2020)**

***Forward by the Dean,
Faculty of Humanities.....***

National Education Policy 2020 has been announced on 29.07.2020. NEP 2020 proposes a new and forward-looking vision for India's Higher Education System through quality universities and colleges. Its key is in the curriculum and its practical implementation.

The curriculum must be exciting, relevant, and regularly updated to align with the latest knowledge requirements and meet specified learning outcomes. High-quality pedagogy is necessary to impart the curricular material to students successfully; pedagogical practices determine the learning experiences provided to students, thus directly influencing learning outcomes. The assessment methods must be scientific, designed to improve learning continuously test the knowledge application.

The university's proper framing and development of syllabi will result in the upbringing and nourishment of multidisciplinary and holistic citizens. Emphasis is on outcome-based learning. Every course has well-defined objectives and outcomes. The assessment guidelines also provide clarity and precision to the vision behind prescribing the particular course content.

NEP foresees more vibrant, socially engaged, cooperative communities and a happier, cohesive, cultured, productive, innovative, progressive, and prosperous nation. The introduction of Research Methodology and ethics will widen the vision and broaden the perspectives of the learners.

Introducing Case Studies and Field Projects has created a unique opportunity for the higher education institute to bridge the gap between the academia, industry and the community NEP believes effective learning requires a comprehensive approach that involves an appropriate curriculum, engaging pedagogy, continuous formative assessment, and adequate student support.

We are sure that the Graduate centers of this university and its affiliated colleges will implement the course effectively and successfully, resulting in a healthy and more creative academic ambience.

**Dean, Faculty of Humanities,
Swami Ramanand Teerth Marathwada University, Nanded.**

Forward by the Chairman, Subject Psychology

Preamble

Psychology is the scientific study of human behaviour and cognitive processes. Psychology as a Science tries to understand the behaviour of an individual in different situations while also equipping the learner with various abilities to live a well-adjusted life. Psychology not only helps us to understand why other people do the things they do, but it also helps us better understand ourselves and our reactions to other people. Psychology helps you understand how your brain and body are connected, how to improve your learning abilities and memory, and how to deal with the stresses of life, both ordinary and extraordinary.

Psychology facilitates the shaping and molding of the inner self and also deals with the development of personality inside out, thus making the person an effective human being. As a scientific discipline psychology has many subfields like Social Psychology, Clinical Psychology, Counselling Psychology, Positive Psychology, Educational Psychology, Cognitive Psychology, Industrial and Organizational Psychology, and Developmental Psychology which deal with different domains of human behaviour. The study of psychology provides students to work with the community and well-being of the society. The students can undertake careers like Counsellors, Clinical Practitioners, Therapists, Trainers, HR Managers, and Psychology Teachers in different government and private sector organizations.

Psychology graduates today need to be prepared not just in the textbook understanding of concepts but also in real-life applications that take into account a holistic understanding of a larger, socio-cultural-economic system within which their skills may be put to use.

The pursuit of knowledge of psychology as a scientific discipline and profession, along with enhanced skills is a step towards preparing students to meet the needs of an increasingly competitive job market. The structure of this Programme has also been devised as a student will have foundational as well as skill development learning opportunities so as to be employable or even self-employed.

I, as Chairman Board of Studies in Psychology, Swami Ramanand Teerth

Marathwada University, Nanded happy to state that the Program objectives have been finalized in the meeting of all the members of the Board of Studies.

- To impart knowledge of psychological concepts and modern trends in psychology.
- To foster interest in the subject of psychology and to create a foundation for further studies in psychology.
- To introduce the students to various fields of psychology.
- To make the students aware of the applications of psychological concepts in various fields so that they understand the relevance of psychology in different areas of life.

Apart from the above objectives, the affiliated institutes can add their program objectives. As the Chairman of the Board of Studies, I believe strongly that the syllabi of Psychology will help students to gain fundamental and advanced knowledge of psychology along with enhanced skills.

Dr. Gopal J. Pedapalli

Chairman, Board of Studies of Psychology,

Swami Ramanand Teerth Marathwada University, Nanded.



Swami Ramanand Teerth Marathwada University, Nanded

Members of the Board of Studies in the subject of Psychology

Under the faculty of Humanities

Sr. No.	Name of the Member	Designation	Address with mail id	Contact No.
1	Dr. G.J. Pedapalli	Chairman	Sharda Mahavidyalaya, Parbhani. drpedapalli11@gmail.com	8208654495 9890140223
2	Dr. N.M. Palwade	Member	B.Raghunath College, Parbhani. dr.palwadenm@gmail.com	9766478444
3	Dr. N.V. Singapore	Member	Sharda Mahavidyalaya, Parbhani. drnvsingapore@gmail.com	9422611302
4	Dr. G.P. Vaykos	Member	B.Raghunath College, Parbhani. vaykosg@gmail.com	9860070051
5	Dr. V.B. Rasway	Member	P.A.H.College, Ranisawargaon. dr.vishwanathrasway@gmail.com	9764990408
6	Dr. B.S. Jadhav	Member	Shivaji College, Hingoli bappajadhav24@gmail.com	9922282004



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities (Example-1 Three Optional)

Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit

Subject: DSC (Major)/DSM (Minor)

Year & Level	Semester	Optional-1	Optional-2	Optional-3	Generic Elective (GE) (select from Basket 3 of (Faculties other than Humanities))	Vocational & Skill Enhancement Course	Ability Enhancement Course (AEC) (Basket 4) Value Education Courses (VEC/ Indian Knowledge System (IKS) (Basket 5) (Common across all faculties)	Field Work / Project/ Internship/ OJT/ Apprenticeship / Case Study Or Co-curricular Courses (CC) (Basket 6 for CC) (Common across all faculties)	Credits
1	2	3	4	5	6	7	8	9	10
1 (4.5)	I	HPSYCT1101 Introduction to Psychology (2 Cr) HPSYCP1102 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits	HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits	HXXXCT1101 (2 Cr) HXXXCT1102 (2 Cr) 4 Credits	HPSYGE1101 Introduction to Social Psychology (2 Cr) 2 Credits	HPSYSC1101 Communication Skills-I (2 Cr) 2 Credits	AECNG1101(2Cr) AECXX1101(2Cr) (Hin, ar, Kan, Pal, Urd, San, etc) IKSXX1101(2Cr) 6 Credits	--	22
	II	HPSYCT1151 Basic Psychological Processes (2 Cr) HPSYCP1152 Psychology Practicum's: Experiments & Tests (2 Cr) 4 Credits	HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits	HXXXCT1151 (2 Cr) HXXXCT1152 (2 Cr) 4 Credits	HPSYGE1151 Social Psychology (2 Cr) 2 Credits	HPSYSC1151 Communication Skills-II (2 Cr) 2 Credits	AECENG1151(2Cr) AECXX1151(2Cr) (Hin, ar, Kan, Pal, Urd, San, etc) VECOI1151(2Cr) Constitution of India 6 Credits	--	22
	Cum.	08	08	08	04	04	12	00	44

2 (5.0)	III	HPSYCT1201 Psychological Testing and Statistics - I (2Cr) HPSYCT1202(2Cr) Human Development –I HPSYCP1203 Psychology Practicum's: Experiments & Tests(4Cr) 8 Credits	HPSYMT1201 Applied Psychology –I 2 Credits HPSYMP1202 Psychology Practicum's: Experiments & Tests 2 Credits 4 Credits	---	HPSYGE1201 Introduction to Indian Psychology 2Credits	HXXXVC1201 2Credits	AECENG1201(2Cr) AECXXX1201(2Cr) <i>(Hin, Mar, Kan, Pal, Urd, San, etc)</i> 4Credits	CCCXXX1201 <i>(NCC/NSS/Sports/Culture /HealthWellness/YogaEducation/Fitness)</i> 2Credits	22	88
	IV	HPSYCT1251 Psychological Testing and Statistics - II(2Cr) HPSYCT1252 Human Development –II (2Cr) HPSYCP1253 Psychology Practicum's: Experiments & Tests (4Cr) 8 Credits	HPSYMT1251 Applied Psychology – II 2 Credits HPSYMP1252 Psychology Practicum's: Experiments & Tests 2 Credits 4 Credits	---	HPSYGE1251 Concepts in Indian Psychology 2Credits	HXXXVC1251 2Credits	AECENG1251(2Cr) AECXXX1251(2Cr) <i>(Hin, Mar, Kan, Pal, Urd, San, etc)</i> VECEVS1251 (2Cr) Environmental Studies 6Credits	-	22	
	Cum. Cr.	24	16	08	08	4+4=08	22	02	44	

