



॥ सा विद्या या विमुक्तये ॥

# स्वामी रामानंद तीर्थ मराठवाडा विद्यापीठ, नांदेड

'ज्ञानतीर्थ', विष्णुपुरी, नांदेड - ४३१ ६०६ (महाराष्ट्र राज्य) भारत

SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY, NANDED

'Dnyanteerth', Vishnupuri, Nanded - 431 606 (Maharashtra State) INDIA

Established on 17th September, 1994, Recognized By the UGC U/s 2(f) and 12(B), NAAC Re-accredited with 'B++' grade

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आंतर विद्याशाखीय अभ्यास विद्याशाखे  
अंतर्गत राष्ट्रीय शैक्षणिक धोरण-२०२०  
नुसार पदवी तृतीय वर्षाचे अभ्यासक्रम  
शैक्षणिक वर्ष २०२६-२७ पासून लागू  
करण्याबाबत.

## प रि प त्र क


या परिपत्रकान्वये सर्व संबंधितांना कळविण्यात येते की, दिनांक २२ एप्रिल २०२६ रोजी संपन्न झालेल्या मा.विद्यापरिषद बैठकीतील विषय क्र.११/६४-२०२६ च्या ठरावानुसार आंतरविद्याशाखीय अभ्यास विद्याशाखेतील राष्ट्रीय शैक्षणिक धोरण-२०२० नुसार पदवी तृतीय वर्षाचे अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यास मा.विद्यापरिषदेने मान्यता प्रदान केली आहे. त्यानुसार आंतर विद्याशाखीय अभ्यास विद्याशाखेतील बी.ए., बी.एस्सी. तृतीय वर्षाचे खालील विषयाचे अभ्यासक्रम शैक्षणिक वर्ष २०२६-२७ पासून लागू करण्यात येत आहे.

01	B.A.III Year Fashion Design
02	B.A.III Year Home Science
03	B.Sc.III Year Hospitality Studies
04	B.A.II Year Rural Management

सदरील परिपत्रक व अभ्यासक्रम प्रस्तुत विद्यापीठाच्या या संकेतस्थळावर उपलब्ध आहेत. तरी सदरील बाब ही सर्व संबंधितांच्या निदर्शनास आणून द्यावी, ही विनंती.

'ज्ञानतीर्थ' परिसर,  
विष्णुपुरी, नांदेड - ४३१ ६०६.  
जा.क्र.:शै-१/परिपत्रक/पदवी/बीए/२०२६-२७/53  
दिनांक : ०८.०६.२०२६



  
सहा:कुलसचिव  
शैक्षणिक (१-अभ्यासमंडळ) विभाग

प्रत माहिती व पुढील कार्यवाहीस्तव :-

- १) मा. कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ.
- २) मा. प्र.कुलगुरू महोदयांचे कार्यालय, प्रस्तुत विद्यापीठ
- ३) मा. अधिष्ठाता, आंतरविद्याशाखीय अभ्यास विद्याशाखा, प्रस्तुत विद्यापीठ.
- ४) मा. संचालक, परिक्षा व मूल्यमापन मंडळ, प्रस्तुत विद्यापीठ.
- ५) मा. प्राचार्य, सर्व संबंधित संलग्नित महाविद्यालये, प्रस्तुत विद्यापीठ.
- ६) सिस्टीम एक्सपर्ट, शैक्षणिक विभाग, प्रस्तुत विद्यापीठ. यांना देवून कळविण्यात येते की, परिपत्रक अभ्यासक्रम संकेतस्थळावर प्रसिध्द करण्यात यावेत.



**SWAMI RAMANAND TEERTH  
MARATHWADA UNIVERSITY, NANDED - 431 606**



**(Structure and Syllabus of Four Years Multidisciplinary Degree Program with Multiple Entry and Exit Option)**

**FOUR YEAR BACHELOR OF ARTS**

Major in **Home Science**

**Structure & Syllabus of**

**B. A. III Year**

**Under the Faculty of**

**Interdisciplinary Studies**

Effective from Academic year 2026– 2027

(As per NEP-2020)

*From Desk of Dean, faculty of Interdisciplinary Studies*

## From Desk of Chairman, Ad-hoc Board of Studies in Home Science

### **Preamble:**

Bachelor of Arts programme outcomes are essentially range of skills and knowledge that a student will have at the time of graduation. The programme objectives and outcomes that are expected in educational process. The outcomes can be checked regularly through continuous assessment, feedback and end semester examination and evaluation. The curriculum in Home Science is updated time to time to furnish objectives and outcomes.

Home Science is a science and social science-art related multi-disciplinary field of study. Home Science comprises various branches such as Human Development and Family Relationships, Food and Nutrition, Clothing and Textiles, Home Management, and Extension Education. It helps to develop application of science and art to improve life of an individual, community and nation. Home Science programme is practical programme which helps to develop and improve skills which leads to empower the students. Home Science knowledge boosts the confidence among the students and helps to become economically independent.