Exitoption:UG Diploma in Major <u>DSC</u> and Minor <u>DSM</u> on completion of 88 credits and additional 4 credits NSQF/ Internship in <u>DSC</u>										
3 (5.5)	V	HPSYCP1301 Psychology Practicum's: Experiments & Tests (4Cr) HPSYCT1302 Abnormal Psychology(4Cr) HPSYCT1303 Introduction to Counselling (4Cr) Total :12Credits	HPSYET 1301 Organizational Behavior (The Individual)2 Credits OR HPSYE T1302 Positive Psychology-I 2 Credits HPSYEP1303 Psychology Practicum's:Experiments &Tests 2 Credits	-----	-	----	HPSYVC1301 Applied Psychology Part-I 2 Credits	-----	HPSYFP1301 Field Project 4 Credits	22
	VI	HPSYCP1351 Psychology Practicum's: Experiments & Tests (4Cr) HPSYCT1352 Psychopathology (4Cr) HPSYCT1353 Theories and Applications of Counselling (2Cr) HPSYIK1351 Ancient Indian Psychology (2Cr) Total : 12Credits	HPSYET 1351 Organizational Behavior (The Group) 2 Credits OR HPSYET1352 Positive Psychology-II 2 Credits HPSYEP 1353 Psychology Practicum's:Experiments &Tests 2Credits	--	--	---	HPSYVC1351 Applied Psychology Part-II 2 Credits	----	HPSYOJ1351 On Job Training 4 Credits	22
	Cum. Cr.	48+8=56	16	08	08	4 + 8 =12	22	10	44	132
Exitoption:Bachelor of Humanities with Major in <u>DSC</u> and Minor in <u>DSM</u>										



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Basket 1: Major/ Elective Course for Semester V and VI (C): Each of 04/02 Credits

Semester	BOS Proposing Major	Details of Major/Elective Course (M)	
		CODE	Title of the Course
Semester-V	BOS In Psychology	HPSYCP 1301	Psychology Practicum's: Experiments & Tests
		HPSYCT 1302	Abnormal Psychology
		HPSYCT 1303	Introduction to Counselling
		HPSYET 1301	Organizational Behavior (The Individual)
		HPSYEP1302	Psychology Practicum's: Experiments & Tests
Semester-VI	BOS In Psychology	HPSYCP1351	Psychology Practicum's: Experiments & Tests
		HPSYCT1352	Psychopathology
		HPSYCT1353	Theories and Applications of Counselling
		HPSYET 1351	Organizational Behavior The Group)
		HPSYEP 1352	Psychology Practicum's: Experiments & Tests

Swami Ramanand Teerth Marathwada University, Nanded Faculty of Humanities Major in Psychology
Vocational Course (VC)

Each BOS will suggest Vocational Courses (minimum one and maximum four) for semester V and VI

Semester	BOS Proposing Vocational Courses	CODE	Title of the Course
Sem-V	BOS in Psychology	HPSYVC1301	Applied Psychology Part-I
Sem-VI	BOS in Psychology	HPSYVC1351	Applied Psychology Part-II

Swami Ramanand Teerth Marathwada University, Nanded Faculty of Humanities Major in Psychology
Indian Knowledge System - Major Related (02 Credits)

Semester	Details of IKS Course	
	CODE	Title of the Course
Semester - VI	HPSYIK1351	Ancient Indian Psychology



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Third Year Programme , Semester V (Level 5.5)
Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs./ week 1Hrs.=60M.)	
			Theory	Practical	Total	Theory	Practical
Major	HPSYCP1301	Psychology Practicum's: Experiments &Tests	--	04	04	--	08
	HPSYCT1302	Abnormal Psychology	04	--	04	04	--
	HPSYCT1303	Introduction to Counselling	04	--	04	04	--
Elective	HPSYET 1301	Organizational Behavior (The Individual)	02	--	02	02	--
	HPSYET1302	OR Positive Psychology-I					
	HPSYEP1303	Psychology Practicum's:Experiments &Tests	--	02	02	--	04
Vocational Course	HPSYVC1301	Applied Psychology Part-I	--	02	02	--	04
Field Project	HPSYFP1301	Field Project	--	04	04	--	04
Total Credits			10	12	22	10	20



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Third Year Programme , Semester VI (Level 5.5)
Teaching Scheme

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs./ week 1Hrs.=60M.)	
			Theory	Practical	Total	Theory	Practical
Major	HPSYCP1351	Psychology Practicum's: Experiments & Tests	--	04	04	--	08
	HPSYCT1352	Psychopathology	04	--	04	04	--
	HPSYCT1353	Theories and Applications of Counselling	02	--	02	02	--
	HPSYIK1351	Ancient Indian Psychology	02	--	02	02	--
Elective	HPSYET 1351	Organizational Behavior (The Group)	02	--	02	02	--
	HPSYET1352	Positive Psychology-II					
	HPSYEP1353	Psychology Practicum's: Experiments & Tests	--	02	02	--	04
Vocational Course	HPSYVC1351	Applied Psychology Part-II	--	02	02	--	04
OJT	HPSYFP1351	On Job Training	--	04	04	--	04
Total Credits			10	12	22	10	20



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate Third Year Programme, Semester V (Level 5.5) Examination Scheme
[40% Continuous Assessment (CA) and 60% End Semester Examination (ESE)]

Subject (1)	Course Code (2)	Course Name (3)	Theory					Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)
			Continuous Assessment (CA)				ESE	Continuous Assessment (CA)	ESE	
			Test I (4)	Assignm ent (5)	Class Attendance (6)	Avg of T1+ Assi.+ Class Attendance (7)	Total (8)	(9)	(10)	(11)
Major	HPSYCP1301	Psychology Practicum’s: Experiments &Tests	--	--	--	--	--	40	60	100
	HPSYCT1302	Abnormal Psychology	20	12	08	40	60	---	---	100
	HPSYCT1303	Introduction to Counselling	20	12	08	40	60	---	---	100
Elective	HPSYET 1301	Organizational Behavior (The Individual)	10	06	04	20	30	---	---	50
	HPSYET1302	OR Positive Psychology-I								
	HPSYEP1303	Psychology Practicum’s:Experiments &Tests	---	---	---	---	---	20	30	50
Vocational Course	HPSYVC1301	Applied Psychology Part-I	---	---	---	---	---	20	30	50
Field Project	HPSYFP1301	Field Project	--	--	--	--	--	40	60	100



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate Third Year Programme, Semester V (Level 5.5) Examination Scheme
[40% Continuous Assessment (CA) and 60% End Semester Examination (ESE)]

Subject (1)	Course Code (2)	Course Name (3)	Theory					Practical		Total Col (7+8)] (TH) Col (9+10)] (PR)
			Continuous Assessment (CA)				ESE	Continuous Assessment (CA)	ESE	
			Test I (4)	Assignm ent (5)	Class Attendance (6)	Avg of T1+ Assi.+ Class Attendance (7)	Total (8)	(9)	(10)	(11)
Major	HPSYCP1351	Psychology Practicum’s: Experiments &Tests	--	--	--	--	--	40	60	100
	HPSYCT1352	Psychopathology	20	12	08	40	60	---	---	100
	HPSYCT1353	Theories and Applications of Counselling	10	06	04	20	30	---	---	50
	HPSYIK1351	Ancient Indian Psychology	10	06	04	20	30	---	---	50
Elective	HPSYET 1351	Organizational Behavior (The Group)	10	06	04	20	30	---	---	50
	HPSYET1352	OR Positive Psychology-II								
	HPSYEP1353	Psychology Practicum's: Experiments &Tests	---	---	---	---	---	20	30	50
Vocational Course	HPSYVC1351	Applied Psychology Part-II	---	---	---	---	---	20	30	50
OJT	HPSYFP1351	On Job Training	--	--	--	--	--	40	60	100

Swami Ramanand Teerth Marathwada University, Nanded

Under the Faculty of Humanities

SYLLABUS

PSYCHOLOGY

**B.A. Third YEAR
(UNDER GRADUATION)**

SEMESTER PATTERN

SEMESTER FIFTH

Effective from Academic year 2026-2027

As Per NEP-2020



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester V

Paper Code: HPSYCP1301,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.

Template for the 4-year UG programme of the Faculty of Humanities of SRTMUN, Nanded

- Demonstrate skills in the effective construction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCP1301,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details: (for 4 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs. = 60M.
		Any Ten Out of Fifteen	
	1	Neuroticism Scale	30
	2	Optimistic – Pessimistic Attitude Scale	
	3	Alienation Scale	
	4	Multivariable Personality Inventory	30
	5	Depression Inventory	
	6	Perceived Loneliness Scale	
	7	Adjustment Inventory	30
	8	Frustration Test	
	9	Mental Depression Scale	
	10	Self Confidence	30
	11	Youth Problems Inventory	
	12	Concept Formation Test	
	13	Locus of control	30
	14	Effect of Noise on Performance	
	15	Science Attitude Scale	
		Total	120

Template for the 4 year UG programme under the Faculty of Humanities of S.R.T.M.U., Nanded

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
20	20	20	60	40	100

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
2. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
4. Mohanthy. Experiments in Psychology.
5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
10. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYCT1302

Title: Abnormal Psychology

Curriculum Details

Course Objectives:

- 1) To acquaint the student with concept of abnormal behaviour
- 2) Intrudes various types, causes and treatment of psychological disorders
- 3) To impart knowledge about the normality and abnormality.
- 4) To make students understand the nature and course of various abnormal conditions.
- 5) To impart knowledge and skills needed for Psychological assessment of different abnormal conditions.

Course Outcomes:

1. Explain the concept of abnormal behavior and distinguish between normal and abnormal psychological functioning.
2. Describe diffecentmental disorders and the symptoms according to modern classification systems.
3. Analyze the causes of psychological disorders us in biological, psychological, and sociocultural perspectives.
4. Apply basic assessment techniques us edforidentifying abnormal behaviour.



Swamin Ramanandn Teerthn Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYCT1302

Title: Abnormal Psychology

Curriculum Details:(for 4 Credits)

oduleNo.	UnitNo.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Abnormal Behaviour	
	1.1	Concepts,History,and Research Methods Introduction	15
	1.2	Classification of Abnormal Behaviour	
	1.3	Mental Disorders: Maladaptive Behaviour	
	1.4	ClassificationofMentalDisordersAccordingtotheDS M-5, Difficulties Associated with Labelling	
2.0		Causes of Abnormal Behavioral Perspectives	
	2.1	Necessary, Sufficient and Contributory Causes	15
	2.2	Feedback and Circularity Underlying Abnormal Behaviour, Diathesis- Stress Models Models/Perspectives	
	2.3	Biological Causes. Psychosocial Perspective	
	2.4	Psychosocial Causes, Socio- cultural Perspective	
3.0		Mood Disorders and Their Treatment	
	3.1	Types of Depressive Disorders. Causes of Mood Disorders, Psychological factors	15
	3.2	Electroconvulsive Therapy(ECT), Psychological Therapies, Behavioural Therapy	
	3.3	Cognitive Therapy	
	3.4	Interpersonal Therapy	
4.0		Somatic and Dissociative Disorders	
	4.1	Dissociative Amnesia and Fugue, Dissociative Identity Disorder, Depersonalization Disorder	15
	4.2	Causes of Somatic and Dissociative Disorders	
	4.3	Biological Factors, Psychosocial Factors	
	4.4	Socio cultural Factors, Treatment and Outcomes	
		Total	60

Template for the 4 year UG programme under the Faculty of Humanities of S.R.T.M.U. Nanded

Books for Readings :-

1. Robert.C.Carson, James N. Butcher, Susan Mineka (1998): Abnormal Psychology and Modern Life- 10th edition–Library of Congress.
2. Irwin.G. Sarason, Barbara R. Sarason (2005) : Abnormal Psychology, Prentice Hall.
3. Lamman : Introduction to Psychopathology.
4. Buss A.H.: Psychopathology
5. Ahuja N.(2011):A Short Textbook of Psychiatry, (7th Ed).New Delhi : Jay pee
6. Barlow D.H. and Durand V.M. (2005): Abnormal Psychology: An Integrated Approach,(4th Ed.).Wads worth: New York.
7. Carson R.C., Butcher J.N., Mineka, S., & Hooley J.M. (2007): Abnormal Psychology, (13th Ed.).ND: Pearson Education.
8. Dr.Mansi Rajhans, Angha Patil and Dr. Sushil Surve (2001): Apsamanyache Manashatra, Unmesh Prakashan, Pune
9. Nadkumar Kulthe : Manasrang, Sumedha Prakashan, Pune.
10. Nadkumar Kulthe : Batchit Manovikar Chikistakanshi, Shanti Prakashan, Pune.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate Third Year Programme, Semester V

Paper Code: HPSYCT1303, Title: Introduction to Counselling (CT)
Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To introduce students to the basic concepts, definitions, and goals of counselling
- To familiarize students with the counselling process.
- To provide knowledge of counselling interview techniques, including verbal and non-verbal communication.
- To explore various approaches and theories of Counselling.

Course Outcomes:

After successful completion of the course, students will be able to:

- Understand counselling and explain its goals and importance in personal and professional contexts.

Template for the 4-year UG Programme Under the Faculty of Humanities of S.R.T.M.U., Nanded

- Understand the counselling process.
- Explain the stages and process of counselling, including preparation and relationship building.
- Apply interviewing techniques and non-verbal communication skills in counselling situations.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1303, Title: Introduction to Counselling (CT)
Curriculum Details: (for 4 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Introduction	
	1.1	Definition of Counselling	
	1.2	Difference between guidance and counselling	
	1.3	Goals of counselling: Immediate-Long range-major goals	
	1.4	Professional and ethical issues	15
2.0		Counselling Process	
	2.1	Preparation for counselling	
	2.2	Counselling relationship	
	2.3	Counselling content and process	
	2.4	Steps in the counselling process	15
3.0		Counselling Interaction	
	3.1	Counselling interaction	
	3.2	Variables affecting the counselling process	
	3.3	Counselee-counsellor relationship	
	3.4	Counselling skills and portrait of an effective counsellor	15
4.0		Counselling Interview	
	4.1	Essential aspects of interviewing	
	4.2	Non-verbal communication in interview	
	4.3	Interviewing techniques in counselling	
	4.4	Sharing of experience	15
		Total	60

Template for the 4 year UG programme under the Faculty of Humanities of S.R.T.M.U., Nanded

Text Books:

- **Deshpande C.G.(2010):** *Samupadeshan* (Marathi), Unmesh Prakashan,Pune.
- **Hirve and Tadsare (2008):** *Samupadeshan Manasshastra*, PhadkePrakashan,Kolhapur.
- **Nadkumar Kulthe :** *Antrang Yuvamanche*, Shanti Prakashan, Pune.