I, as a chairman Ad-hoc Board of studies in Home Science, Swami Ramanand Teerth Marathwada University, Nanded, happy to state here that programme objectives are furnished by curriculum. Students have choice to exit programme after every year which gives hands on experiences, helps to fulfill financial needs by small scale units. It also aims to build future citizens who would be socially responsible contributing to the overall development of country. This curriculum has a multidisciplinary approach with respect to the guidelines given in the New Education Policy 2020.

The programme educational objectives are

- \*To provide students with a strong foundation of knowledge of Home Science subject.
- \*To give practical experiences.
- \*To build all round personality of students.
- \*To develop scientific and aesthetic view among students.
- \*To prepare the students to become self sufficient.
- \*To improve and refine the skills among students in addition to programme objectives, for each course of under graduate programme, pre requisites, objectives, and outcomes from student's point of view are also included in the curriculum.

To support NewEducationPolicy2020, I believe that, this is a small step in right direction which will definitely help in providing quality education and positive change among the students.

**Prof. Surekha Milind Kulkarni**

**Chairman, Ad-hoc Board of Studies in Home Science**

Swami Ramanand Teerth Marathwada University,  
Nanded

*Details of the Ad hoc Board of Studies Members in Home Science under the faculty of Interdisciplinary Studies of S.R.T.M.University, Nanded*

<b><i>Sr No</i></b>	<b><i>Name of the Member</i></b>	<b><i>Designation</i></b>	<b><i>Address</i></b>	<b><i>Contact No.</i></b>
1	Prof. S.M. Kulkarni	Chairman	K.R.M. Mahila Mahavidyalaya, Nanded	7875026924
2	Prof. S.A. Bhosle	Member	S.S.S.Pawar College, Purna	9850782963
3	Prof. J.D. Solunke	Member	Sant Tukaram College of Arts and Science, Parbhani	9403815057
4	Prof. V.G. Dodiya	Member	Sri Yoganand Swami Kala Mahavidyalaya, Vasmat	9422925460



**Swami Ramanand Teerth Marathwada University, Nanded**  
***Faculty of Interdisciplinary Studies***  
**Structure for Four Year Multidisciplinary Degree Program with Multiple Entry and Exit**

Subject: **DSC HOME SCIENCE B.A. III YEAR**

Year & Level	Semester	Major	Major Elective			Vocational Skill Course(SEC) <i>(Related to DSC)</i>		Field Work / Project/Internship/ OJT/ Apprenticeship/ Case Study <b>Or</b> Co-curricular Courses (CC) <i>(Basket 6 for CC) (Common across all faculties)</i>	Credits	Total Credits
1	2	3	4			7		9	10	11
3 (5.5)	V	IHOMCT1301(4Cr) Parenthood & Foundations of Healthy Society  IHOMCT1302(4Cr) Housing & Home Decoration  IHOMCP1303(4Cr) Home Science Practical  <b>12Credits</b>	IHOMET1301 (4Cr) Pre-School Management  <b>4 Credits</b>			IHOMVSC1301 (2Cr) Dyes & Painting  <b>2 Credits</b>		IHOMFP1301 (4Cr) Field Project related to subject Home Science  <b>4 Credits</b>	22	

	<b>VI</b>	<b>IHOMCT1351(4Cr)</b> Dietetics  <b>IHOMCT1352(4Cr)</b> Guidance & Counselling  <b>IHOMCP1353(2Cr)</b> Cookery Practical  <b>10Credits</b>	<b>IHOMET1351</b> (4Cr) Entrepreneurship Development  <b>04 Credits</b>	<b>IHOMIKS</b> 1351(2Cr) IKS in Home Science  <b>02Credits</b>		<b>IHOMVSC1351</b> (2Cr) Bakery-Practical  <b>02 Credits</b>		<b>IHOMOJT1351</b> (4Cr)  On Job Training related to subject Home science  <b>04 Credits</b>	<b>22</b>	<b>44</b>



## B.A. Third Year Semester V (Level 5.5) *Teaching Scheme*

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/week)	
			Theory	Practical	Total	Theory	Practical
<b>Major</b>	IHOMCT1301	Parenthood & Foundations of Healthy Society	04	-	<b>04</b>	04	-
	IHOMCT1302	Housing & Home Decoration	04	-	<b>04</b>	04	-
	IHOMCP1303	Home Science Practical	-	04	<b>04</b>	-	08
<b>Elective</b>	IHOMET1301	Pre-School Management	04	-	<b>04</b>	04	-
<b>Vocational Skill Course</b>	IHOMVSC1301	Dyes & Painting	-	02	<b>02</b>	-	04
<b>FP</b>	IHOMFP1301	Field Project related to subject Home Science	-	04	<b>04</b>	-	08
<b>Total Credits</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>12</b>	<b>20</b>



## B.A. Third Year Semester V (Level 5.5)

### Examination Scheme

Subject (1)	Course Code (2)	Course Name (3)	Theory				Practical		Total Col(6+7)/ Col(8+9)  (10)
			Continuous Assessment (CA)			ESA	CA (8)	ESA (9)	
			Test I (4)	Test II (5)	Avg of (T1+T2)/2 (6)	Total (7)			
<b>Major</b>	IHOMCT1301	Parenthood & Foundations of Healthy Society	40	40	40	60	--	--	100
	IHOMCT1302	Housing & Home Decoration	40	40	40	60	--	--	100
	IHOMCP1303	Home Science Practical					40	60	100
<b>Electives</b>	IHOMET1301	Pre-School Management	40	40	40	60	--	--	100
<b>Vocational Skill Course</b>	IHOMVSC 1301	Dyes & Painting	--	--	--	--	20	30	50
<b>FP</b>	IHOMFP1301	Field Project related to subject Home Science					40	60	100



## B.A. Third Year Semester VI (Level5.5)

### *Teaching Scheme*

	Course Code	Course Name	Credits Assigned			Teaching Scheme (Hrs/ week)	
			Theory	Practical	Total	Theory	Practical
<b>Major</b>	IHOMCT1351	Dietetics	04	--	<b>04</b>	04	--
	IHOMCT1352	Guidance & Counselling	04	--	<b>04</b>	04	--
	IHOMCP1353	Cookery - Practical	--	02	<b>02</b>	--	04
<b>Electives</b>	IHOMET1351	Entrepreneurship Development	04	--	<b>04</b>	04	--
<b>IKS</b>	IHOMIKS1351	IKS in Home Science	02	--	<b>02</b>	02	--
<b>Vocational Skill Course</b>	IHOMVSC 1351	Bakery-Practical	--	02	<b>02</b>	--	04
<b>OJT</b>	IHOMOJT 1351	On Job Training related to subject Home Science	--	04	<b>04</b>	--	08
<b>Total Credits</b>			<b>12</b>	<b>10</b>	<b>22</b>	<b>12</b>	<b>20</b>



## B.A.Third Year Semester VI(Level5.5)

### ExaminationScheme

Subject (1)	CourseCode (2)	CourseName (3)	Theory				Practical		Total [Col(6+7) / Col(8+9)] (10)
			ContinuousAssessment(CA)			ESA	CA (8)	ESA (9)	
			TestI (4)	TestII (5)	Avg of (T1+T2)/2 (6)	Total (7)			
<b>Major</b>	IHOMCT1351	Dietetics	40	40	40	60	--	--	100
	IHOMCT1352	Guidance & Counselling	40	40	40	60	--	--	100
	IHOMCP1353	Cookery - Practical	--	--	--	--	20	30	50
<b>Electives</b>	IHOMET1351	Entrepreneurship Development	40	40	40	60	--	--	100
<b>IKS</b>	IHOMIKS1351	IKS in Home Science	20	20	20	30			50
<b>Vocational Skill Course</b>	IHOMVSC 1351	Bakery-Practical	--	--	--	--	20	30	50
<b>OJT</b>	IHOMOJT 1351	On Job Training related to Subject Home science					40	60	100

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-V

**IHOMCT1301 Parenthood & Foundations of Healthy Society**

**Credits-04**

**Hours-60**

**Marks-100**

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#### **COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should know the basic concepts healthy society and parents role in day to day life.

#### **COURSE OBJECTIVES:**

The objective of the course is to make students aware of functions of family, dimensions of health, as well as knowledge and importance of healthy society.

- To give knowledge about importance of Parenthood
- To impart importance mental health
- To understand the Laws for women
- To learn importance of foundation of healthy society

#### **COURSE OUTCOMES:**

After completion of Parenthood & Foundations of Healthy Society course student will be able to

- Know relationship between parents with children.
- Maintain health of family & community.
- Understood the concept of mental health
- Understood the laws for women