References:

- **Gelso, C.J. Fertz, B.R. (1995):** *Counselling Psychology*, Prism Books Pvt.Ltd., Bangalore.
- **S Narayana Rao (2002):** *Counselling and Guidance*, (2nd Edition), Tata McGraw Hill Publishing Company Limited, New Delhi.
- **R. L. Gibson and M. H. Mitchell (2008):** *Introduction to counselling and guidance*, Prentice Hall New Delhi. (Eastern EconomyEdition).
- **Feltham, C. and Horton I. (2000):** *Handbook of Counselling and Psychotherapy*, Sage, London.
- **Misra, G. (Ed) (2010).** *Psychology in India*, Volume 3: Clinical and Health Psychology, Pearson India, New Delhi.
- **Gideon Arulnagmani (2004):** *Career Counselling*, A Handbook - Tata Mc - Graw Hill Publishing Company Limited, New Delhi.

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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYET1301

Title: Organizational Behavior (The Individual)

Curriculum Details

Course Objectives:

- To introduce the Individual Behavior
- To introduce the Emotions and Moods
- To introduce Personality of Individual
- To introduce Motivation of Individual

Course Outcomes:

- Understanding the Individual Behavior
- Understanding the Emotions and Moods
- Understanding the Personality of Individual
- Understanding the Motivation of Individual



Swamin Ramanandn TeerthnMarathwadanUniversity, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYET1301

Title: Organizational Behavior (The Individual)
Curriculum Details :(for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		What is Organizational Behavior?	8
	1.1	The Importance of Interpersonal Skills	
	1.2	Challenges and Opportunities for OB	
	1.3	Coming Attractions : Developing an OB model	
2.0		Emotions and Moods	8
	2.1	What are Emotions and Moods?	
	2.2	Emotional Labor, Affective Events Theory	
	2.3	Emotional Intelligence, Applications of Emotions and Moods	
3.0		Personality and Values	7
	3.1	Personality, Values	
	3.2	Linking an Individuals Personality and Values to the Workplace	
	3.3	International Values	
4.0		Motivation Concepts	7
	4.1	Defining Motivation, Early Theories of Motivation	
	4.2	Contemporary Theories of Motivation	
	4.3	Integrating Contemporary Theories of Motivation	
			30

Books for Readings :

1. Stephen P. Robbins., Timothy A. Judge., Neharika Vohra. (2013) 15th Ed. Organizational Behavior. Pvt. Ltd. Licensees of Pearson Education in South Asia, New Delhi, India.
2. Callahan, D. (2004). The cheating culture: Why more Americans are doing wrong to get ahead. New York: Harcourt Books
3. Michaels, E., Handfield-Jones, H., & Axelrod, B. (2001). The war for talent. Boston: Harvard Business School Publishing.
4. Pfeffer, J. (1998). The human equation: Building profits by putting people first. Boston: Harvard Business School Press.
5. Myers, I. B. (1962). The Myers-Briggs Type Indicator. Princeton, NJ: Princeton University Press
6. Rokeach, M. (1973). The nature of human values. New York: Free Press.
7. Maslow, A. H. (1954). Motivation and personality. New York: Harper.
8. Locke, E. A., & Latham, G. P. (1990). A theory of goal setting & task performance. Englewood Cliffs, NJ: Prentice Hall
9. Csikszentmihalyi, C. (1997). Finding flow: The psychology of engagement with everyday life. New York: Basic Books.
10. Fontana, D. (1989). Managing stress. Published by the British Psychology Society and Routledge.
11. Goleman, D. (1995). Emotional intelligence. New York: Bantam Books.
12. Goleman, D. (1998). Working with emotional intelligence. New York: Bantam Books.
13. Miller, P. M. (1986). Hilton head executive stamina program. New York: Rawson Associates.
14. Ornish, D. (1984). Stress, diet and your heart. New York: Signet.
15. Pfeffer, J. (1998). The human equation: Building profits by putting people first. Boston: Harvard Business School Press.
16. Emily Post's etiquette advantage in business. New York: Collins Living
17. Fine, D. (2005). The fine art of small talk. New York: Hyperion.
18. Gabor, D. (1983). How to start a conversation and make friends. New York: Legacy; Post, E. (2005).
19. Hall, E. (1976). Beyond culture. Garden City, NY: Doubleday.
20. Iacocca, L., & Novak, W. (1984). Iacocca: An autobiography. New York: Bantam Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYET1302

Title: Positive Psychology-I

Curriculum Details

Course Objectives:

- To introduce the Positive Psychology
- To introduce the Lives , Happiness and Satisfaction
- To introduce the Satisfaction and Challenges
- To introduce s the About Psychological Theories

Course Outcomes:

- Understanding about the Positive Psychology
- Understanding the Lives , Happiness and Satisfaction
- Understanding the Satisfaction and Challenges
- Understanding the About Psychological Theories



Swamin Ramanandn TeerthnMarathwadanUniversity, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYET1302

Title: Positive Psychology-I

Curriculum Details :(for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Meaning, Definition and Nature of Positive Psychology	8
	1.1	Definitions and Nature of Positive Psychology	
	1.2	Traditional Psychology, Assumptions and Goals of Positive Psychology	
	1.3	Fields of Positive Psychology, The Nun study: Living longer with positive emotions.	
2.0		Happiness and the Facts of Life	8
	2.1	Psychology of well-being. Positive affect and Meaningful Life, Subjective Well-being: Hedonic basis of happiness	
	2.2	Self-Realization: The Eudemonic basis of happiness	
	2.3	Happiness Across the Life Span, Gender and happiness, Marriage and happiness, other facts of life	
3.0		Positive Emotions, Wellbeing and Resilience	7
	3.1	What are positive emotions? The Broaden and Build Theory of Positive Emotions.	
	3.2	Positive Emotions and Health Resources: Physical, Psychological and Social Resources	
	3.3	Positive emotions & well-being, Flow experiences and Savoring, Perspectives of Resilience, Resilience Research	
4.0		Resilience	7
	4.1	What is Resilience?	
	4.2	Resilience Research	
	4.3	Growth Through Trauma	
			30

Template for the 4 year B.A. programme under the Faculty of Humanities of S.R.T.M.U., Nanded

Books for Reading:

1. Badgujar, Chudaman, & Warkhede, Prabhakar (2016) Sakaratmak Manasashatra, Prashant Publications, Jalgaon.
2. Baumgardner, S. R., & Crothers, M. K. (2009). Positive Psychology: Pearson Education.
3. Carr, Alan (2007). Positive Psychology: The science of human happiness and human strengths. Routledge, Taylor and Francis Group-London.
4. Csikzentmihalyi, Mihaly (1990) Flow: The Psychology of Optimal Experience, Harper Perennial.
5. Garcia, Hector., & Mirrales. Francesc. (2017) IKIGAI-The Japanese Secret to a Long and Happy Life, Hutchinson London.
6. Frankl, Viktor E. (1988). The Will to Meaning: Foundations and Applications of Logotherapy. Meridian/Plume
7. Frankl, Viktor E. (2000) Man's Search for Ultimate Meaning, Basic Books.
8. Shinde, Vishwanath (2016). Sakaratmak Manasshatra, Daimond Publications, Pune.
9. Snyder, C. R., & Lopez, S. J., & Pedrotti, J. T (2011) Positive Psychology: The Scientific and Practical Explorations of Human Strengths, Sage Publications India Pvt Ltd.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester V

Paper Code: HPSYEP1303,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.

Template for the 4-year UG programme of the Faculty of Humanities of Swami Ramanand Teerth Marathwada University, Nanded

- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYEP1303,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs. = 60M.
		Any Five Out of Eight	
	1	Facial Expression	15
	2	Test of Emotional Intelligence	
	3	Emotional Maturity Scale	15
	4	Achievement Motivation Scale	
	5	Introversion-Extroversion Test	15
	6	Type A/B Behaviour Pattern Scale	
	7	Value Test	15
	8	16 PF	
		Total	60

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
10	10	10	30	20	50

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
2. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
4. Mohanthy. Experiments in Psychology.
5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
10. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYVC1301

Title: Applied Psychology Part-I

Curriculum Details

Course Objectives:

- To train student how psychological principles can help them to face life's challenges
- To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem
- To enable student to make the connection between psychology and its practical application to everyday life.