Swami Ramanand Teerth Marathwada University, Nanded

**Home Science**

**B. A. Third Year  
Semester-V**

**IHOMCT1301**

**Parenthood & Foundations of Healthy Society**

**Credits:04**

**Marks-100**

**Hours:60**

<b>Module No.</b>	<b>Unit No.</b>	<b>Topic</b>	<b>Hours</b>
<b>1.0</b>	<b>I</b>	<b>Parenthood</b>	<b>14</b>
	<b>1.1</b>	<b>Concept , Adjustment in parenthood</b>	
	<b>1.2</b>	<b>Need and importance of parents adjustment</b>	
	<b>1.3</b>	<b>Family planning concept need and methods of family planning , Government policies for Family welfare</b>	
	<b>1.4</b>	<b>Family crisis death divorce separation</b>	
	<b>1.5</b>	<b>Single parent family</b>	
<b>2.0</b>	<b>II</b>	<b>Discipline</b>	<b>14</b>
	<b>2.1</b>	<b>Concept Types of discipline ,Importance and need of discipline</b>	
	<b>2.2</b>	<b>Rewards and punishment in discipline</b>	
	<b>2.3</b>	<b>Role of discipline in developing morality in children</b>	
<b>3.0</b>	<b>III</b>	<b>Laws related to Women</b>	<b>16</b>
	<b>3.1</b>	<b>Hindu marriage act , Dowry Prohibition act</b>	
	<b>3.2</b>	<b>Prohibition of child marriage act , PCPNDT act</b>	
	<b>3.3</b>	<b>Domestic violence act, VISHAKHA act</b>	
<b>4.0</b>	<b>IV</b>	<b>Mental Health</b>	<b>16</b>
	<b>4.1</b>	<b>Concept and definition of mental health</b>	
	<b>4.2</b>	<b>National mental health policy</b>	
	<b>4.3</b>	<b>Mental health awareness in family</b>	
	<b>4.4</b>	<b>Social mental health importance for society</b>	
	<b>4.5</b>	<b>Importance of mental well being</b>	
		<b>Total</b>	<b>60</b>

## References

1. Hurlock E. "Developmental Psychology" 5<sup>th</sup> ed. Mc Graw Hill Publications , Europe
2. Devdas R and Jaya N. "A Textbook on Child Development" Macmillan India Limited, Madras 1991
3. Kandalkar L. "Manav Vikas" Vidya prakashan, Nagpur , 2010
4. Lathkar P. " Matrukala va Balvikas" Vidya books Publishers , Aurangabad , 2008
5. Varadpande N. "Bal Vikas"
6. Borude and etal "Vaikasik Manasshastra" Pune Vidyarthi Gruh, Pune
7. Jununkar K. "Matrukala"
8. Child Development , K. C. Panda
9. Pandit R.V. Shaikshnik Manasshastra , Vidya Prakashan Nagpur

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-V

#### IHOMCT1302 Housing & Home Decoration

Credits-04

Hours-60

Marks-100

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#### COURSE PRE-REQUISITE:

Student should qualify II year course.

Student should know the basic concepts Housing & Home Decoration in day to day life.

#### COURSE OBJECTIVES:

The objective of the course is to make students aware of Housing & Home Decoration

To give knowledge about importance of housing

- To impart importance housing.
- To understand the importance of home decoration
- To learn to use of various materials in home decoration

#### COURSE OUTCOMES:

After completion of Housing & Home Decoration course student will be able to

- Know need of housing.
- How to decorate home.
- Understood the concept housing and home decoration.

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-V

IHOMCT1302

Housing & Home Decoration

Credits:04

Marks-100

Hours:60

Module No.	Unit No.	Topic	Hours
1.0	I	<b>Housing</b>	
	1.1	<b>History and concept of housing</b>	12
	1.2	<b>Selection of site for house</b>	
	1.3	<b>Need of water conservation</b>	
	1.4	<b>Waste disposal</b>	
	1.5	<b>Building material for housing</b>	
2.0	II	<b>Home Decoration</b>	
	2.1	<b>Floor carpet and rugs</b>	16
	2.2	<b>Wall hangings posters frames Decorative accessories for home collection use</b>	
	2.3	<b>Furniture requirement types and care</b>	
	2.4	<b>Indoor plants natural artificial plants</b>	
3.0	III	<b>Care of Home</b>	
	3.1	<b>Need and importance of cleaning of homes</b>	16
	3.2	<b>Cleaning Daily Weekly Monthly &amp; Occasional</b>	
	3.3	<b>Material required for cleaning of home</b>	
	3.4	<b>Outsourcing of cleaning persons</b>	
4.0	IV	<b>Work Simplification</b>	
	4.1	<b>Concept , Importance of Work Simplification</b>	16
	4.2	<b>History of work simplification</b>	
	4.3	<b>Techniques of time and motion studies</b>	
	4.4	<b>Mundel's class of change</b>	
	4.5	<b>Body mechanics</b>	
		<b>Total</b>	<b>60</b>

## References

1. Vairagade,Lathkar,Muley “Aadhunik Gruh Vyavasthapan”, , Vidya Books Publishers , Aurangabad. 2010
2. “Limaye K. Gruh Vyavasthapan Aani Gruhkala” Vidya Prakashan ,Nagpur. 1987
3. Kandalkar L. “Gruh Arthshastrachi Multattve” Vidya Prakashan ,Nagpur. 2005
4. Kandalkar L. “Koutumbik Sansadhnachi Sankalpana” Vidya Prakashan, Nagpur. 2012
5. Nickell and Dorsey, Management inFamily LivingWiley Eastern Ltd. New Delhi1988

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year

### Semester-V

IHOMCP1303

Home Science Practical

Credits-04

Hours-60

Marks-100

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#### COURSE PRE-REQUISITE:

Student should qualify II year course.

Student should know the basics about home science practical.

#### COURSE OBJECTIVES:

The objective of the course is to make students aware of practical of home science

- To give practical knowledge of home science
- To impart importance of practical knowledge of home science in daily life.
- To make students to get practical hand on skills.

#### COURSE OUTCOMES:

After completion of Home Science practical course student will be able to

- Acquire practical skills of home science..
- Equipped with practical knowledge.
- Understood the practical utility of course.

Swami Ramanand Teerth Marathwada University, Nanded

**Home Science**

**B. A. Third Year  
Semester-V**

**IHOMCP 1303**

**Home Science Practical**

**Credits:04**

**Marks-100**

**Hours:120**

<b>Module No.</b>	<b>Unit No.</b>	<b>Topic</b>	<b>Hours</b>
<b>1.0</b>	<b>I</b>	<b>Case study of a Pregnant Woman and Old Woman</b>	
	<b>1.1</b>	<b>Chart making related to Home Science</b>	<b>24</b>
	<b>1.2</b>	<b>Anthropometric Measurements of Five 10 years girls.</b>	
<b>2.0</b>	<b>II</b>	<b>Pot Decoration and Diya Decoration</b>	
	<b>2.1</b>	<b>Flower garland decoration and flower jewellery for special occasions like engagement, marriage ceremony, functions baby shower carnival ceremony</b>	<b>28</b>
	<b>2.2</b>	<b>Floor decoration of modern portable rangoli sets</b>	
<b>3.0</b>	<b>III</b>	<b>Stitching of Co-ord set</b>	
	<b>3.1</b>	<b>Laundry Bag</b>	<b>34</b>
	<b>3.2</b>	<b>Vanity kit making</b>	
	<b>3.3</b>	<b>Shopping bag of cloth</b>	
<b>4.0</b>	<b>IV</b>	<b>RDA for all age groups as per sedentary moderate and heavy work life style.</b>	
	<b>4.1</b>	<b>One Nutrient rich recipes for all groups</b>	<b>34</b>
	<b>4.2</b>	<b>How to Plan Menu for some family party points to be considered. Serving and decorating Dishes</b>	
		<b>Total</b>	<b>120</b>

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-V

IHOMET1301 Pre-School Management

Credits-04

Hours-60

Marks-100

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#### **COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should know the basic concepts Pre-School Management.

#### **COURSE OBJECTIVES:**

The objective of the course is to make students aware of need and importance of pre school education.

To give knowledge about importance of pre schools in development of personality.

To give knowledge about preschool structures in India.

#### **COURSE OUTCOMES:**

After completion of Pre-School Management course student will be able to

- Know structures of pre schools in India
- Working pattern of pre schools.
- Materials required for pre schools.
- Importance of pre schools

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-V

IHOMET1301 Pre-School Management

Credits:04

Marks-100

Hours:60

Module No.	Unit No.	Topic	Hours
1.0	I	Preschool Meaning History of preschool in India	14
	1.1	Importance of preschool education	
	1.2	Objectives of preschool education	
	1.3	Types of preschools in India	
	1.4	Role of preschool educators	
2.0	II	Requirement of preschool Minimum requirement for preschool	14
	2.1	Preschool curriculum- factors to be considered	
	2.2	Qualities of preschool teachers	
	2.3	Role and responsibilities of preschool teacher	
3.0	III	Readiness of child Readiness for primary education	16
	3.1	Records and registers in preschool	
	3.2	Health and hygiene maintenance preschool	
	3.3	Medium of instruction in preschool	
4.0	IV	Play in preschool Need of play in pre school	16
	4.1	Indoor and outdoor facilities for play	
	4.2	Play material in preschool	
	4.3	Importance of play in preschools	
	4.4	Role of preschool in personality development of children	
		<b>Total</b>	<b>60</b>

## References

1. Hurlock E. "Developmental Psychology" 5<sup>th</sup> ed. Mc Graw Hill Publications , Europe
2. Dr. Bhradwaj K.S."Management of Nursery Education"(PreSchool Child Development Center)
3. Sharma A. "Curriculum Organization"

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A. Third Year

### Semester-V

IHOMVSC1301 Dyes & Painting(Practical)

Credits-02

Hours-30

Marks-50

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#### COURSE PRE-REQUISITE:

Student should qualify II year course.

Student should have interest in Dyes & Painting

#### COURSE OBJECTIVES:

The objective of the course is to make students aware of need and importance of Dyes & Painting

To give knowledge about importance of Dyes & Painting.