Course Outcomes:

- Students learned how Psychological principles can help in facing life's challenges.
- Students learned how to connect what they were studying in class with various aspects of their daily lives such as Stress, Health, Work, Personal Relationship, Communication and Self-Esteem.
- Enabled students to understand the relationship between psychology and its practical application in daily life.

Swamin Ramanandn TeerthnMarathwadanUniversity, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYVC1301



Title: Applied Psychology Part-I
Curriculum Details :(for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		DEVELOPING AN ASSERTIVE COMMUNICATION	8
	1.1	The nature of assertiveness	
	1.2	Steps in assertiveness training	
	1.3	Application :- Measurement of Assertiveness	
2.0		OVERCOMING LONELINESS	8
	2.1	The nature, Prevalence of loneliness	
	2.2	The roots of loneliness, Correlates of loneliness	
	2.3	Application :- Measurement of Loneliness	
3.0		UNDERSTANDING INTIMATE VIOLENCE	7
	3.1	Partner abuse	
	3.2	Child abuse	
	3.3	Application :- Measurement of Aggression	
4.0		GETTING AHEAD IN THE JOB GAME	7
	4.1	Putting together a resume	
	4.2	Finding companies you want to work for, Landing an interview, Polishing your interview technique	
	4.3	Application :- Measurement of Job Satisfaction	
			30

Distribution of Marks

ESE				CA	Total
Practical Activities	Practical Activities Report	Viva	Total	Internal	
10	10	10	30	20	50

Books for Readings:-

1. Brannon, L. and Feist, J. (2007). Introduction to health psychology, India ed. N.D.:Thomson.
2. Coleman, J.C. Psychology and effective behaviour, Bombay: D.B. Taraporevala Sons &Co.
3. Dimatteo, M.R. and Martin, L.R. (2002). Health Psychology. N.D.: Pearson.
4. Dongare N.N.(2011), Upyojit Manasshastra, Prashant Publication, Jalgaon.
5. Eastwood Atwater (1995) Psychology for Living, Adjustment, Growth, and Behaviour today, prentice hall of India Private Limited, New Delhi, 5th Edition.
6. Gray, S.W. and Zide, M.R. Psychology: A competency based assessment model for social workers, Thomson Group Pole India Edition (2008).
7. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
8. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed., Health psychology: Theory, research and practice. N.D. : Sage Pub.
9. Martin, L.G.; Osborne, G. (1989). Psychology: Adjustment and everyday living, N.J.: Prentice-Hall, Englewood Cliffs.
10. Weiten, W., Lloyd A. M. (2004). Psychology Applied to Modern Life: Adjustment in the 21st Century. (7th Ed) Singapore: Thomson Wadsworth Pvt. Ltd.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYFP1301

Title: Field Project

Curriculum Details(For 4 Credits)

Course pre-requisite:

- Books
- ICT

Course objectives:

- Research and statistical analysis can generate meaningful insights.
- Explanatory research aims to determine causal relationships and explain why certain events or phenomena occur.
- Evaluative research assesses the effectiveness, efficiency, or impact of programs, interventions, or policies.

Course outcomes:

1. Research results often identify avenues for future research and exploration. Research results may also suggest changes or improvements.
2. . Research studies help guide future researchers and provide a basis for the development of new research projects and initiatives.
3. 3. Research studies help guide future researchers and provide a basis for the development of new research projects and initiatives



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -V

Paper Code: HPSYFP1301

Title: Field Project

Curriculum Details (For 4 Credits)

Module No.	Unit No.	Name of Topic	Hrs. Required to cover the contents 1Hr.=60Min.
1.0		Introduction	15
	1.1	Definition of field project	
	1.2	Nature of field project	
	1.3	Frequency of field project	
	1.4	Selection of topic for field project.	
2.0		Review of literature	15
	2.1	Review of literature	
	2.2	Formulation of objectives	
	2.3	Methodology	
	2.4	Summary	
3.0		Data collection	15
	3.1	Primary data collection and its sources	
	3.2	Secondary data collection and its sources	
	3.3	Field survey for data collection	
	3.4	Interview	
4.0		Report writing (20-25Pages)	15
	4.1	Report writing	
	4.2	Analysis	
	4.3	Suggestions	
	4.4	Finding	
Total			60

Books for Readings:

1. Singh, A. K. (2006): Tests Measurement & Research Methods in Behavioural Science, (5th Ed). Patna: Bharti Bhavan.
2. Broota, K. D. (1989): Experimental Design in Behavioural Research. New Delhi: Wiley Eastern Ltd.
3. McBurry, D. H. (2002): Research Methods, USA: Wordsworth, Thompson.
4. Kerlinger, F. N. (1994): Fundamentals of Behavioural Research, (3rd ed).
5. Shaughnessy, J.J. & Zechmiester, E. B. (1997): Research Methods in Psychology (4th ed).
6. . Zechmiester, J. S. Zechmiester, E. B. & Shaughnessy, J.J. (2001): Essentials of Research Methods in Psychology.
7. Robinson, P. W. (1976): Fundamentals of Experimental Psychology. Prentice-hall.
8. 8. Mangal, S.K. & Mangal Shubhra (2013) : Research Methods in Behavioural Sciences. PHI Learning privet limited, New Delhi.

Books for Reference:

1. Borude, R. R. (2005): Sanshodhan Paddhatishastra. Pune: Pune Vidyarthi Grhua.
2. 2. Desai, B. & Abhyankar, S. C. (2007): Prayogik Manasashastra and Sanshodhan Paddhati. Pune: Narendra Prakashan.
3. Kothari, C. R. (1985): Research Methodology: Methods & Techniques. New Delhi: Wiley Eastern Ltd.

Swami Ramanand Teerth Marathwada University, Nanded

Under the Faculty of Humanities

SYLLABUS

PSYCHOLOGY

**B.A. Third YEAR
(UNDER GRADUATION)**

SEMESTER PATTERN

SEMESTER SIXTH

Effective from Academic year 2026-2027

As Per NEP-2020



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Under Graduate Second Year Programme, Semester VI

Paper Code: HPSYCP1351,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCP1351,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details: (for 4 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs. = 60M.
		Any Ten Out of Fifteen	
	1	Internet Addiction Test	30
	2	Mental Health Inventory	
	3	Mobile Phone Addiction Test	
	4	Neurotics Anonymous test of Mental & Emotional Health	30
	5	Dyslexia Test	
	6	Anxiety Test	
	7	Satwa Bodh Parikshan	30
	8	Reaction time	
	9	Human Maze Learning	
	10	Depth Perception	30
	11	Personality Inventory	
	12	Study of Values	
	13	Concept Formation	30
	14	Addiction Screening Test	
	15	Schizophrenia Screening Test	
		Total	120

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
20	20	20	60	40	100

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
2. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
4. Mohanthy. Experiments in Psychology.
5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
10. Kuppaswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYCT1352

Title: Psychopathology

Curriculum Details

Course Objectives:

1. To acquaint the student with concept of abnormal behaviour
2. Intrudes various types, causes and treatment of psychological disorders
3. To impart knowledge about the normality and abnormality.
4. To make students understand the nature and course of various abnormal conditions.
5. To impart knowledge and skills needed for Psychological assessment of different abnormal conditions.

Course Outcomes:

1. Explain the concept of abnormal behavior and distinguish between normal and abnormal psychological functioning.
2. Describe different mental disorders and the symptoms according to modern classification systems.
3. Analyze the causes of psychological disorders in biological, psychological, and sociocultural perspectives.
4. Apply basic assessment techniques used for identifying abnormal behaviour.