#### COURSE OUTCOMES:

After completion of Dyes & Painting course student will be able to

- Know process of dyeing and painting
- Working pattern of pre schools.
- Materials required for Dyes & Painting.
- Utility of Dyes & Painting

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-V

IHOMVSC1301 Dyes & Painting(Practical)

Credits:02

Marks-50

Hours:30

Module No.	Unit No.	Topic	Hours
1.0	I	Dyes and Painting Process of dyeing and painting	08
		Types of dyes Natural dyes and Synthetic dyes	
	1.1	Importance of colour combination	
	1.2	Importance and need of dyeing clothes	
2.0	II	Natural dyes from Beetroot	08
	2.1	Green leaves	
	2.2	Palash flowers	
3.0	III	Synthetic dyes ie chemical dyes cold water dyes	06
		3.1	
4.0	IV	Fabric painting colour shades making	08
	4.1	Sample using fabric paints	
	4.2	Re dyeing of used clothes	
		<b>Total</b>	<b>30</b>

# **Swami Ramanand Teerth Marathwada University, Nanded**

## **Home Science**

**B.A. Third Year**

**Semester-V**

**IHOMFP1301 Field Project**

**Credits-02**

**Hours-30**

**Marks-50**

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Home Science related one field project should be given to students.

Student should submit the project as per following format in time.

- Format for Project:
1. Introduction
  2. Objectives
  3. Review of Literature
  4. Methodology
  5. Data Collection
  6. Result & Discussion
  7. Conclusion & Summary
  8. Literature Cited/ References
  9. Annexure.



# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-VI

IHOMCT1351

Dietetics

Credits-04

Hours-60

Marks-100

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#### **COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in Dietetics

#### **COURSE OBJECTIVES:**

The objective of the course is to make students aware diet and diet planning.

To impart awareness about importance diet planning

To give knowledge about factors affecting diet planning.

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#### **COURSE OUTCOMES:**

After completion of course Dietetics student will be able to

- Know how to plan diet
- Know factors affecting diet planning
- Use of RDA as per requirement.

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-VI

IHOMCT1351

Dietetics

**Credits:04**

**Marks- 100**

**Hours:60**

Module No.	Unit No.	Topic	Hours
1.0	I	<b>Diet therapy importance and need of diet therapy</b>	14
	1.1	<b>RDA for different agr groups and lifestyle</b>	
	1.2	<b>Factors affecting on planning of diet</b>	
	1.3	<b>Types of diet clear liquid semisolid solid</b>	
2.0	II	<b>Diet in pregnancy and lactation</b>	14
	2.1	<b>Additional requirement importance of additional diet</b>	
	2.2	<b>RDA for pregnant and lactating woman</b>	
	2.3	<b>A day's diet for pregnant and lactating woman</b>	
3.0	III	<b>Diet in preschool age school age an adolescence</b>	16
	3.1	<b>RDA for preschooler , school going child and adolescent</b>	
	3.2	<b>A day's diet for preschoolers 2 to 6 years age</b>	
	3.3	<b>A day's diet for school going child 7 to 12 years</b>	
		<b>A day's diet for adolescence boy and girl 13 to 19 years</b>	
4.0	IV	<b>Diet in adulthood and old age</b>	16
	4.1	<b>Changed physiological conditions of aged</b>	
	4.2	<b>RDA for adults and aged</b>	
	4.3	<b>A day's diet for man and woman sedentary working</b>	
	4.4	<b>A day's diet for an old man and woman</b>	
<b>Total</b>			<b>60</b>

## References

1. Mullic K. P. "Text Book of Home Science" Kalyani Publisher" Delhi 2006
2. Waghmare S. "Fundamentals of Food & Nutrition" Vidya Books Publishers, Aurangabad. 2008
3. Mudambi S. R., Rajgopal M.V. "Fundamentals of Food & Nutrition" New Age International Pvt. Ltd. 2012
4. Shree Lakshmi B. "Food Science" New Age, New Delhi 1997
5. Lele S. "Poshan va Aahrshatsra parichay" Pimpalpure and company Publishers, Nagpur. 1995
6. Deuskar A. "Manavi Poshan va Aaharshastrachi multattve" Vidya Prakashan Nagpur. 1996
7. Roday S. "Food Science and Nutrition" Oxford University Press, New Delhi. 2012

**Swami Ramanand Teerth Marathwada University, Nanded**

**Home Science**

**B.A. Third Year**

**Semester-VI**

**IHOMCT1352**

**Guidance & Counselling**

**Credits-04**

**Hours-60**

**Marks-100**

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**COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in Guidance & Counselling

**COURSE OBJECTIVES:**

The objective of the course is to make students aware of Guidance & Counselling

To give knowledge about requirement of guidance centers.

To give knowledge about counselling in modern days..

**COURSE OUTCOMES:**

After completion of course Guidance & Counselling student will be able to

- Know how guidance and counseling centers work.
- Know need and importance guidance and counseling centers
- Aware of behaviour problems
- Know about juvenile delinquents..