Swamin Ramanandn Teerthn Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYCT1352
Title: Psychopathology

Curriculum Details:(for 4 Credits)

oduleNo.	UnitNo.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Schizophrenia and Delusional Disorder	
	1.1	The clinical picture in schizophrenia	15
	1.2	Subtypes & Causal Factors and Treatment	
	1.3	Delusional (parasol) Disorder	
	1.4	The Clinical picture and Causal factors in Delusional Disorder, Treatment and outcomes	
2.0		Brain Degeneration and Other Cognitive Disorders	
	2.1	Brain Degeneration and Adult Disorders	15
	2.2	Adult Brain Damage and Impairment of Psycho-Intellectual Functioning, Alzheimer's-type Dementia Disorders,	
	2.3	General Clinical Features of Neuropsychiatric	
	2.4	Disorders Symptom Profile of Neuropsychiatric	
3.0		Mental Retardation	
	3.1	Retardation Brain Defects in Mental Retardation	15
	3.2	Disorders Caused by Organ Damage Mental Retardation, Caused by Cultural-Family	
	3.3	Causes Problems in Measuring Mental Retardation	
	3.4	Treatment, Its Effects and Prevention	
4.0		Internet Addiction	
	4.1	Definition of Internet Addiction, Social media addiction, Gaming, Online shopping, Online gambling addiction	15
	4.2	Symptoms and diagnostic features: (Major causes) Habit, Boredom and depression, Loneliness	
	4.3	Psychological scales for Internet addiction, Self-report questionnaires, Observation and clinical interviews	
	4.4	Cases studies of internet addiction, Digital well-being and responsible internet use	
		Total	60

Books for Readings :-

1. Robert.C.Carson, James N. Butcher, Susan Mineka (1998): Abnormal Psychology and Modern Life- 10th edition–Library of Congress.
2. Irwin.G. Sarason, Barbara R. Sarason (2005) : Abnormal Psychology, Prentice Hall.
3. Lamman : Introduction to Psychopathology.
4. Buss A.H.: Psychopathology
5. Ahuja N.(2011):A Short Textbook of Psychiatry, (7th Ed).New Delhi : Jay pee
6. Barlow D.H. and Durand V.M. (2005): Abnormal Psychology: An Integrated Approach,(4th Ed.).Wads worth: New York.
7. Carson R.C., Butcher J.N., Mineka, S., & Hooley J.M. (2007): Abnormal Psychology, (13th Ed.).ND: Pearson Education.
8. Dr.Mansi Rajhans, Angha Patil and Dr. Sushil Surve (2001): Apsamanyache Manashatra, Unmesh Prakashan, Pune
9. Nadkumar Kulthe : Manasrang, Sumedha Prakashan, Pune.
10. Nadkumar Kulthe : Batchit Manovikar Chikistakanshi, Shanti Prakashan, Pune.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities. Major in Psychology
Under Graduate Third Year Programme, Semester VI

Paper Code: HPSYCT1353,
Title: Theories and Applications of Counselling (CT)
Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To introduce students to major theories and techniques of counselling
- To familiarize students with psychological testing and diagnosis
- To enhance knowledge of educational counselling
- To provide exposure to practical applications of counselling in family, marital, career, and addiction contexts

Course Outcomes:

After successful completion of the course, students will be able to:

- Explain major counselling approaches such as psychodynamic, humanistic, cognitive, and behavioural techniques.
- Identify and differentiate various psychological tests and their relevance in counselling settings.

After successful completion of the course, students will be able to:
• Explain major counselling approaches such as psychodynamic, humanistic, cognitive, and behavioural techniques.
• Identify and differentiate various psychological tests and their relevance in counselling settings.

After successful completion of the course, students will be able to:
• Explain major counselling approaches such as psychodynamic, humanistic, cognitive, and behavioural techniques.
• Identify and differentiate various psychological tests and their relevance in counselling settings.

- Demonstrate understanding of counselling applications in family, marital, career, and addiction-related issues.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYCT1353,

Title: Theories and Applications of Counselling (CT)

Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Theories and Techniques of Counselling	
	1.1	Psychodynamic approach – Freud, Humanistic approach – Client Centred	08
	1.2	Cognitive approach – Rational Emotive Therapy, Behavioural approach – Behaviour Modification	
	1.3	Yoga and Meditation	
2.0		Psychological Testing and Diagnosis	
	2.1	Types of Psychological Tests	08
	2.2	Test use in Counselling situations	
	2.3	Test interpretation in counselling, Non-test appraisal techniques	
3.0		Educational Counselling	
	3.1	Counselling the elementary school-child	07
	3.2	Counselling at high school&at college	
	3.3	The role of teachers in counselling, Educational counselling and curriculum	
4.0		Counselling Applications	
	4.1	Family counselling, Counselling with parents	07
	4.2	Pre-marital and marital counselling, Career counselling	
	4.3	Counselling drug addicts	
		Total	30

Text Books:

- **Deshpande C.G.(2010):** *Samupadeshan* (Marathi), Unmesh Prakashan,Pune.
- **Hirve and Tadsare (2008):** *Samupadeshan Manasshastra*, PhadkePrakashan,Kolhapur.
- **Nadkumar Kulthe :** *Antrang Yuvamanche*, Shanti Prakashan, Pune.

References:

- **Gelso, C.J. Fertz, B.R. (1995):** *Counselling Psychology*, Prism Books Pvt.Ltd., Bangalore.
- **S Narayana Rao (2002):** *Counselling and Guidance*, (2nd Edition), Tata McGraw Hill Publishing Company Limited, New Delhi.
- **R. L. Gibson and M. H. Mitchell (2008):** *Introduction to counselling and guidance*, Prentice Hall New Delhi. (Eastern EconomyEdition).
- **Feltham, C. and Horton I. (2000):** *Handbook of Counselling and Psychotherapy*, Sage, London.
- **Misra, G. (Ed) (2010).** *Psychology in India*, Volume 3: Clinical and Health Psychology, Pearson India, New Delhi.
- **Gideon Arulnagmani (2004):** *Career Counselling, A Handbook* - Tata Mc - Graw Hill Publishing Company Limited, New Delhi.

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Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities, IKS in Psychology
Under Graduate Third Year Programme, Semester VI

Paper Code: HPSYIK1351, Title: Ancient Indian Psychology (IKS)
Curriculum Details

Course pre-requisite:

1. Books
2. ICT

Course Objectives:

- To understand the fundamental concepts, cognitive processes, and personality theories of Ancient Indian Psychology.
- To develop an understanding of healthy personality, mental well-being, and mind-body relationships from an Indian psychological perspective.
- To acquire knowledge of mindfulness and meditation practices and their applications in promoting psychological well-being.

Course Outcomes:

After successful completion of the course, students will be able to:

- Describe and explain the meaning, historical evolution, and cognitive processes of Ancient Indian Psychology.
- Evaluate the concepts of healthy personality and mind-body relationships in Indian Psychology.
- Demonstrate an understanding of mindfulness and various meditation practices and their role in enhancing psychological well-being.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities IKS in Psychology
Paper Code: HPSYIK1351, Title: Ancient Indian Psychology (IKS)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Introduction to Ancient Indian Psychology	
	1.1	Definition of Ancient Indian Psychology	7
	1.2	Nature and scope of Indian Psychology	
	1.3	History of Indian Psychology: Ancient Period, Medieval Period, Pre-Independence Period, Post-Independence Period, Modern Period	
2.0		Indian Psychology in Ancient Times	
	2.1	Explanation of cognitive process in Ancient Indian Psychology: Perception, Attention and Distraction, Memory and Imagination, Thought and Language	8
	2.2	Explanation of Personality in Ancient Indian Psychology	
	2.3	Abhidhamma: An Eastern Personality Theory, Personality Types	
3.0		Indian Psychology for Healthy Personality	
	3.1	The Healthy Personality and Mental Disorder	7
	3.2	Arahat : Ideal type of Healthy Personality	
	3.3	Mind Body Complex in Indian Psychology	
4.0		Mindfulness, Meditation, and Psychological Well-being	
	4.1	Definition of mindfulness, Importance of mindfulness in daily life	8
	4.2	Dhyana (Meditation) in Indian traditions, Types of meditation: Concentrative, Mindfulness, Transcendental, Loving-Kindness Meditation	
	4.3	Psychological Benefits of Mindfulness and Meditation: Improvement in attention and concentration, Emotional regulation and self-awareness, Enhancement of cognitive functioning, Development of resilience and positive mental health	
		Total	30

TextBooks:

- **Dr. Shashikant Hari Khalane(2025):** *BhartiyManasshastra*(Marathi), Atharv Prakashan, Dhule.
- **Chaoudhari A.(2008):** *BhartatilManasshastra: Sadhyache Trend Ani Drushtikon*, Sage Publication.