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-VI

IHOMCT1352

Guidance & Counselling

Credits:04

Marks- 100

Hours:60

Module No.	Unit No.	Topic	Hours
1.0	I	Concept of guidance and counselling Clinic/ Center	14
	1.1	Need of guidance and counselling	
	1.2	Importance of guidance and counselling	
	1.3	Scope of guidance and counselling	
2.0	II	Counselor Minimum qualification of counselor	16
	2.1	Qualities of counselor and role of counselor	
	2.2	Records and registers maintenance by counselor	
	2.3	Confidentiality by counselor	
	2.4	Need of counselling in career selection , mate selection Pre and Post marriage counselling	
3.0	III	Behavioural Problems Meaning and SymptomS	16
	3.1	Nail biting ,bed wetting , temper tantrum ,thumb sucking and day dreaming	
	3.2	Causes remedies and rehabilitation of child with behavioural problem	
4.0	IV	Juvenile delinquency Meaning	14
	4.1	Causes , remedies of delinquents	
	4.2	Rehabilitation of delinquents	
		<b>Total</b>	<b>60</b>

## References

1. Jain S.and Dhar S. 'Guidance and Counselling'
2. Pandey M. Et al 'Guidance and Counselling in schools'
3. Agarwal V. and Mishra S. 'Guidance and Counselling Psychology'
4. Gibson R. L. and Mitchel M. H. 'Introduction to Counselling and Guidance'
5. Sharma and Sharma 'Guidance and Counselling in India'

**Swami Ramanand Teerth Marathwada University, Nanded**

**Home Science**

**B.A.Third Year**

**Semester-VI**

**IHOMCP1353**

**Cookery Practical**

**Credits-02**

**Hours-30**

**Marks-50**

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**COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in cookery.

**COURSE OBJECTIVES:**

The objective of the course is to make students aware of cooking.

To impart knowledge about various cooking techniques

To give knowledge about factors affecting cooking process.

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**COURSE OUTCOMES:**

After completion of course Cookery student will be able to

- Know how to cook food.

- Know factors affecting cooking
- Use of various techniques of cooking.

## Swami Ramanand Teerth Marathwada University, Nanded

### Home Science

#### B. A. Third Year Semester-VI

**IHOMCP1353**

**Cookery Practical**

**Credits:02**

**Marks- 50**

**Hours:30**

Module No.	Unit No.	Topic	Hours
1.0	I	<b>Weights and Measurements by Spoon Katori ,Glass&amp; Fist</b>	07
	1.1	<b>Salads: Cucumber tomato and mix</b>	
	1.2	<b>Soups : Tomato and Manchaow</b>	
2.0	II	<b>Shakes: Chiku and Mix fruit</b>	07
	2.1	<b>Fruit Custard</b>	
3.0	III	<b>Paratha : Paneer, Tricolor and Beetroot</b>	08
	3.1	<b>Curries: Palak paneer and Gatte ka sag</b>	
4.0	IV	<b>Snacks :Instant Dhokla and Multigrain Misal</b>	08
	4.1	<b>Rice :Pulihara ,Coconut sweet rice and Bajra khichdi</b>	
<b>Total</b>			<b>60</b>

**Swami Ramanand Teerth Marathwada University, Nanded**

**Home Science**

**B.A. Third Year**

**Semester-VI**

**IHOMVSC1351**

**Bakery-Practical**

**Credits-02**

**Hours-30**

**Marks-50**

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**COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in baking.

**COURSE OBJECTIVES:**

The objective of the course is to make students aware of bakery products

To give knowledge about baking and bakery products..

**COURSE OUTCOMES:**

After completion of bakery course student will be able to

- Know preparation of bakery products.
- Measurements in bakery products.
- Materials required for bakery.

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year

Semester-VI

IHOMVSC1351

Bakery-Practical

Credits:02

Marks-50

Hours:30

Module No.	Unit No.	Topic	Hours
1.0	I	<b>Cake : Importance of measurements in baking</b>	10
		Sponge cake	
	1.1	Fruit cake	
	1.2	Icing of cake	
2.0	II	<b>Biscuits : Sweet Biscuits</b>	06
	2.1	Salted Biscuits	
	2.2	Coconut	
3.0	III	<b>Nankhatai (Cookies) Plain</b>	06
	3.1	Chocolate flavour	
4.0	IV	<b>Pizza : Base Preparation</b>	08
	4.1	Pizza Sauce	
	4.2	Pizza baking with various topping	
		<b>Total</b>	<b>30</b>

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-VI

IHOMET1351 Entrepreneurship Development

Credits-04

Hours-60

Marks-100

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#### **COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in entrepreneurships.

#### **COURSE OBJECTIVES:**

The objective of the course is to make students aware of various entrepreneurship opportunities in Home Science..

To impart knowledge about various packaging techniques.

To give knowledge about how to become self sufficient.

.