References:

- **Caudhari, P.D. (2002).***BhartiyTatvdnyanachaItihas*,Nagpur: shri. Mangesh Prakashan.
- **Comelissen, M. Mishra, G. & Varma, S. (2011).***Foundations of Indian Psychology: Application*, New Delhi: Pearson Education.
- **Comelissen, M. Mishra, G. & Varma, S. (2011).** *Foundations of Indian Psychology: Theories and Concepts*, New Delhi: Pearson Education.
- **Kabat-Zinn, J. (2013).** *Full catastrophe living: Using the wisdom of your body and mind to face stress, pain, and illness* (Revised ed.). Bantam Books.
- **Kumthekar, Uday.(2007).** *Yog Darshan*, Pune : Prasad Prakashan.
- **Pandey, A. K. (2018).***Indian psychology and consciousness*, New Delhi, India: Concept Publishing Company.
- **Raghunath Safaya (1976).***Indian Psychology: A Critical and Historical Analysis of the Psychological Speculations in Indian Philosophical Literature*, New Delhi:MunshiramManoharlal Publishers.
- **Rao, K. R., Paranjpe, A. C., & Dalal, A. S. (2008).***Handbook of Indian Psychology*,New Delhi, India: Cambridge University Press India.
- **Rao, K.R, &Paranjali, A.C. (2016).** *Psychology in the Indian Tradition*, New Delhi: Springer.

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Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYET1351

Title: Organizational Behavior (The Group)

Curriculum Details

CourseObjectives:

- To introduce the Group Behavior
- To introduce the Communication
- To introduce the Leadership
- To introduce the Conflict and Negotiation

CourseOutcomes:

- Understood the Group Behavior
- Understood the Communication
- Understood the Leadership
- Understood the Conflict and Negotiation



Swamin Ramanandn Teerthn Marathwadan University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYET1351

Title: Organizational Behavior (The Group)
Curriculum Details : (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Foundation of Group Behavior	8
	1.1	Defining and Classifying Groups, Stages of Group Development	
	1.2	Group Properties : Roles, Norms, Status, Size, Cohesiveness and Diversity	
	1.3	Group Decision Making	
2.0		Communication	8
	2.1	Direction of Communication, Interpersonal and Organizational Communication	
	2.2	Choice of Communication, Persuasive Communication	
	2.3	Barriers to Effective Communication, Global Implications	
3.0		Leadership	7
	3.1	What is Leadership? Trait, Behavioral and Contingency Theories	
	3.2	Charismatic Leadership and Transformational Leadership	
	3.3	Authentic Leadership : Ethics and Trust, Mentoring, Challenges to the Leadership Construct	
4.0		Conflict and Negotiation	7
	4.1	A Definition of Conflict	
	4.2	Transition in Conflict Thought	
	4.3	The Conflict Process, Negotiation	
			30

Books for Readings :

1. Stephen P. Robbins., Timothy A. Judge., Neharika Vohra. (2013) 15th Ed. Organizational Behavior. Pvt. Ltd. Licensees of Pearson Education in South Asia, New Delhi, India.
2. Callahan, D. (2004). The cheating culture: Why more Americans are doing wrong to get ahead. New York: Harcourt Books
3. Michaels, E., Handfield-Jones, H., & Axelrod, B. (2001). The war for talent. Boston: Harvard Business School Publishing.
4. Pfeffer, J. (1998). The human equation: Building profits by putting people first. Boston: Harvard Business School Press.
5. Myers, I. B. (1962). The Myers-Briggs Type Indicator. Princeton, NJ: Princeton University Press
6. Rokeach, M. (1973). The nature of human values. New York: Free Press.
7. Maslow, A. H. (1954). Motivation and personality. New York: Harper.
8. Locke, E. A., & Latham, G. P. (1990). A theory of goal setting & task performance. Englewood Cliffs, NJ: Prentice Hall
9. Csikszentmihalyi, C. (1997). Finding flow: The psychology of engagement with everyday life. New York: Basic Books.
10. Fontana, D. (1989). Managing stress. Published by the British Psychology Society and Routledge.
11. Goleman, D. (1995). Emotional intelligence. New York: Bantam Books.
12. Goleman, D. (1998). Working with emotional intelligence. New York: Bantam Books.
13. Miller, P. M. (1986). Hilton head executive stamina program. New York: Rawson Associates.
14. Ornish, D. (1984). Stress, diet and your heart. New York: Signet.
15. Pfeffer, J. (1998). The human equation: Building profits by putting people first. Boston: Harvard Business School Press.
16. Emily Post's etiquette advantage in business. New York: Collins Living
17. Fine, D. (2005). The fine art of small talk. New York: Hyperion.
18. Gabor, D. (1983). How to start a conversation and make friends. New York: Legacy; Post, E. (2005).
19. Hall, E. (1976). Beyond culture. Garden City, NY: Doubleday.
20. Iacocca, L., & Novak, W. (1984). Iacocca: An autobiography. New York: Bantam Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYET1352

Title: Positive Psychology-II

Curriculum Details

Course Objectives:

- To introduce the Positive Psychology
- To introduce the Lives , Happiness and Satsfaction
- To introduce the Satisfaction and Challenges
- To introduce the About Psychological Theories

Course Outcomes:

- Understanding about the Positive Psychology
- Understanding the Lives , Happiness and Satsfaction
- Understanding the Satisfaction and Challenges
- Understanding the About Psychological Theories



Swamin Ramanandn TeerthnMarathwadanUniversity, Nanded

Faculty of Humanities Major in Psychology

Paper Code: HPSYET1352

Title: Positive Psychology-II

Curriculum Details :(for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		Happiness and the facts of life	8
	1.1	Happiness across the life span	
	1.2	Gender and Happiness	
	1.3	Marriage and Happiness, Other facts of life	
2.0		Personal goals as a windows of well-being	8
	2.1	What are personal goals	
	2.2	The search for Universal human	
	2.3	What goals contribute to well-being, Materialism and its discontent	
3.0		Positive Traits	7
	3.1	What makes a traits positive	
	3.2	Personality, Emotions and Biology	
	3.3	Positive Beliefs, Human Virtues and Strength of Character	
4.0		Life Above Zero	7
	4.1	Positive Psychology-Revisited	
	4.2	Interconnection of the 'Good' and the 'Bad'	
	4.3	Contours of positive Life: Meaning and Means, Mindfulness and well-being	
			30

Books for Reading:

1. Badgujar, Chudaman, & Warkhede, Prabhakar (2016) Sakaratmak Manasashatra, Prashant Publications, Jalgaon.
2. Baumgardner, S. R., & Crothers, M. K. (2009). Positive Psychology: Pearson Education.
3. Carr, Alan (2007). Positive Psychology: The science of human happiness and human strengths. Routledge, Taylor and Francis Group-London.
4. Csikzentmihalyi, Mihaly (1990) Flow: The Psychology of Optimal Experience, Harper Perennial.
5. Garcia, Hector., & Mirrales. Francesc. (2017) IKIGAI-The Japanese Secret to a Long and Happy Life, Hutchinson London.
6. Frankl, Viktor E. (1988). The Will to Meaning: Foundations and Applications of Logotherapy. Meridian/Plume
7. Frankl, Viktor E. (2000) Man's Search for Ultimate Meaning, Basic Books.
8. Shinde, Vishwanath (2016). Sakaratmak Manasshatra, Daimond Publications, Pune.
9. Snyder, C. R., & Lopez, S. J., & Pedrotti, J. T (2011) Positive Psychology: The Scientific and Practical Explorations of Human Strengths, Sage Publications India Pvt Ltd.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities Major in Psychology

Under Graduate Second Year Programme, Semester VI

Paper Code: HPSYEP1353,

Title: Psychology Practicum's: Experiments & Tests (CP)

Curriculum Details

Course Pre-requisite:

1. Psychological Instruments
2. Psychological Tests

Course Objectives:

- To create interest in psychological phenomena.
- To develop an awareness of psychological tools, techniques, and tests.
- To nurture the skill of observation.