#### **COURSE OUTCOMES:**

After completion of course Entrepreneurship Development student will be able to

- Know how to start any entrepreneurship unit.
- To get knowledge about processing of many product.
- Become self sufficient.

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-VI

IHOMET1351 Entrepreneurship Development

Credits:04

Marks- 100

Hours : 60

Module No.	Unit No.	Topic	Hours
1.0	I	Entrepreneurship development in home science : Importance, need and scope .	14
	1.1	Cooperative units ,micro, and small scale unit	
	1.2	Types of small industries and various funding agencies	
2.0	II	Food Processing : Need and importance of food processing, hygiene maintenance in the food processing unit.	16
	2.1	Haldi , Red chilli powder, Masale, Chutney ,Pickle Etc	
	2.2	Jam, Jelly, Papad , Candy Etc	
	2.3	Milk products example making Paneer , Khoya Etc	
3.0	III	Textile and Garment making Boutique and Knitting unit : Requirements	16
	3.1	Measurements and Cuttings of clothes	
	3.2	Home decor for door windows like woolen Toran ,Hanging.	
	3.3	Decorative articles from tiles ,cloths and wooden sheet Candle making	
4.0	IV	Packaging and Marketing Need ,importance and process of packaging & marketing	14
	4.1	Advertisement :Need and importance	
	4.2	Rate fixing and profit calculation, selling of product	
		<b>Total</b>	<b>60</b>

## Reference

1. Khanka S. "Entrepreneurial Development"
2. Desai V. "Dynamics of Entrepreneurial Development and Management"
3. Mohanty S. K. "Fundamentals of Entrepreneurship"
4. Chole R., Kapse P. and Deshmukh P "Entrepreneurship Development and Communication Management"

# **Swami Ramanand Teerth Marathwada University, Nanded**

## **Home Science**

**B.A. Third Year**

### **Semester-VI**

**IHOMOJT 1351 On Job Training related to Subject Home Science**

**Credits-04**

**Hours-60**

**Marks-100**

Student have to undergo on job training in Home Science Subject related firm/office / institute/ factory or industry.

After completion of training student should submit report in time.

Format for OJT report writing:

1. Title Page
2. Acknowledgement
3. Executive summary
4. Organization Profile
5. Objectives
6. Job Description/ Activity
7. Learning Outcomes
8. Problem & Solutions
9. Conclusion & Recommendations
10. Appendices

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B.A.Third Year

### Semester-VI

IHOMIKS1351

IKS in Home Science

Credits-02

Hours-30

Marks-50

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#### **COURSE PRE-REQUISITE:**

Student should qualify II year course.

Student should have interest in IKS

#### **COURSE OBJECTIVES:**

The objective of the course is to make students aware of Indian Knowledge System in Home Science.

To impart knowledge about all working branches of Home Science in olden days.

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#### **COURSE OUTCOMES:**

After completion of course IKS in Home Science student will be able to

- Know Home Science in day to day life in ancient days.
- To get knowledge about all branches of Home Science.

# Swami Ramanand Teerth Marathwada University, Nanded

## Home Science

B. A. Third Year  
Semester-VI

IHOMIKS1351

IKS in Home Science

Credits:042

Marks- 50

Hours : 30

Module No.	Unit No.	Topic	Hours
1.0	I	<b>Meaning of IKS in Home Science . Food &amp; Nutrition</b>	
	1.1	Traditional Indian lifestyle Traditional Indian diet and regional diversity.	08
	1.2	Concept of Satvik, Rajasik and Tamsik food. Indigenous food processing : fermentation, preservation, pickling,etc	
	1.3	Seasonal and local food system .Use of food as medicine	
2.0	II	<b>Human Development</b>	
	2.1	Indian family system Sanskar .Role of women in traditional knowledge transmission .Different types of family structure	08
	2.2	Folk methods of community education through Katha(Story) Natak, wallpaper etc	
3.0	III	<b>Clothing &amp; Textile</b>	
	3.1	Indigenous fibers cotton wool silk jute Regional textile/ traditional textiles traditional embroidery Eco friendly clothing practices	06
	3.2	Fashion in Indian traditions .Reuse of old clothes	
4.0	IV	<b>Family Resource Management</b>	
	4.1	Traditional housing system and Vastu Shastra Indigenous household technology. Resource conservation practices.	08
	4.2	Water management system. Waste management in Indian household.	
	4.3	Asthetic principls in home decoration. Cultural practices in festivals. Household decoration by Rangoli ,Kolam ,Alpana	
		<b>Total</b>	<b>30</b>

## Reference

1. Hurlock E. Child Development
2. Mullick , P. Textbook of Home Science
3. Jain S. P.and Gupta K.L. Family Resource Management and Interior Decoration
4. Kumar R. Costumes and Textiles of Royal India
5. Paliwal J. J. Indian Costumes and Textiles