Course Outcomes:

After completion of the course students will be able to:

- Show knowledge of experiments and psychological tests used in Psychology.
- Demonstrate skills of effective conduction of experiments.
- Administer, analyze, and interpret results from various psychological tools.
- Learn practical report-writing skills.



Swami Ramanand Teerth Marathwada University, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYEP1353,
Title: Psychology Practicum's: Experiments & Tests (CP)
Curriculum Details: (for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs. = 60M.
		Any Five Out of Eight	
	1	Leadership Effectiveness Scale	15
	2	Psychological Well-Being Scale	
	3	Social Motives Scale	15
	4	The Social Distance Scale	
	5	Presumptive Stressful Life Events Scale	15
	6	Suicidal Attitude Scale	
	7	Aggression Inventory	15
	8	Life Satisfaction Scale	
		Total	60

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
10	10	10	30	20	50

References:

1. Rajamanickam, M. (2005). Experimental Psychology: With Advanced Experiments, Vol. 1 & 2. New Delhi: Concept Publishing Company.
2. Parameshwari, E.G. & Rao, B. T. (1968) Manual of Experimental Psychology. Bombay: Lalvani Publishing House.
3. Mohsin, S. M. (1975). Experiments in Psychology. Orient Longman.
4. Mohanthy. Experiments in Psychology.
5. Tinker, M.A. & Russell, W. A. Introduction to Methods in experimental Psychology. Appleton – Century Crofts.
6. Jalota, S (1962). Experiments in Psychology. Asia Publishing House.
7. Baker, L. M., Weisiger, C. & Taylor, M. W. (1960). Laboratory Experiments in General Psychology. Oxford Univ. Press.
8. Berkowitz, L. (1974). Advanced Experimental Social Psychology. Academic Press.
9. Sonodgrass, J. G., Levy-Berger, Hyden (1985). Human Experimental Psychology. New York: Oxford University Press.
10. Kuppuswamy, B. (1958). Elementary Experiments in Psychology. London: Oxford University Press.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYVC1351

Title: Applied Psychology Part-II

Curriculum Details

Course Objectives:

- To train student how psychological principles can help them to face life's challenges
- To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem
- To enable student to make the connection between psychology and its practical application to everyday life.

Course Outcomes:

- Students learned how Psychological principles can help in facing life's challenges.
- Students learned how to connect what they were studying in class with various aspects of their daily lives such as Stress, Health, Work, Personal Relationship, Communication and Self-Esteem.
- Enabled students to understand the relationship between psychology and its practical application in daily life.

Swamin Ramanandn TeerthnMarathwadanUniversity, Nanded
Faculty of Humanities Major in Psychology
Paper Code: HPSYVC1351



Title: Applied Psychology Part-II
Curriculum Details :(for 2 Credits)

Module No.	Unit No.	Topic	Hrs. Required to cover the contents 1Hrs.=60M.
1.0		BUILDING SELF-ESTEEM	
	1.1	Recognize that you Control yours Self-image, Don't Let Others Set Your Goals, Recognize Unrealistic Goals	8
	1.2	Modify Negative Self-Talk, Emphasize Your Strengths	
	1.3	Application :- Measurement of Self-Esteem	
2.0		MONITORING YOUR STRESS	
	2.1	Problems with the SRRS, The life experiences survey	8
	2.2	A Cautionary Note	
	2.3	Application :- Measurement of Stress	
3.0		ACHIEVING SELF-CONTROL	
	3.1	Specifying your target behavior, Gathering baseline data, Designing your program	7
	3.2	Executing and evaluation your program, Ending your program	
	3.3	Application :- Measurement of Self-Concept	
4.0		UNDERSTANDING THE EFFECTS OF DRUGS	
	4.1	Drug-related concepts, Narcotics	7
	4.2	Stimulants, Hallucinogens	
	4.3	Application:- Measurement of Anxiety	
			30

Distribution of Marks

ESE				CA	Total
Procedure	Viva	Report	Total	Internal	
10	10	10	30	20	50

Books for Readings:-

1. Brannon, L. and Feist, J. (2007). Introduction to health psychology, India ed. N.D.:Thomson.
2. Coleman, J.C. Psychology and effective behaviour, Bombay: D.B. Taraporevala Sons &Co.
3. Dimatteo, M.R. and Martin, L.R. (2002). Health Psychology. N.D.: Pearson.
4. Dongare N.N.(2011), Upyojit Manasshastra, Prashant Publication, Jalgaon.
5. Eastwood Atwater (1995) Psychology for Living, Adjustment, Growth, and Behaviour today, prentice hall of India Private Limited, New Delhi, 5th Edition.
6. Gray, S.W. and Zide, M.R. Psychology: A competency based assessment model for social workers, Thomson Group Pole India Edition (2008).
7. Lazarus, R.S. Patterns of adjustment, N.D. : McGraw-Hill
8. Marks, D.; Murray, M.; Evans, B.; Willig, C.; Woodall, C. and Sykes, C. (2005). 2nd ed., Health psychology: Theory, research and practice. N.D. : Sage Pub.
9. Martin, L.G.; Osborne, G. (1989). Psychology: Adjustment and everyday living, N.J.: Prentice-Hall, Englewood Cliffs.
10. Weiten, W., Lloyd A. M. (2004). Psychology Applied to Modern Life: Adjustment in the 21st Century. (7th Ed) Singapore: Thomson Wadsworth Pvt. Ltd.



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYOJ1351

Title: On Job Training

Curriculum Details (For 4 Credits)

Course pre-requisite:

- Books
- ICT

Course objectives:

- Research and statistical analysis can generate meaningful insights.
- Explanatory research aims to determine causal relationships and explain why certain events or phenomena occur.
- Evaluative research assesses the effectiveness, efficiency, or impact of programs, interventions, or policies.

Course outcomes:

1. Research results often identify avenues for future research and exploration. Research results may also suggest changes or improvements.
2. Research studies help guide future researchers and provide a basis for the development of new research projects and initiatives.
3. Research studies help guide future researchers and provide a basis for the development of new research projects and initiatives



Swami Ramanand Teerth Marathwada University, Nanded

Faculty of Humanities. Major in Psychology

Under Graduate Third Year Programme, Semester -VI

Paper Code: HPSYOJ1351

Title: On Job Training

Curriculum Details (For 4 Credits)

Practical application of knowledge

1. Enabling students to apply theoretical concepts of psychology in real-life situations
2. Understanding the issues faced by elderly individuals and providing them with appropriate guidance
3. Understanding those who are mentally ill and providing them with appropriate guidance
4. To understand those who are physically ill and provide them with appropriate guidance
5. To understand children who have lost one or both parents and provide them with appropriate guidance
6. To understand individuals struggling with addiction and provide them with appropriate guidance
7. To understand individuals struggling with addiction and provide them with appropriate guidance

- ✚ It is mandatory to complete an internship of at least 30 days at any one of the following locations and obtain a certificate from the respective organization
- ✚ It is mandatory to bring the authorization letter on the letterhead of the concerned organization

The options are as follows

1. Any Secondary school
2. Any High School
3. Mental hospital (Health Care Center)
4. Old age home
5. Orphanage home
6. De-addiction center
7. Any Industry
8. Any Government Hospital

Format for OJT Completion Certificate

This is to certify that Mr. / Ms.-----
(name of the Student/Trainee), pursuing his/ her----- course in the Department &
Name of the College -----

----- has successfully completed On-the-job Training (OJT) at-----

----- and completed hours of OJT from----- to-----

He/ she has participated in the following activities/ tasks

- 1.
- 2.
- 3.
- 4.
- 5.

Name & Singnature of the Student

Signature
Name of the Authorized

Signatory Designation Name

Office Stamp

Place:

Date: